ST REGIS ACADEMY NEWSLETTER

2nd October 2026

SOW

NURTURE

GROW

FLOURISH

MESSAGE FROM MR GREEN

It has been a lovely week of celebrating our school community, and yesterday's Open Evening was a real highlight. I am delighted to report that we welcomed our highest ever attendance! We were very proud of all the students who represented St Regis. Their enthusiasm, friendliness and pride in their school helped prospective families feel welcome and gave them a wonderful insight into life here. Thank you in particular to our 6th form students who led the tours and Izzy, Kiran, Nataniel and Ricky who musically entertained and gave a talk to families. There is much to feel proud of at St Regis, and it was a pleasure to share that with so many families yesterday.

To mark National Poetry Day this week, Mrs Black has also invited all students to help create a school poem entitled "We are St Regis". Each tutor group has been asked to contribute one line, painting a picture with words that captures something of our school. It might be laughter between friends, a helping hand or a moment of discovery.

Miss Ripalo is leading our focus on Black History Month, with the theme "Honouring Our Communities". This invites us to look more closely at the communities that shape, support and sustain us. It is an opportunity to celebrate the contributions of Black individuals and communities, explore their histories and recognise the people whose care, courage and commitment have helped others thrive.

Next week is very busy with trips and visits with Y7 seeing a visiting theatre company, Y11 visiting an art gallery, Year 9 experiencing the Black Country Museum and our Year 13 RE students going on a residential to Walsingham in Norfolk.



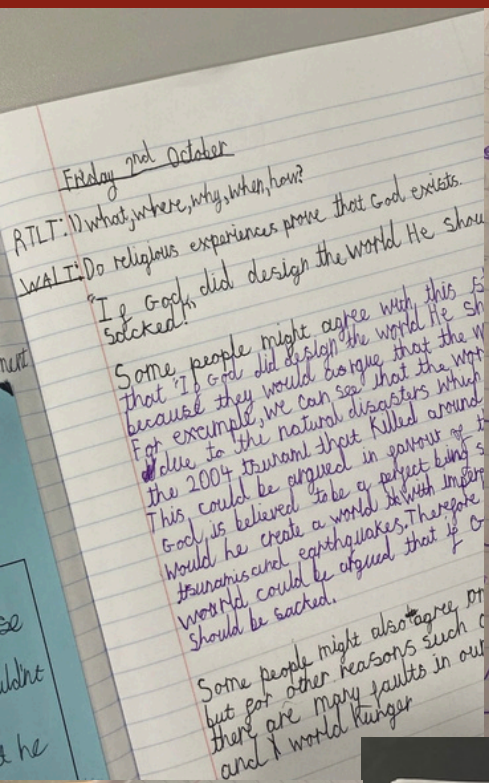
Mr Green
Head of School

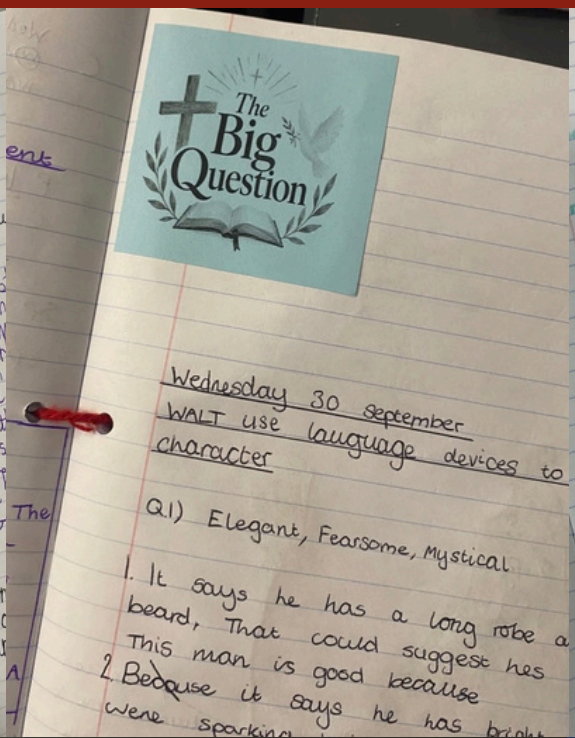
ST REGIS STARS OF LAST WEEK !

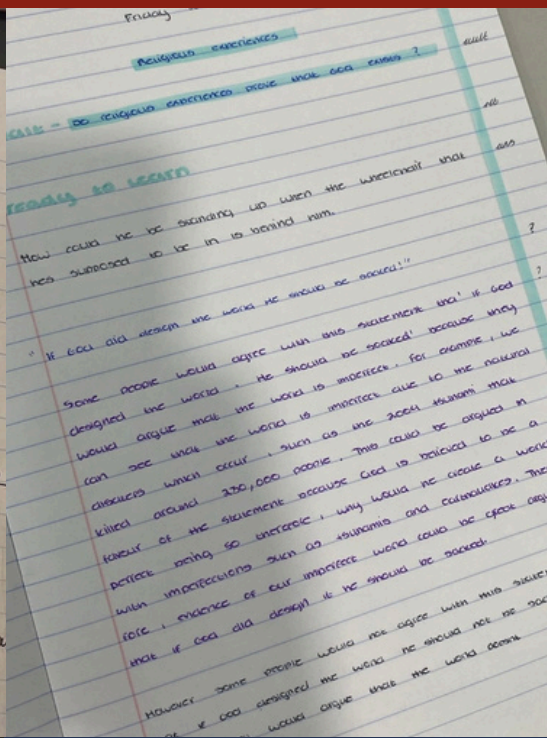
YEAR 7 - Daniel D C.
YEAR 8 - Aoife B.
YEAR 9 - Harrison H.
YEAR 10 - Ivy C.
YEAR 11 - Favour A.
YEAR 12 - Dema H.
Year 13 - Izzy P.

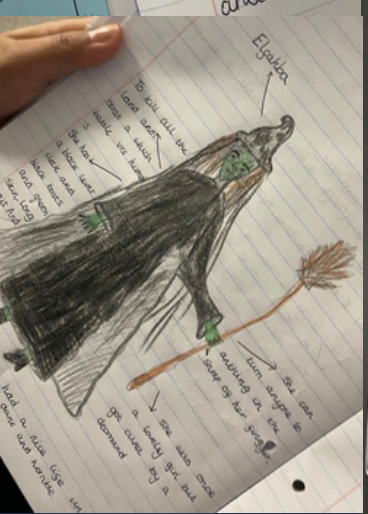


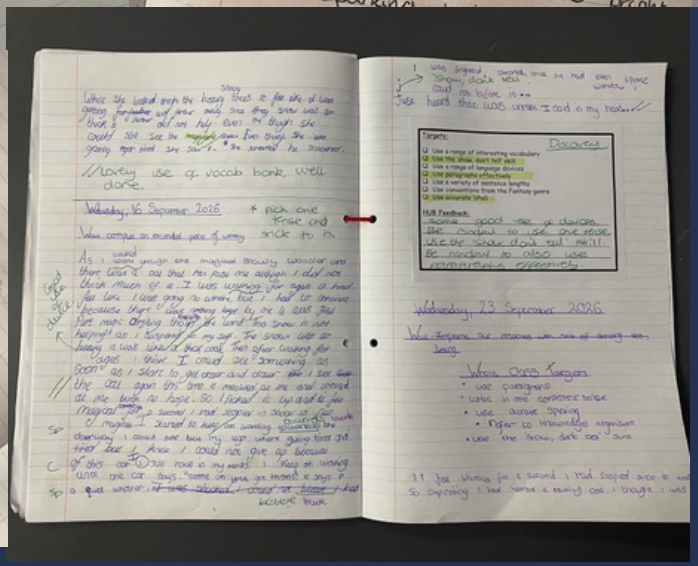
CHESTER - Ayva-Rose
LICHFIELD - Aoife B.
WORCESTER - Daniel D C.
HOUSE OF THE WEEK - CHESTER!











Fantastic work from our students! We have been delighted to see such high standards of presentation across students' books, alongside the thoughtful way they are responding to feedback. Students are demonstrating real commitment to improving their work and taking pride in everything they do.

St Regis Harvest Appeal

Chester House

Tuesday 20th October



Lichfield House

Wednesday 21st October



Worcester House

Thursday 15th October





St Regis Harvest Appeal

Students have been asked to bring in donations to support local foodbanks. If you're able to support them in this initiative, we'd really appreciate it. Every donation big or small can make a huge difference to someone living in Wolverhampton.

- ☐ Milk (UHT)
- ☐ Cereal
- ☐ Tea/Coffee
- ☐ Sugar
- ☐ Jam/Spreads
- ☐ Squash/Fruit Juice (UHT)
- ☐ Meat/Fish (tinned)
- ☐ Pasta/Rice/Noodles (dried)
- ☐ Pulses/Couscous
- ☐ Soup (tinned)
- ☐ Vegetables (tinned)
- ☐ Pasta/Cooking Sauce (jar)
- ☐ Fruit (tinned)/Puddings/Custard
- ☐ Snacks/Biscuits
- ☐ Nappies (sealed packets, size 4, 5, 6)
- ☐ Baby Wipes/Toiletries
- ☐ Baby Food(long use by date)
- ☐ Ladies/Mens Toiletries
- ☐ Household Cleaning products









Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples. John 13:34-45

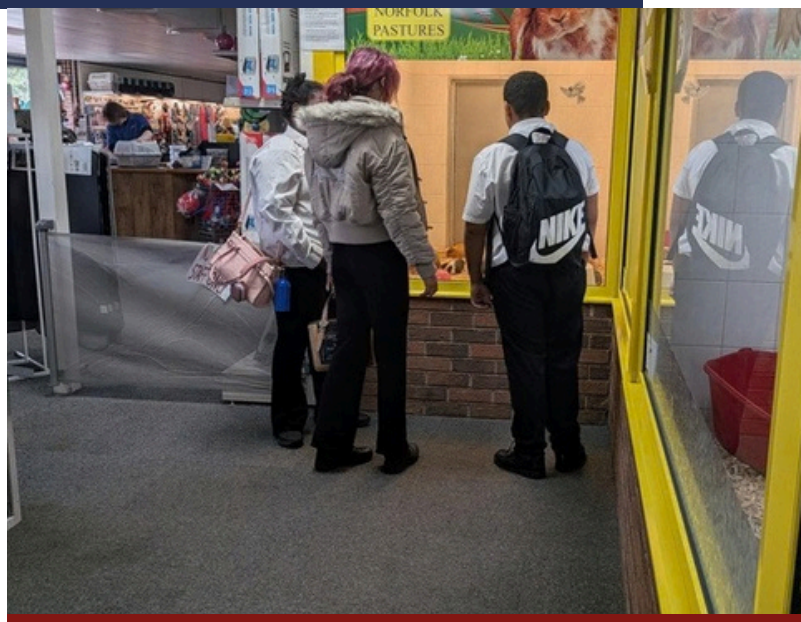
We are called to be… ambassadors of God, courageous advocates, seekers of justice and peace, planting seeds of His kingdom. Let's see what difference we can make to our community this year.

St Regis CE Academy

ASDAN

ANIMAL CARE

Visit to Dolittles



Y10 ASDAN

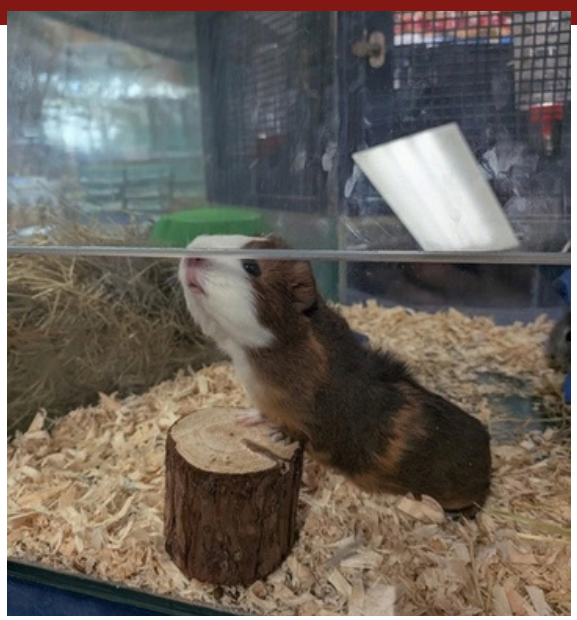
This week, our Y10 students went on their first trip as part of their ASDAN Animal care Course.

Students visited Dolittle Pet Store in Wolverhampton, where they explored the store and researched the different items they would need to care for their chosen pet at home. They were tasked with selecting suitable products and finding out how much everything would cost, helping them put their classroom learning into a real-life setting.

Everyone enjoyed looking around the shop, discovering the wide range of animals and pet-care products on offer, and developing their knowledge of responsible animal care.

We also couldn't resist bringing back a few new additions for our Student Services fish tank!

A fantastic first trip and a great opportunity for our pupils to put their Animal Care skills into practice.



Miss Pearson

St Regis Academy

HARVEST APPEAL

As part of our Harvest Appeal, we are kindly asking our school community to support those in need by donating essential food items and toiletries.

WE WOULD GRATEFULLY WELCOME DONATIONS OF:



Tinned and dried foods



Cooking sauces



UHT milk



Snacks and biscuits



Toiletries



Cereal



Tea and coffee

All donations can be left in **Reception,** where they will be gratefully received.

Every contribution, no matter how big or small, will make a difference.

Thank you for your kindness and generosity in supporting our Harvest Appeal.

Friends of St Regis PTA

Join our PTA and make a difference!

At St Regis, we are proud of the strong partnership between home and school. One of the best ways parents and carers can get involved in school life is through our Parent Teacher Association (PTA).

We are currently looking for enthusiastic parent volunteers to join our PTA and help support a range of activities and events throughout the year. Whether you can spare an hour occasionally or would like to take on a more active role, every contribution makes a real difference to our school community.

Why Join the PTA?

Being part of the PTA is a fantastic opportunity to:

- Support projects and activities that benefit our students.
- Help organise fundraising events and community activities.
- Meet other parents and carers.
- Have a voice in helping to enhance the school experience for all children.
- Share your skills, ideas and expertise.

You Don't Need Special Experience

Many parents are keen to help but worry they do not have the time or experience. The truth is that any support is appreciated. Whether you can help at a single event, assist with planning, promote activities, or become a regular committee member, there is a role for everyone.

How the PTA Helps

Funds raised by the PTA help provide additional resources, experiences and opportunities for our students that go beyond the school budget. Previous PTA initiatives in schools have included supporting enrichment activities, purchasing equipment, funding special events and creating memorable experiences for children.

Get Involved

If you would like to find out more about joining the PTA or volunteering your time, please contact the Chair of the PTA, Sonia Mann, at smann.governor@threespirestrust.org. We would be delighted to welcome new members and hear your ideas.

Together, we can continue to make St Regis a wonderful place for our children to learn, grow and thrive.

We look forward to hearing from you!

SCIENTIST OF THE MONTH

ST REGIS ACADEMY

Celebrating curiosity, effort and excellence in Science!

EACH MONTH HAS A FOCUS – SHOW US YOUR SCIENTIFIC SPARK!

Month	Focus
September	Quality of books
October	Educake completion
November	Practical skills
December	Achievement
January	Quality of books
February	Educake completion
March	Achievement
April	Practical skills
May	Quality of books
June	Achievement

FANTASTIC PRIZES EVERY MONTH!

3 PUPILS PER YEAR GROUP WILL RECEIVE:

- A CERTIFICATE
- A "SCIENTIST OF THE MONTH" BADGE
- AN ENTRY INTO A DRAW FOR AMAZON VOUCHERS AT THE END OF THE ACADEMIC YEAR!

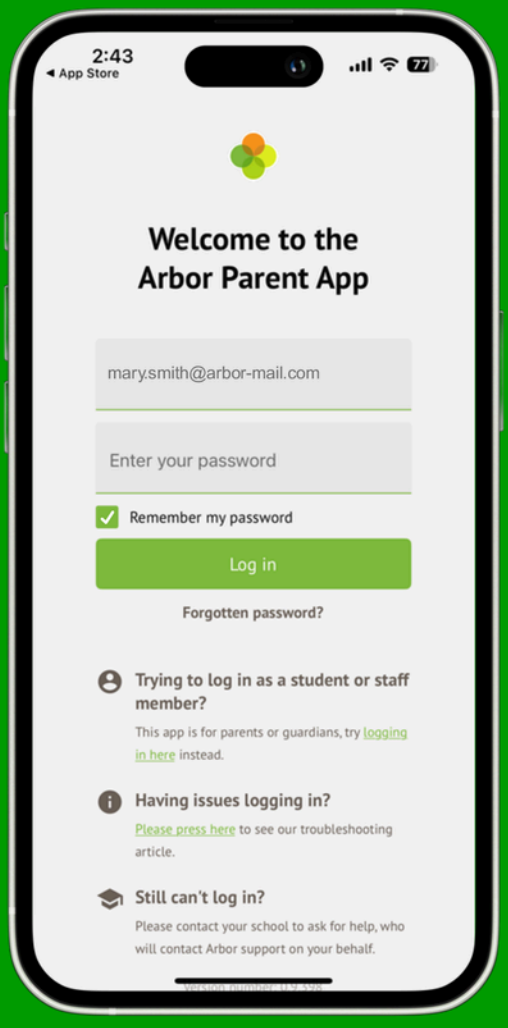
GET INVOLVED. BE CURIOUS. BE AMAZING.

BE OUR NEXT SCIENTIST OF THE MONTH!

Arbor

We're using the Arbor Parent App!

See and manage your child's day-to-day school information. Understand their progress, make payments and bookings, and receive in-app messages - all from one app



Log in in seconds with Face ID

Receive in-app messages and reminders on your phone

Make payments, sign up for clubs, and book parents evenings

See your child's progress, attendance, behaviour points, report cards and more

Check your child's calendar, it's always up-to-date

Scan the QR code to download the Arbor Parent App, and use your email address to log in

GET IT ON Google Play

Download on the App Store

NEURODIVERGENT ✦PARENT GROUP✦

The Wolverhampton Outreach Service are hosting a series of coffee mornings that will focus on the unique experience of navigating parenthood as a neurodivergent parent/carer with neurodivergent children.



The sessions will include:

- A brief intro from Ali Egerton or Sarah Jacks who are both neurodivergent parents of neurodivergent children
- Time to gather ideas and suggestions for how this group can develop and support parents/carers
- Setting the environment and structure to work for the group
- Time to connect with others and share experiences

Upcoming Dates:

2nd Nov 2026
1st March 2027
21st June 2027

9:15 am - 11:15 am

Please let us know if you need any accomodations to be made before the session.

Cherry Street SEND and Sensory Hub,
Cherry Street, Wolverhampton, WV3 OQW

To book, please scan the QR code

Any Questions?

Email

RWatson1@aatrust.co.uk

Wolverhampton Outreach Service
Supporting Schools. Enabling Inclusion.

CITY OF WOLVERHAMPTON COUNCIL

Funded by UK Government

Wolverhampton Outreach Service
Supporting Schools. Enabling Inclusion.

BEST START IN LIFE | FAMILY HUBS

Parent Connect: Navigating Barriers to School Attendance

Does your child find it difficult to attend school due to emotional and mental health needs?

Join our **coffee mornings** to meet other parents and talk about your experiences. A SEND professional will also be in attendance to offer support



Coffee mornings

Rocket Pool Hub:
6th Oct 2026 12:15 - 2:15
Low Hill Hub:
2nd Feb 2027 9:30 - 11:30
Cherry Street Hub:
8th July 2027 9:30 - 11:30

Or join our workshops to find out more about the **Emotionally Based School Non Attendance Pathway** and what parents and schools can do to support



Workshops

Online:
11th Nov 2026 9:30 - 11:30
Cherry Street Hub:
23rd March 2027 9:30 - 11:30
Low Hill Hub:
8th June 2027 9:30 - 11:30

To book, please scan the QR code.
Any questions, please email RWatson1@aatrust.co.uk

CITY OF WOLVERHAMPTON COUNCIL | 0-19 | The Royal Wolverhampton NHS Trust | WVCA Wolverhampton Voluntary & Community Action

0-19
building a healthy future

NHS
The Royal Wolverhampton
NHS Trust

SEND
Coffee Afternoon

Comealongforafriendlyandinformalcoffee afternoon where you can:

- Meet other parents and carers
- Speak with professionals for advice and support in a relaxed environment
- Bring children along with you to use the sensory room



Supported by

- SEND Health Visiting Team
- SEND in Mainstream School Nursing Team
- SEND School Nursing Team

Dates & Times

Wednesday 7 October

Wednesday 9 December

1.30 - 3pm

Location

Cherry Street SEND and Sensory Hub
Cherry Street, Wolverhampton
WV3 0WQ

No need to book - just drop in!

For more information, contact our Single Point of Access Hub: 01902 441057

Cherry Street
SEND and
Sensory Hub

CONNECT. GROW. THRIVE.

west midlands police and crime commissioner

NXT Pathway
Navigating Xcellence Together

YOUTH SAFE SPACES

CONNECT. GROW. THRIVE.

A safe, welcoming space for young people aged 11–16 in the WV2, WV3 and WV4 areas to relax, have fun and build a brighter future.



SUPPORTED BY THE WEST MIDLANDS POLICE AND CRIME COMMISSIONER

WHAT'S ON OFFER?

- GAMING
- POOL
- TABLE FOOTBALL
- CHILL-OUT SPACE
- FREE HOT MEALS

WHY COME ALONG?

- A calm space to relax and unwind
- Build confidence and life skills
- Take part in fun activities
- Get support, guidance and opportunities

REGISTER NOW AND ORDER YOUR FREE MEAL

SCAN THE QR CODE

IT'S FREE!

STAY AS LONG OR AS LITTLE AS YOU LIKE!

WHEN
Thursdays
4:30pm–6:00pm
Starting Thursday 1st October!

WHO
Young people aged 11–16 years

SAFE & SUPPORTED
Our sessions are supervised by trained staff.

WHERE TO FIND US
Black Country Alternative Provision - Youth Engagement Schools Trust
Lawnswood Avenue | Wolverhampton | WV4 6SR

Get in touch
07592 401 700
info@nxtpathway.com
www.nxtpathway.com
nxtpathway

YOUR SPACE. YOUR FUTURE. YOUR NXT PATHWAY.

CONNECT. GROW. THRIVE.

SPOTLIGHT ON SAFEGUARDING

October 2026 | Secondary | What parents and carers need to know about: Artificial Intelligence

Supporting our children to use AI safely, respectfully and responsibly

Artificial intelligence is becoming part of everyday life. Young people may use it to answer questions, generate images, plan ideas or support their schoolwork. AI can be a useful tool, but children need guidance to understand its limitations and use it in ways that protect themselves and others.

What is generative AI?

Generative AI creates new content in response to a request, known as a prompt. It can produce text, images, videos, music and computer code. Popular tools include ChatGPT, Google Gemini, Microsoft Copilot and image generators. AI can sound confident and convincing, but this does not mean that everything it creates is accurate, appropriate or fair.

How might AI be used in the wrong way?

Young people may rely on AI to complete schoolwork, trust inaccurate information or share personal details without understanding the risks. AI can also be misused to create fake or sexualised images, impersonate others, spread harmful content or bully and humiliate someone. What begins as a joke can have a serious impact on another person's wellbeing, reputation and safety.

Using AI safely

Children should never enter personal information, photographs, passwords or private details into an AI tool. They should check age requirements and tell an adult if AI produces anything upsetting, sexual or unsafe.

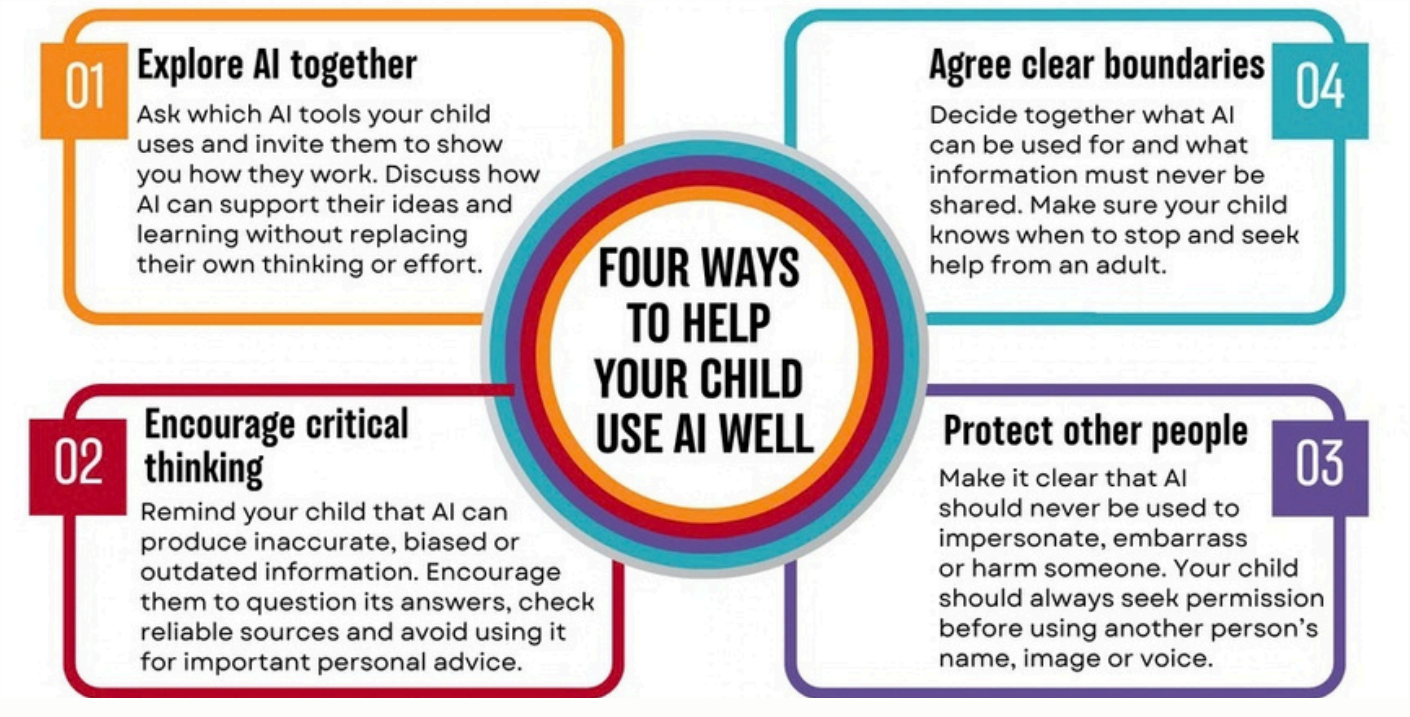
Using AI respectfully

AI should never be used to embarrass, bully or impersonate someone. Children must ask permission before using another person's image, voice or information and consider how their creation could impact them and others.

Using AI responsibly

AI should support children's thinking, not replace it. They should check information carefully, follow school rules and be honest when AI has helped with their work.

Children should check information against reliable sources, rewrite ideas in their own words and be honest when AI has contributed to their work.



SPOTLIGHT ON SAFEGUARDING

What is Character.AI?
Character.AI is an entertainment platform where users interact with AI-generated characters. These may be fictional characters, celebrities, historical figures or completely invented personalities.
The conversations can feel personal and realistic, but the characters are not real people. They do not have feelings or genuine understanding, and their responses may be inaccurate.

Important age information
Character.AI states that users in Europe must be at least 16. Users identified as under 18 are placed in Reading Mode, where they can view content and use some creative features, but cannot have open-ended chats. Age checks are not foolproof, so parents and carers should check that their child has entered their correct age and is using the appropriate version.

Why might young people be attracted to it?
Character.AI can feel entertaining, creative and free from judgement. Some young people may also use it for companionship, reassurance or a space to discuss feelings they find difficult to share with others.

What are the risks?

- Inappropriate content

AI safeguards are not perfect. Characters may produce sexual, violent, discriminatory or otherwise unsuitable responses.

- Emotional attachment

Characters can appear caring and understanding. Some young people may become emotionally dependent on them or prefer AI conversations to real relationships.

- Unreliable advice

AI can give inaccurate or unsafe information. It should not be trusted for advice about health, relationships, sex, self-harm or personal safety.

- Unhealthy relationship messages

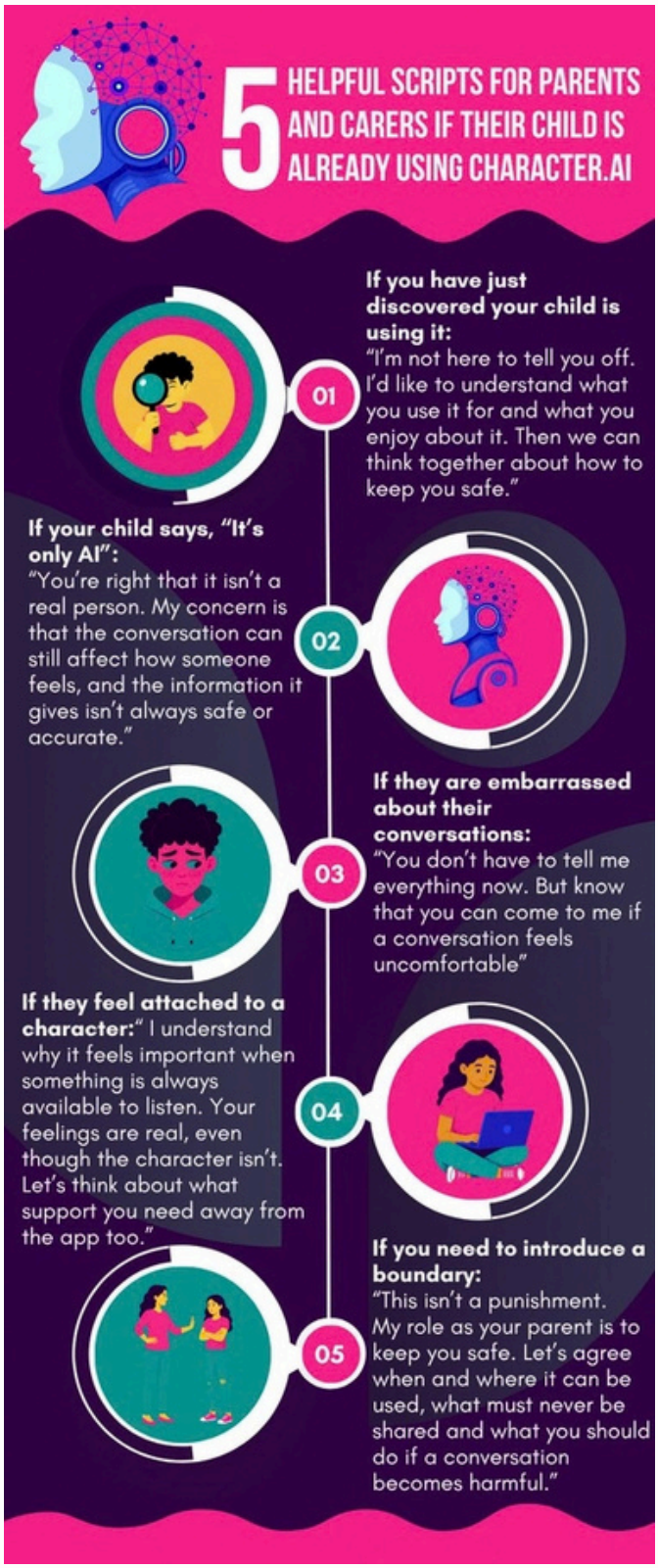
Some characters may present jealousy, control, coercion or sexual pressure as normal or romantic behaviour.

- Privacy

Young people may share personal information because the conversation feels private. They should never disclose identifying details, photographs, passwords or their location.

- Excessive use

Frequent use may affect sleep, schoolwork, hobbies and relationships. Secrecy, withdrawal or distress when access is interrupted may indicate a problem.



Keeping your child safe is our number one priority at St Regis Academy.
You can contact your child's Form Tutor, Head of
Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: admin@stregisacademy.org.
If it is urgent, please call the school and ask for a DSL.

©The Enlightened Practitioner

Hope Remains

A Service of Hope and Remembrance *for World Mental Health Day*

10th October 2026 | 16:00- 18:00
St Peter's Collegiate Church WV1 1TS

Join us for a free reflective service, regardless of belief. Featuring stories of Love, Remembrance and Hope.



REGISTER NOW

Free tickets available on Eventbrite: 'Wolverhampton Hope Remains '

WOLVERHAMPTON SPSF

Violet Project

We won't shrink away from Suicide or Self-harm

Violetproject.co.uk

From the Chaplain...

Flourishing Where God Has Placed Us

Jeremiah 29:4-7 gives us a wonderful reminder that God is with us, even when life does not turn out the way we expected.

The people of Israel had been taken to live in Babylon, a foreign land far away from their homes, families and everything they had known. They had not chosen to be there and the people and culture around them were very different from what they were used to. Yet God encouraged them not simply to survive, but to flourish.

He told them to build homes, plant gardens, have families and make a life for themselves. Most importantly, He told them to "seek the peace and prosperity of the city" where they were living. I love this because it reminds us that, even when we find ourselves somewhere we did not expect to be, God is still with us. We can still grow, make a difference and be a positive influence on the people around us. Verse 7 particularly stands out to me: **"Seek the peace of the city."** This tells us that peace is something we can actively choose.

What might that look like at St Regis? Sometimes someone might say something to us that makes us feel we have every right to answer back in the same way. We might feel justified in being unkind because they have been unkind to us. But what if we pause first?

What if we stop, think and choose to respond in God's way? Proverbs 15:1 reminds us: "A gentle answer turns away wrath." Seeking peace does not mean that we never disagree or that we ignore things that are wrong. It means choosing our words carefully, thinking about our actions and considering how we treat the people around us.

Jesus gives us another wonderful promise in John 10:10. He says that He came so that we may have life, and have it abundantly. God wants us to experience hope, purpose, joy and peace wherever we are. We may not always be able to choose our circumstances, but we can choose how we respond to them.

So, wherever we find ourselves, let's choose to flourish. Let's encourage one another, seek peace, show kindness and be a light to those around us.

We may not always be able to choose where we are, but with God, we can choose how we live there.

Please join me in this prayer
Lord of all peace, help us to seek peace in all that we say, think and do.
May we live with kindness and grace, showing Your love to one another.
Shine Your light of hope through us, and bring Your peace to our school community.
Amen.



