ST REGIS ACADEMY NEWSLETTER

16th October 2026

SOW

NURTURE

GROW

FLOURISH

MESSAGE FROM MR GREEN

We launched our new promotional video this week, and I hope you have had a chance to watch it on our social media channels. Please give it a like and share it with friends and family to help us spread the word about St Regis! If you haven't already, please also join our WhatsApp channel. We now have nearly 400 followers and would love to reach 600 by the end of term. It's a simple way to keep up with school news and celebrate our students' achievements.

Wednesday's Personal Development Day gave our students time to explore an important question: 'Who am I and where am I going?' Through sessions on careers, British values, identifying strengths and setting goals, students were encouraged to think about their futures and the steps they can take to achieve their ambitions. Year 10 also came together for a Eucharist in the afternoon, providing an opportunity for worship and reflection. Our Year 12 students took part in team-building activities before considering how to make a successful start to their sixth form studies, while Year 13 focused on preparing their UCAS applications.

The day also marked the launch of our first Sixth Form Council. Our Year 13 leadership team have been excited to get this underway, with an initial focus on helping to plan Anti-Bullying Week and developing fundraising ideas for the sixth form. I am proud to see our students taking on these responsibilities and helping to shape life at St Regis. This has also included our Sixth Form Sports Leaders support a primary PE workshop and also a local nursery school - the feedback we have had is excellent.

We only have three school days next week with the school closed for INSET on Thursday and Friday. We then have half term week and return to school on Monday 2nd November.



Mr Green
Head of School

ST REGIS STARS OF LAST WEEK !

YEAR 7 - Great O.
YEAR 8 - Naomi B.
YEAR 9 - Nimrat K.
YEAR 10 - Ivy C.
YEAR 11 - Favour A.
YEAR 12 - Praise A.
Year 13 - Izzy P.



CHESTER - Favour A.
LICHFIELD - Naomi B.
WORCESTER - Great O.
HOUSE OF THE WEEK - CHESTER!







Year 9 Step Back in Time at the Black Country Living Museum

Last Friday, our Year 9 students enjoyed a fantastic day at the Black Country Living Museum, stepping back in time to discover what life was like in the past.

During the visit, students experienced a school lesson from days gone by, giving them a taste of just how different education once was! They also watched a fascinating demonstration of traditional chain making and listened to a variety of informative talks in the museum's historic shops and buildings.

A particular highlight was learning about diseases and illnesses in years gone by and the unusual ways in which they were treated. This certainly sparked plenty of interest and conversation among the students!

It was a brilliant opportunity to bring history to life outside the classroom, and Year 9 had a thoroughly enjoyable and memorable day.





St Regis CE Academy

ASDAN

ANIMAL CARE



TIME WITH ORLA

This week, our Year 10 students enjoyed a very special Animal Care lesson as they spent part of their time outdoors with Orla, our very own St Regis therapy dog!

As part of their ASDAN Animal Care course, students had the opportunity to learn about the importance of understanding a dog's needs, behaviour and wellbeing. Spending time with Orla allowed students to see first-hand how dogs communicate through their body language and why it is important to approach and interact with animals in a calm, gentle and respectful way.

The session also highlighted the importance of exercise, fresh air, social interaction and mental stimulation in keeping dogs happy and healthy. These are all essential parts of responsible animal ownership.

Learning alongside Orla provided a fantastic opportunity for students to develop their confidence, empathy and practical animal care skills while putting their classroom knowledge into a real-life setting.

A lovely lesson enjoyed by everyone, including Orla, and another great step in developing our students' understanding of responsible animal care.

Miss Pearson



Y10 ASDAN



A Fantastic Start for our St Regis Footballers

Our Year 9 football team got their season off to a fantastic start with an impressive 4–1 victory over Colton Hills.
The team made a flying start, opening the scoring within the first eight minutes after showing great determination to break through the Colton Hills defence. Just a few minutes later, they doubled their advantage to make it 2–0.
Colton Hills pulled a goal back before half-time, but following an encouraging team talk, our pupils returned to the pitch full of confidence. They were encouraged to take their chances and shoot from distance, and their confidence, teamwork and determination paid off as they secured a brilliant 4–1 win.
Goal scorers: Maison ×2, Lampard and Omar.
A fantastic team performance and a brilliant way to start the season. Well done, Year 9!



Year 10 Football: St Regis 6 – 1 St Edmunds

A fantastic start to the league campaign continues for our Year 10 football team, with two wins from two and an impressive 11 goals scored!
After a slightly disorganised start, St Regis showed great determination, hard work and positional discipline, earning the opening goal midway through the first half. We came close to doubling our advantage before St Edmunds found an equaliser just before half-time.
The message at the break was simple: look after the ball in key areas and make the right decisions within our roles. The team responded brilliantly, making the perfect start to the second half with a superb ball over the top, finished confidently to restore the lead.
A stunning strike from outside the box soon extended the advantage, and from there St Regis continued to take control. Excellent performances, positive attitudes and a real commitment to the team's approach saw the boys secure an emphatic 6–1 victory and maintain their 100% winning record.
A brilliant result and another fantastic team performance. Well done to everyone involved!
Goal scorers: Diaz, Oskar, Jonathan, Aryan, Mathews, Ra'Nell

Angling Academy's First Trip of the Year

On Wednesday, our Year 10 boys in the Angling Academy embarked on their first fishing trip of the year, visiting a stretch of the Staffordshire and Worcestershire Canal at Wombourne.

Thankfully, the weather was kind, and the group enjoyed an extremely successful day under the guidance of Mr Allen, Mr Jarvis and Level 2 Angling Coach Tony Taylor.

The boys had the opportunity to put their classroom learning into practice, applying important skills including water safety, fish identification and the safe and effective use of fishing tackle.

It proved to be a fantastic day of fishing, with the boys catching a wide variety of species including roach, bream, perch, gudgeon and ruffe. Between them, they brought nearly 100 fish to the net, an amazing achievement, particularly as some of the boys had never fished before!

The Angling Academy is already looking forward to its next visit to Ellerdine Lakes in November, where the boys will take on a new challenge and learn how to catch trout on the fly.

Well done to everyone involved on such a brilliant first trip! WELL Done








Friends of St Regis PTA

Join our PTA and make a difference!

At St Regis, we are proud of the strong partnership between home and school. One of the best ways parents and carers can get involved in school life is through our Parent Teacher Association (PTA).

We are currently looking for enthusiastic parent volunteers to join our PTA and help support a range of activities and events throughout the year. Whether you can spare an hour occasionally or would like to take on a more active role, every contribution makes a real difference to our school community.

Why Join the PTA?

Being part of the PTA is a fantastic opportunity to:

- Support projects and activities that benefit our students.
- Help organise fundraising events and community activities.
- Meet other parents and carers.
- Have a voice in helping to enhance the school experience for all children.
- Share your skills, ideas and expertise.

You Don't Need Special Experience

Many parents are keen to help but worry they do not have the time or experience. The truth is that any support is appreciated. Whether you can help at a single event, assist with planning, promote activities, or become a regular committee member, there is a role for everyone.

How the PTA Helps

Funds raised by the PTA help provide additional resources, experiences and opportunities for our students that go beyond the school budget. Previous PTA initiatives in schools have included supporting enrichment activities, purchasing equipment, funding special events and creating memorable experiences for children.

Get Involved

If you would like to find out more about joining the PTA or volunteering your time, please contact the Chair of the PTA, Sonia Mann, at smann.governor@threespirestrust.org. We would be delighted to welcome new members and hear your ideas.

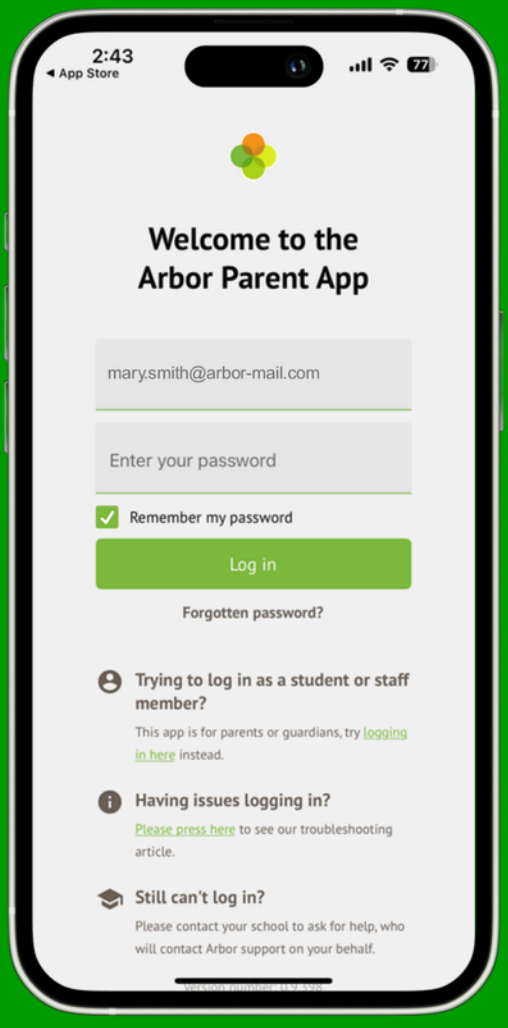
Together, we can continue to make St Regis a wonderful place for our children to learn, grow and thrive.

We look forward to hearing from you!

Arbor

We're using the Arbor Parent App!

See and manage your child's day-to-day school information. Understand their progress, make payments and bookings, and receive in-app messages - all from one app



Log in in seconds with Face ID

Receive in-app messages and reminders on your phone

Make payments, sign up for clubs, and book parents evenings

See your child's progress, attendance, behaviour points, report cards and more

Check your child's calendar, it's always up-to-date

Scan the QR code to download the Arbor Parent App, and use your email address to log in

GET IT ON Google Play

Download on the App Store

SPOTLIGHT ON SAFEGUARDING

October 2026 | Secondary | What parents and carers need to know about: Artificial Intelligence

Supporting our children to use AI safely, respectfully and responsibly

Artificial intelligence is becoming part of everyday life. Young people may use it to answer questions, generate images, plan ideas or support their schoolwork. AI can be a useful tool, but children need guidance to understand its limitations and use it in ways that protect themselves and others.

What is generative AI?

Generative AI creates new content in response to a request, known as a prompt. It can produce text, images, videos, music and computer code. Popular tools include ChatGPT, Google Gemini, Microsoft Copilot and image generators. AI can sound confident and convincing, but this does not mean that everything it creates is accurate, appropriate or fair.

How might AI be used in the wrong way?

Young people may rely on AI to complete schoolwork, trust inaccurate information or share personal details without understanding the risks. AI can also be misused to create fake or sexualised images, impersonate others, spread harmful content or bully and humiliate someone. What begins as a joke can have a serious impact on another person's wellbeing, reputation and safety.

Using AI safely

Children should never enter personal information, photographs, passwords or private details into an AI tool. They should check age requirements and tell an adult if AI produces anything upsetting, sexual or unsafe.

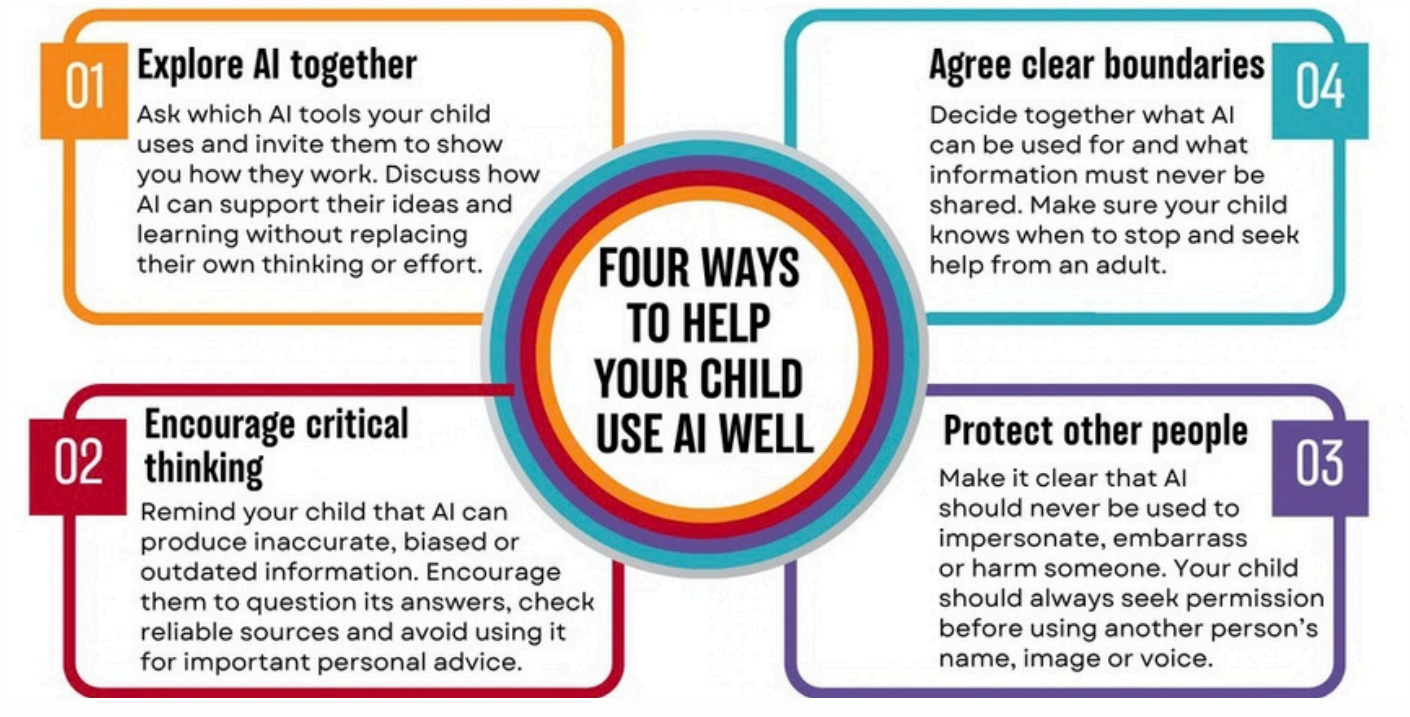
Using AI respectfully

AI should never be used to embarrass, bully or impersonate someone. Children must ask permission before using another person's image, voice or information and consider how their creation could impact them and others.

Using AI responsibly

AI should support children's thinking, not replace it. They should check information carefully, follow school rules and be honest when AI has helped with their work.

Children should check information against reliable sources, rewrite ideas in their own words and be honest when AI has contributed to their work.



SPOTLIGHT ON SAFEGUARDING

What is Character.AI?
Character.AI is an entertainment platform where users interact with AI-generated characters. These may be fictional characters, celebrities, historical figures or completely invented personalities.
The conversations can feel personal and realistic, but the characters are not real people. They do not have feelings or genuine understanding, and their responses may be inaccurate.

Important age information
Character.AI states that users in Europe must be at least 16. Users identified as under 18 are placed in Reading Mode, where they can view content and use some creative features, but cannot have open-ended chats. Age checks are not foolproof, so parents and carers should check that their child has entered their correct age and is using the appropriate version.

Why might young people be attracted to it?
Character.AI can feel entertaining, creative and free from judgement. Some young people may also use it for companionship, reassurance or a space to discuss feelings they find difficult to share with others.

What are the risks?

- Inappropriate content

AI safeguards are not perfect. Characters may produce sexual, violent, discriminatory or otherwise unsuitable responses.

- Emotional attachment

Characters can appear caring and understanding. Some young people may become emotionally dependent on them or prefer AI conversations to real relationships.

- Unreliable advice

AI can give inaccurate or unsafe information. It should not be trusted for advice about health, relationships, sex, self-harm or personal safety.

- Unhealthy relationship messages

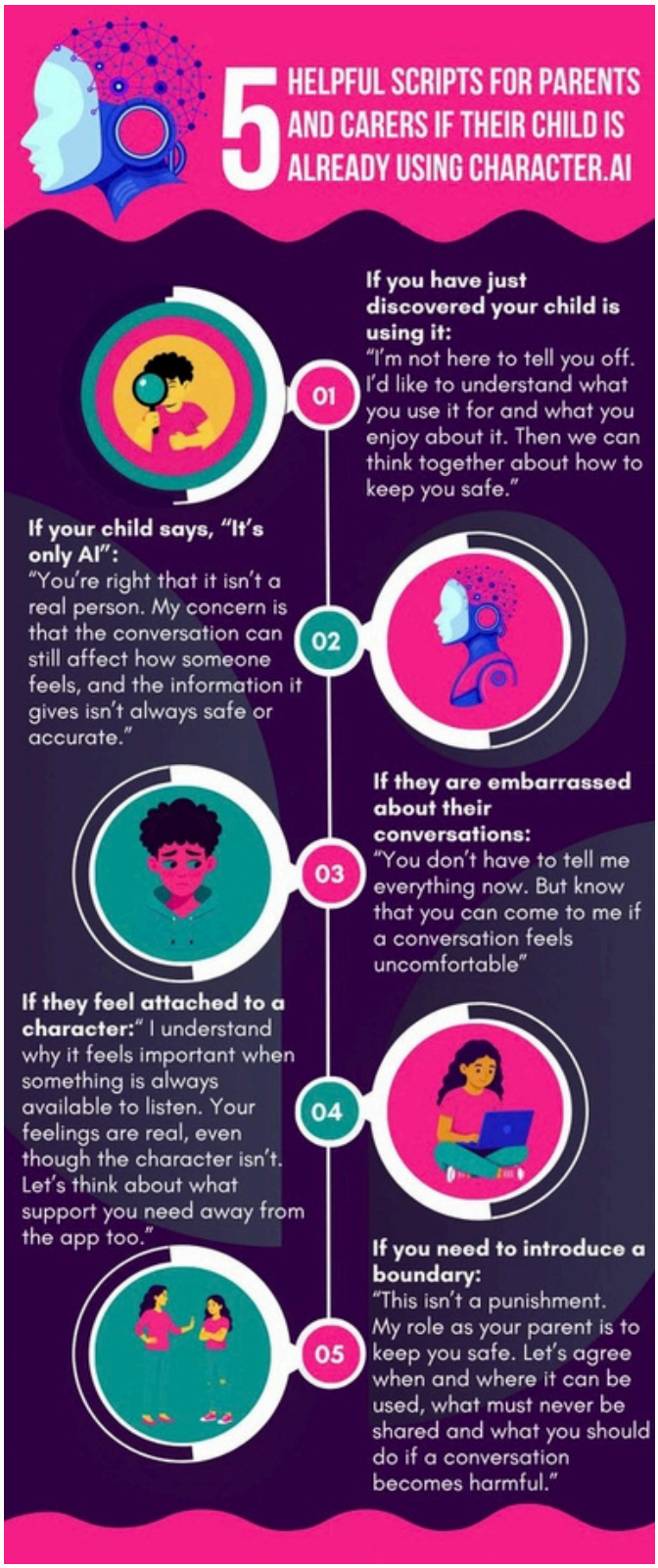
Some characters may present jealousy, control, coercion or sexual pressure as normal or romantic behaviour.

- Privacy

Young people may share personal information because the conversation feels private. They should never disclose identifying details, photographs, passwords or their location.

- Excessive use

Frequent use may affect sleep, schoolwork, hobbies and relationships. Secrecy, withdrawal or distress when access is interrupted may indicate a problem.



Keeping your child safe is our number one priority at St Regis Academy.
You can contact your child's Form Tutor, Head of
Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: admin@stregisacademy.org.
If it is urgent, please call the school and ask for a DSL.

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From the Chaplain...

Intercession: Praying for Others, Caring for Our Community

What does it mean to pray for someone else? This is called intercession – bringing the needs of others before God in prayer. It is a way of showing love, compassion and concern, even when we cannot personally solve every problem they face.

In 1 Timothy 2:1–6, we are encouraged to offer prayers, requests and thanksgiving for all people. James 5:13–16 also reminds us of the importance of praying for one another, particularly when people are struggling, unwell or in need of support. These passages remind us that prayer is not just about ourselves; it is about looking beyond our own lives and remembering others.

But prayer can also inspire us to take action.

This week, we mark World Food Day on Friday 16 October, raising awareness of the importance of ensuring everyone has access to enough nutritious food. Sadly, many individuals and families in our local communities struggle to afford even the essentials.

Our Harvest appeal at St Regis has been a wonderful opportunity to put our faith into action. A huge thank you to everyone in Worcester House who generously donated items. These were collected by Harvest Community Food Bank on Thursday 15 October, ready to support people in our local community. Your kindness is a practical expression of the care and compassion we are encouraged to show throughout the Bible.

There is still a little time for our remaining houses to contribute! Chester House donations will be collected by The Well on Tuesday 20 October, while Lichfield House donations will be collected by The Good Shepherd on Wednesday 21 October. If you belong to either house, please bring in any remaining donations before your collection date. Every item can make a difference!

As we pray for those facing food poverty, loneliness, illness or other challenges, we can ask ourselves: What can I do to help? It might be donating food, offering a listening ear, showing kindness to someone who feels overlooked or simply taking time to pray for someone who is struggling.

At St Regis, intercession reminds us that we are part of a community where prayer and practical action go hand in hand. Thank you for helping us share God's love with those around us.

A prayer for our community
Dear God,
thank you for the food we have and for everyone contributing to our Harvest appeal.
We pray for those struggling to afford food and for the food banks supporting them.
Help us to be generous, compassionate and willing to act when we see someone in need. May our prayers lead us to show your love in practical ways.
Amen.



