ST REGIS ACADEMY NEWSLETTER

9th October 2026

SOW

NURTURE

GROW

FLOURISH

MESSAGE FROM MR GREEN

It has been a pleasure to welcome families to St Regis this weekend. On Saturday, more than 25 families joined us for our Sixth Form Rugby Academy Open Morning, and across both days I enjoyed leading tours for Year 6 families. Tour bookings have doubled this year—a wonderful reflection of our growing reputation and the appeal of our unique curriculum, excellent facilities and the opportunities we offer our young people.

A highlight of my week has been seeing our sixth form students supporting younger pupils in Key Stage 3 through our mentoring programme. Whether enjoying a walk and a chat, a game of table football or some basketball, these shared moments help build positive relationships and a sense of belonging. We are very proud of our sixth formers, who are excellent role models and give their time so generously to help others flourish.

I would like to thank our PTFA (Parents, Teachers and Friends Association) who gave up their time to meet this week and plan fundraising activities for the year ahead. It is great the PTFA have a healthy budget and I look forward to sharing how this will be used to support our curriculum. We are always looking for more parents to join this group.

Just a reminder that school closes for half term on Wednesday 21st October with Thursday 22nd and Friday 23rd October being INSET days. All students return to school on Monday 2nd November.



Mr Green
Head of School

ST REGIS STARS OF LAST WEEK !

YEAR 7 - Daniel D C.
YEAR 8 - Aoife B.
YEAR 9 - Harrison H.
YEAR 10 - Elizabeth O.
YEAR 11 - Favour A
YEAR 12 - Dema H.
Year 13 - Izzy P.



CHESTER - Ayva-Rose J-B
LICHFIELD - Aofie B.
WORCESTER - Daniel D C.
HOUSE OF THE WEEK - CHESTER!





Year 11 Students Shine at Wolves AI Digital Skills Event

We are incredibly proud of our Year 11 students who represented St Regis superbly at the recent Wolves AI Digital Skills Event.

Throughout the event, our students set an outstanding example. They were smartly presented, attentive and fully engaged, choosing to sit at the front close to the speaker and showing a genuine enthusiasm for the opportunities being discussed.

Students confidently contributed to discussions about careers and artificial intelligence, giving thoughtful answers when invited to speak using the microphone. Jaspal was particularly praised for his excellent responses to questions, while Eduwa received special recognition from the host for her detailed and insightful contribution about careers and AI connections she had made at the event.

Our students were respectful and enthusiastic as they explored the different career opportunities available throughout the event, demonstrating the high standards and positive attitudes we are so

Subject Awards

Congratulations to our students recognised by their subject teachers this week for their effort, achievement, attitude to learning and excellent contributions in lessons.

Subject	Student	Teacher's Comment
Business Studies	Csenge N.	Always working to the best of her ability, answers all questions and completes all work to a high standard.
Business Studies	Neveah W.	Great attitude to learning.
PE	Aofie B.	Fantastic effort in PE from the start. Follows all expectations first time and sets a great example to peers.
PE	Joshua T.	Great start to Y11 CNAT. Completing coursework to distinction standard and completing work outside of school.
Art	Erin J.	A fantastic start to Y9. Wonderfully drawn skull with cross-hatching textures and depth of tone.
Art	Kayden N.	An excellent start to GCSE art. Already completing work independently and to a fantastic standard. Keep up the good work!
English	Zakai M-S.	Excellent start to GCSE English course. Good attitude and focus.
Geography	Aqsa I.	A fantastic start to Y10 geography. Outstanding attitude to learning and work presentation.
Spanish	Esther A.	Excellent start to Spanish. Good use of oracy in a foreign language.
Spanish	Emilia P.	Excellent oracy skills in class.
Computer Science	Alex M.	Amazing effort and participation in lessons and always willing to give answers.
DT	Imani-Ava R-C.	Positive start to GCSE course. Always focused and completes tasks to a good standard.

Product Design	Jermaine B.	Great work and effort towards practical coursework. Always focused in lesson and completes work to a high standard.
Maths	Inioluwa B.	Outstanding effort in applied problem solving. Calculating missing forces and acceleration fluently.
Health & Socila Care	Valerie J.	Consistent effort in lessons.
Law	Sophie T.	Excellent start to the year.
Maths	Alex M.	Resilience and excellent attitude to Sparx maths.
Maths	George E.	Outstanding start to Y11. Superb contributions to lessons. Excellent extended learning and independent revision.
Psychology	Tianna P.	Taking the challenge of explaining the multistore model of memory using advanced psychology vocabulary.
Psychology	Jack Phillips.	Confident peer teaching of classical conditioning schedules.
Psychology	Mercy	Excellent extended essay response on evaluating the cognitive approach to treating depression.
RE	Phoebe A.	An excellent attitude to learning. Shows consistent commitment and has made a fantastic start to Y11.
RE	Dema H.	A positive attitude to learning, embracing challenge with enthusiasm, and already demonstrating a strong commitment to the course.
Science	Tommy M.	Achieved an excellent mark in Y7 baseline assessment and an excellent attitude to learning.
Science	Gracie L.	A really positive start to the year. Excellent attitude to learning and presentation of work.
Science	Valerie V.	High quality verbal and written responses. Practical work has been excellent. Very supportive of peers.

Geography	Aqsa I.	A superb start to Y10 and an excellent result in baseline test.
Geography	Harris T.	An great start to Y8 and an excellent attitude to learning.
Geography	India A.	A superb start to Y13 and NEA.
History	Csenge N.	Has demonstrated a strong work ethic in history. Often seen using knowledge organiser to revise.
History	Lucas D.	Lucas has shown great commitment to the course, engaging in his learning and making good progress on his NEA research.
History	Lana H.	Has shown great engagement every lesson and completed homework to a very high standard.
Geography	Erin L.	A superb attitude to learning and high quality work presentation with excellent red and purple pen feedback.
Geography	Shako A.	Excellent presentation of work.
Geography	Carter N.	A superb geographer with an excellent attitude to learning.
Science	Christian W.	Positive attitude to learning and excellent organisation.
Science	Matteo C.	Excellent attitude to learning.
Science	Finley H.	Completes all work to a high standard and excellent attitude to learning.
Maths	Asmar A.	Excellent attitude to learning. A great start to Y10.
Maths	Maya Z.	Always showing an exemplary attitude to maths, both in and out of the classroom.
Maths	Bremponmaa B.	Consistently being ready to learn and showing an excellent attitude to learning.

Product Design	Lucy B.	Great work and commitment towards her studies in Technology.
Digital IT	Patrik K.	Great work ethic. Completes work to a high standard and shows great focus.

Well done!



Year 10 Football: St Regis 5–2 Coppice

What a fantastic start to the league campaign for our Year 10 football team! In a hard-fought first half, St Regis took an early lead before finding themselves 2–1 behind. The team showed great determination to battle back and grab a well-deserved equaliser before half-time.

A superb second-half performance followed, with St Regis playing proactive, fast-paced football and scoring three further goals to secure an impressive 5–2 victory.
A brilliant team performance and a fantastic way to begin the league season. Well done, lads!

Goalscorers: ⚽⚽⚽ Diaz, ⚽ Kester, ⚽ Mathews

Respect others
Ready to Learn
Reach your Potential

3 WEEK SWEET TREAT CHALLENGE WINNERS!

YEAR 7	YEAR 8	YEAR 9	YEAR 10
1	1	1	1
7 Worcester 1	8 Chester 1	9 Chester 2	10 Worcester 2

YEAR 11	YEAR 12	YEAR 13
1	1	1
11 Chester 1	12 Lichfield 1	13 Chester 1

WELL DONE TO ALL OUR WINNING FORMS!

Thank you to everyone who took part and showed excellent behaviour, punctuality and attendance.

SWEET TREAT BREAKFAST FOR WINNING FORMS

DATE TO BE CONFIRMED



St Regis Harvest Appeal

Chester House

Tuesday 20th October



Lichfield House

Wednesday 21st October



Worcester House

Thursday 15th October





St Regis Harvest Appeal

Students have been asked to bring in donations to support local foodbanks. If you're able to support them in this initiative, we'd really appreciate it. Every donation big or small can make a huge difference to someone living in Wolverhampton.

- ☐ Milk (UHT)
- ☐ Cereal
- ☐ Tea/Coffee
- ☐ Sugar
- ☐ Jam/Spreads
- ☐ Squash/Fruit Juice (UHT)
- ☐ Meat/Fish (tinned)
- ☐ Pasta/Rice/Noodles (dried)
- ☐ Pulses/Couscous
- ☐ Soup (tinned)
- ☐ Vegetables (tinned)
- ☐ Pasta/Cooking Sauce (jar)
- ☐ Fruit (tinned)/Puddings/Custard
- ☐ Snacks/Biscuits
- ☐ Nappies (sealed packets, size 4, 5, 6)
- ☐ Baby Wipes/Toiletries
- ☐ Baby Food(long use by date)
- ☐ Ladies/Mens Toiletries
- ☐ Household Cleaning products









Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples. John 13:34-45

We are called to be… ambassadors of God, courageous advocates, seekers of justice and peace, planting seeds of His kingdom. Let's see what difference we can make to our community this year.

Friends of St Regis PTA

Join our PTA and make a difference!

At St Regis, we are proud of the strong partnership between home and school. One of the best ways parents and carers can get involved in school life is through our Parent Teacher Association (PTA).

We are currently looking for enthusiastic parent volunteers to join our PTA and help support a range of activities and events throughout the year. Whether you can spare an hour occasionally or would like to take on a more active role, every contribution makes a real difference to our school community.

Why Join the PTA?

Being part of the PTA is a fantastic opportunity to:

- Support projects and activities that benefit our students.
- Help organise fundraising events and community activities.
- Meet other parents and carers.
- Have a voice in helping to enhance the school experience for all children.
- Share your skills, ideas and expertise.

You Don't Need Special Experience

Many parents are keen to help but worry they do not have the time or experience. The truth is that any support is appreciated. Whether you can help at a single event, assist with planning, promote activities, or become a regular committee member, there is a role for everyone.

How the PTA Helps

Funds raised by the PTA help provide additional resources, experiences and opportunities for our students that go beyond the school budget. Previous PTA initiatives in schools have included supporting enrichment activities, purchasing equipment, funding special events and creating memorable experiences for children.

Get Involved

If you would like to find out more about joining the PTA or volunteering your time, please contact the Chair of the PTA, Sonia Mann, at smann.governor@threespirestrust.org. We would be delighted to welcome new members and hear your ideas.

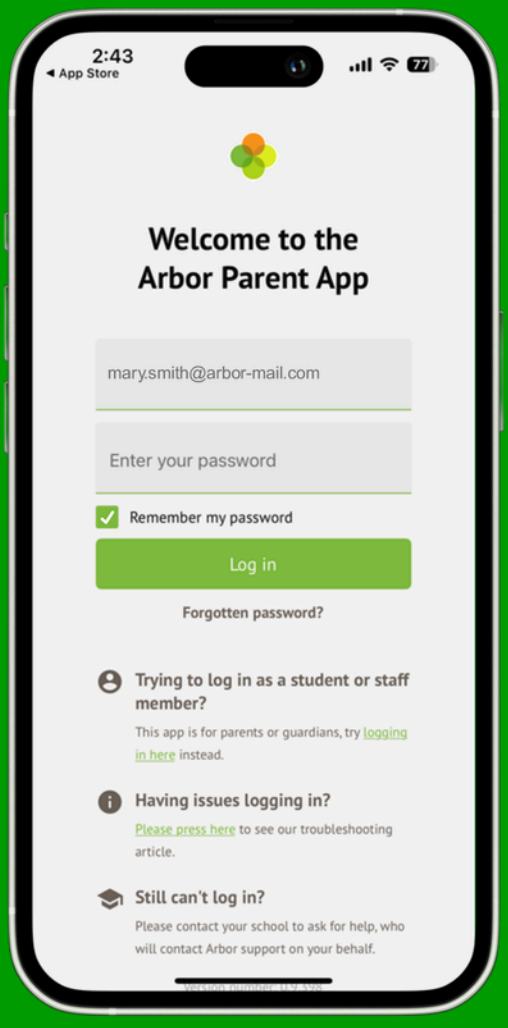
Together, we can continue to make St Regis a wonderful place for our children to learn, grow and thrive.

We look forward to hearing from you!

Arbor

We're using the Arbor Parent App!

See and manage your child's day-to-day school information. Understand their progress, make payments and bookings, and receive in-app messages - all from one app



Log in in seconds with Face ID

Receive in-app messages and reminders on your phone

Make payments, sign up for clubs, and book parents evenings

See your child's progress, attendance, behaviour points, report cards and more

Check your child's calendar, it's always up-to-date

Scan the QR code to download the Arbor Parent App, and use your email address to log in

GET IT ON Google Play

Download on the App Store

SPOTLIGHT ON SAFEGUARDING

October 2026 | Secondary | What parents and carers need to know about: Artificial Intelligence

Supporting our children to use AI safely, respectfully and responsibly

Artificial intelligence is becoming part of everyday life. Young people may use it to answer questions, generate images, plan ideas or support their schoolwork. AI can be a useful tool, but children need guidance to understand its limitations and use it in ways that protect themselves and others.

What is generative AI?

Generative AI creates new content in response to a request, known as a prompt. It can produce text, images, videos, music and computer code. Popular tools include ChatGPT, Google Gemini, Microsoft Copilot and image generators. AI can sound confident and convincing, but this does not mean that everything it creates is accurate, appropriate or fair.

How might AI be used in the wrong way?

Young people may rely on AI to complete schoolwork, trust inaccurate information or share personal details without understanding the risks. AI can also be misused to create fake or sexualised images, impersonate others, spread harmful content or bully and humiliate someone. What begins as a joke can have a serious impact on another person's wellbeing, reputation and safety.

Using AI safely

Children should never enter personal information, photographs, passwords or private details into an AI tool. They should check age requirements and tell an adult if AI produces anything upsetting, sexual or unsafe.

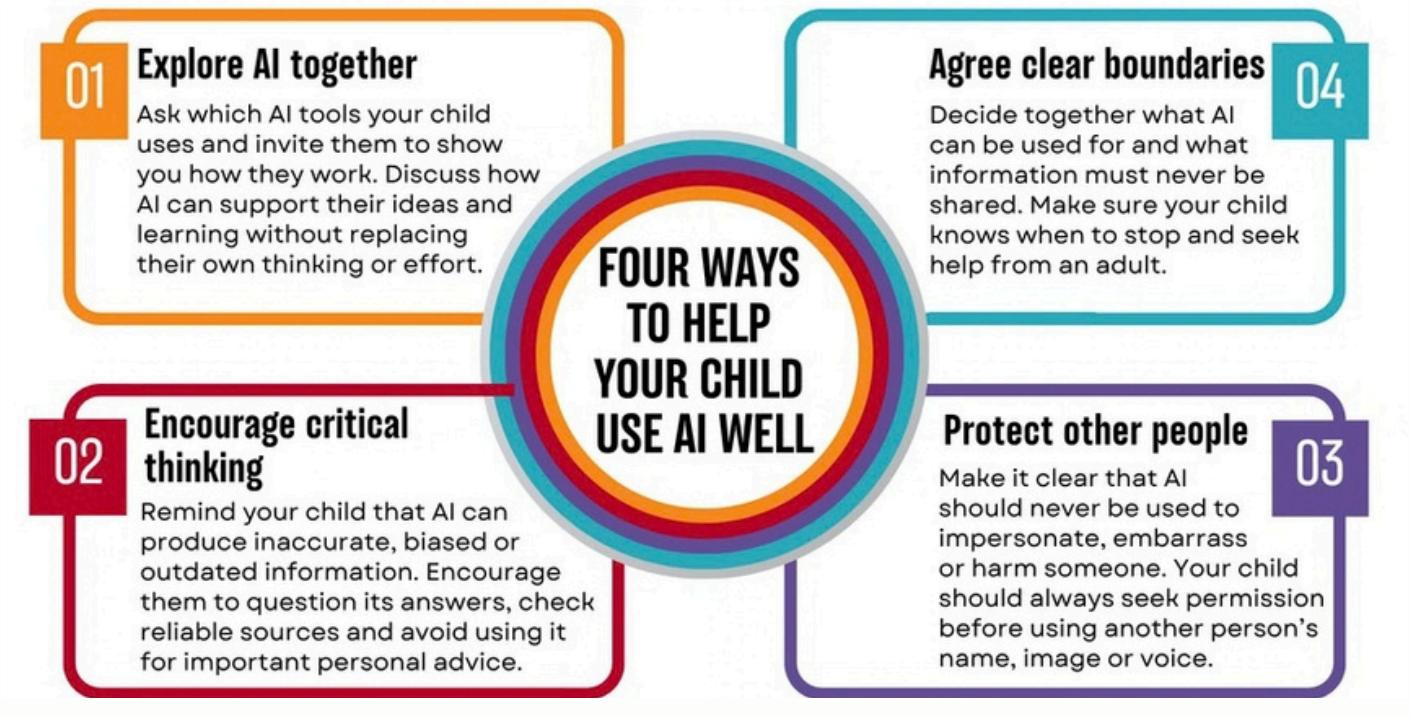
Using AI respectfully

AI should never be used to embarrass, bully or impersonate someone. Children must ask permission before using another person's image, voice or information and consider how their creation could impact them and others.

Using AI responsibly

AI should support children's thinking, not replace it. They should check information carefully, follow school rules and be honest when AI has helped with their work.

Children should check information against reliable sources, rewrite ideas in their own words and be honest when AI has contributed to their work.



SPOTLIGHT ON SAFEGUARDING

What is Character.AI?
Character.AI is an entertainment platform where users interact with AI-generated characters. These may be fictional characters, celebrities, historical figures or completely invented personalities.
The conversations can feel personal and realistic, but the characters are not real people. They do not have feelings or genuine understanding, and their responses may be inaccurate.

Important age information
Character.AI states that users in Europe must be at least 16. Users identified as under 18 are placed in Reading Mode, where they can view content and use some creative features, but cannot have open-ended chats. Age checks are not foolproof, so parents and carers should check that their child has entered their correct age and is using the appropriate version.

Why might young people be attracted to it?
Character.AI can feel entertaining, creative and free from judgement. Some young people may also use it for companionship, reassurance or a space to discuss feelings they find difficult to share with others.

What are the risks?

- Inappropriate content

AI safeguards are not perfect. Characters may produce sexual, violent, discriminatory or otherwise unsuitable responses.

- Emotional attachment

Characters can appear caring and understanding. Some young people may become emotionally dependent on them or prefer AI conversations to real relationships.

- Unreliable advice

AI can give inaccurate or unsafe information. It should not be trusted for advice about health, relationships, sex, self-harm or personal safety.

- Unhealthy relationship messages

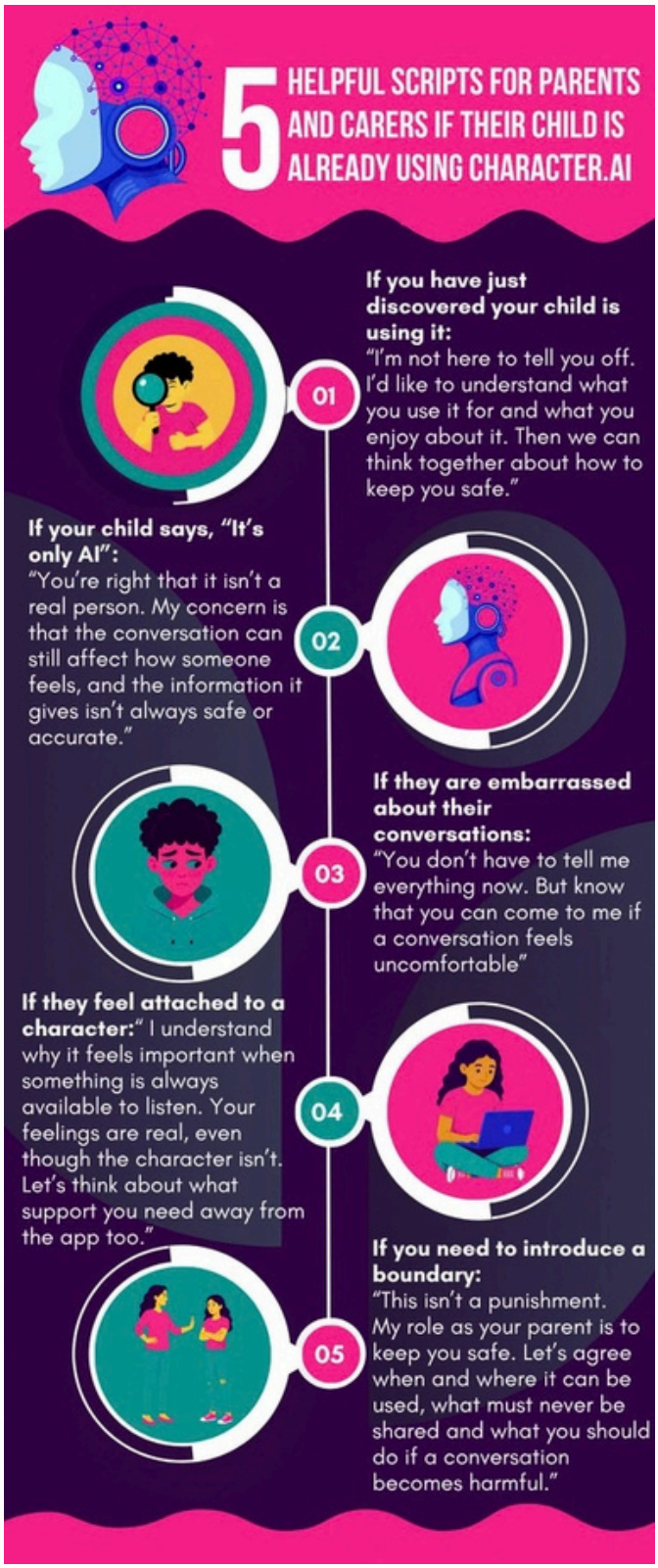
Some characters may present jealousy, control, coercion or sexual pressure as normal or romantic behaviour.

- Privacy

Young people may share personal information because the conversation feels private. They should never disclose identifying details, photographs, passwords or their location.

- Excessive use

Frequent use may affect sleep, schoolwork, hobbies and relationships. Secrecy, withdrawal or distress when access is interrupted may indicate a problem.



Keeping your child safe is our number one priority at St Regis Academy.
You can contact your child's Form Tutor, Head of
Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: admin@stregisacademy.org.
If it is urgent, please call the school and ask for a DSL.

©The Enlightened Practitioner

From the Chaplain...

Speaking to God – Adoration

One of the themes we explored in worship this week was **Speaking to God – Adoration.**
The fact that we can speak to the God who created everything around us, at any time and without an appointment, never ceases to amaze me.

Think about the people we consider important or significant. We don't simply get to walk up to the King and have a conversation with him. There are protocols, security and very specific circumstances that would need to be in place before we could meet him.

If we want to see our favourite musician, band or artist, we usually need to buy a ticket, travel to a venue and perhaps wait in a queue with thousands of others. If we want to meet a famous actor, footballer or sporting hero, we might need to attend an organised event or be incredibly fortunate to have that opportunity.

Yet the Creator of the universe – the One who made the stars, the oceans, the trees, the birds and every one of us – is always available to hear us.

We don't need a ticket. We don't need an invitation. We don't need to achieve something first. We simply need to speak.

I think about trying to get an appointment with my GP and being on hold for up to an hour at times! Yet in **Isaiah 65:24**, God says: "Before they call I will answer; while they are still speaking I will hear."

What an incredible comfort that is. God is always ready to hear from us. The question is, are we ready to speak to Him?

This week, I spent time in our garden and nature centre with Year 7. What impacted me, even more than before, was seeing what a beautiful space we have for our children to learn, explore, enjoy and share together.

We took some time to simply **be still and listen.** The children noticed birds singing in the trees, the gentle rustling of the wind, minibeasts scurrying around and the distant sound of chatter and laughter from our school community.

Taking that time to pause gave us all an opportunity to thank God for His creation and adore Him for the free gifts He has given us. It reminded us how blessed we are as a school – with our environment, our children, our staff and, most importantly, with one another.

Being outdoors can also benefit our wellbeing. Mind, the mental health charity, highlights that spending time in nature can improve our mood, reduce stress and anxiety, help us feel more relaxed, encourage us to be active and strengthen our connection with others and the world around us.

Perhaps nature gives us a wonderful opportunity to do both: to care for our wellbeing and to turn our hearts towards God in adoration.

So, perhaps this week, take a moment to pause. Step outside. Be still. Listen. Notice the beauty around you – and take the opportunity to speak to the God who is always ready to listen.

God is listening. Are we ready to speak to Him?



