

# ST REGIS ACADEMY

## NEWSLETTER

24th April 2026



**SOW**



**NURTURE**



**GROW**



**FLOURISH**

### MESSAGE FROM MR GREEN

You will have received a number of messages from us this week, including communication about the publication of our recent Ofsted report. As Head of School, I am incredibly proud that St Regis has been recognised as a strong, inclusive school where “everyone is made to feel welcome” and where pupils feel safe, supported and valued. Those who visit, work and study with us know this and to share this far and wide through this report is so important. This matters deeply to me because school should be a place where every child is known, cared for and given the opportunity to flourish. It is my passion and privilege to drive St Regis forward alongside our brilliant team of staff, and the report reflects the positive journey we are on, while also identifying the next steps we are already working on. Thank you, as always, for your continued support and partnership.

Our enrichment provision is very important to us so it has been great to see a group of KS3 pupils enjoying outdoor adventures in Wales, led by Mr Mullen-Jones. We are also very proud of our Y8 pupils on the Blue Skies Programme who graduate soon!

We are celebrating cultural diversity day next Friday (1st May) – this is a very special event that our whole school community looks forward to. We encourage all pupils to take part in the cultural dress opportunity. There will be events at break at lunch – including our very popular samosa stand (£1 each – cash).

We are now very much in the summer season for sports – please ensure your child is suitably dressed in the correct PE active uniform. We gave all pupils a bottle at the start of the year and have numerous water fountains around school. I would also ask that you remind your child to remain suitably hydrated throughout the school day as the days become warmer.

Finally, our school shop is now open in the dining hall and I attach the menu to this newsletter. It is an expectation that all our pupils are equipped and I hope this new provision helps.



**Mr Green**  
Head of School



## ST REGIS STARS OF LAST WEEK!

**YEAR 7** – Naomi B.  
**YEAR 8** – Skye G.  
**YEAR 9** – Akshdeep S.  
**YEAR 10** – Jaspal S.  
**YEAR 11** – Samuel U.



**CHESTER** – Skye G.  
**LICHFIELD** – Kimberley M.  
**WORCESTER** – Akshdeep S.  
**HOUSE OF THE WEEK**  
**CHESTER!**



## KS3 RUGBY PATHWAY

IN PARTNERSHIP WITH COVENTRY RUGBY



A fantastic opportunity for **Year 6 students** who already play club rugby and want to develop their skills in a supportive, high-performance environment at St Regis Academy, Wolverhampton.



### TRAINING

Strength, conditioning and nutrition support from Coventry Rugby staff.



### WEEKLY COACHING

Protected curriculum time with specialist rugby coaching.



### 1:1 MENTORING

Guidance and support from Three Spires Sixth Form Rugby Academy players.



### COMPETITIVE FIXTURES

A number of fixtures throughout the academic year.



Already have a Year 7 place for September 2026? Let us know that you'd like to be considered for the Rugby Pathway. If you've not yet secured a place at St Regis, contact us to find out more about the Rugby Pathway at **01902 558333**.

Building on the success of our Sixth Form Rugby Academy in association with Coventry Rugby Club, we are excited to launch our KS3 Rugby Pathway.

This exciting new opportunity is open to current Year 6 students who will be starting Year 7 in September 2026.

If you have already secured a place at St Regis for your child and would like them to be considered for the Rugby Pathway, please get in touch.

If you have not yet secured a place, contact us to find out more about this fantastic new offer.

Please share this exciting opportunity.





# Join us at a St Regis Open Event!



**Monday 1<sup>st</sup> June 9:30am - 11am**  
**Tuesday 9<sup>th</sup> June 9:30am - 11am**  
**Thursday 18<sup>th</sup> June 9:30am - 11am &**  
**St Regis Summer Fayre 4pm to 7pm**  
**Wednesday 24<sup>th</sup> June 9:30am - 11am**

**Book Now!**



**Prospective students and their families are invited to attend our Summer Open Events. Come along and experience the vibrant community at St Regis!**



ST REGIS ACADEMY IS PROUD TO HOST



# THE WORLD FAMOUS FODEN'S BAND

SATURDAY 20<sup>TH</sup> JUNE - ST REGIS ACADEMY

7:00PM START (DOORS OPEN AT 6:30PM)

JOIN US FOR AN UNFORGETTABLE EVENING OF LIVE  
MUSIC



HOSTED BY FRIENDS OF ST REGIS PTA

SCAN QR  
CODE TO  
PURCHASE  
TICKETS

## TICKETS:

Early Bird Adult Ticket £10.00 (Tickets Purchased by May 31st)

Standard Adult Ticket £15.00

Under 18's £5.00



**RICHARDSON**

BROTHERS FOUNDATION

PROUD SPONSORS OF THE EVENT





# School Stationery Shop

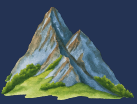
*Open before school and break time*

<b>Item</b>	<b>Price</b>
Black ballpoint pen	20p
Pencil	20p
Ruler	40p
Eraser	20p
Highlighter	30p
Pen, pencil, ruler, eraser	£1

- **Please pay at the till using your school pin code**
- **Please add money to Arbor Pay**
- **Free School meal money can't be used for stationery**



# Some stunning photos of this week's residential trip to Wales.





As part of the National Year for Reading and our ongoing commitment to fostering a love of reading at St Regis, we were delighted to host our recent Scholastic Book Fair. The fair ran throughout the week in the school library at lunchtimes and proved to be a fantastic success.

A wide variety of books were available, spanning multiple genres, including both fiction and non-fiction, alongside a selection of fun stationery items. It was wonderful to see students from across all year groups engaging with the event, browsing, and discovering new reads. The library was buzzing every lunchtime, making this our most successful book fair to date.

We would also like to congratulate the winners of our 'Battle of the Blurbs' competition: Gracie (Year 7), Ivy (Year 8), and Elfrida, Ayo, and Amanda (Year 10). Each student received a £5 book token, which they were able to put towards a book of their choice.

Thank you to everyone who supported the event and helped make it such an enjoyable and inspiring celebration of reading.



**ATTUNE Parent / Carer Questionnaire (wave 1)**



## Your Voice Matters

**As part of our ATTUNE accreditation, we are inviting parents and carers to complete a short survey to share your views and experiences.**

**Your feedback is incredibly valuable and helps us reflect on what we do well and where we can continue to improve in supporting our children and families. The survey will only take 10 minutes to complete. Thank you for taking the time to take part.**



# Culture and Identities Day



## Friday 1st May



On Friday 1st May, staff and students are invited to come to school dressed in cultural attire. This could reflect a culture you identify with, or you may choose to wear colours representing a national flag.



This day is a celebration of both our diverse identities and our shared school community. You might also choose to wear an outfit you would typically wear to a special celebration.



We have a range of exciting activities planned, including a whole-school outdoor worship, a selection of world foods available to purchase at break time, and a dance performance at lunchtime.



## Improving Our Colonnade Space

We are fortunate to have been able to add some additional seating to the outside colonnade area. This new space gives students more opportunity to sit, relax, and socialise during break and lunchtime in a comfortable outdoor setting. It also provides a practical area for students to focus on revision as they prepare for their exams.



# Volunteer Join X2Y

We work with LGBTQ+ young people and communities to stand in their authentic truth by holding spaces to thrive and grow

Whether you want to work directly with our young people in groups, hold specific events, have excellent admin skills or are a talented content creator across social media – whatever you are good at

## Contact

✉ INFO@X2Y.ORG.UK

📷 X2YLGBT



10 KING STREET, WV1 1ST

## Community Space & Events

We offer a variety of events varying from craft workshops, book clubs and many more for the community to get involved in.

Our doors are open outside of group hours for any LGBT+ people to drop in for anything they need, a talk, a space to be themselves or just a place to hang out. Contact us for more information on opening hours as these may change depending on staff availability.

We are working to assure the building is wheelchair accessible and creating a space for any religious needs.

## Counselling Services

Along with our safe spaces we offer counselling services to LGBT+ youth between the ages of 11 to 25.

✉ Referrals@x2y.org.uk

☎ 07512719375



## Parents & Carers

Parents who want to know a bit more about what we do and who we are or want support as a parent of an LGBT+ child will have the opportunity to come to our quarterly coffee mornings.

There will also be quarterly coffee mornings available to LGBT+ parents



## School Support

Ran by our Outreach Coordinator, we offer in school support sessions for LGBTQ+ young people to talk to a trained, professional counsellor on a one to one or group setting.

We also offer for our Youth Coordinators to drop in and speak to young people about being LGBT+ and adversity

## Welcome to



Charity Number : 162589

We work with LGBTQ+ (Lesbian, Gay, Bi, Trans or Questioning) young people aged 11 to 25. We run youth groups and support young people in local schools. We also provide training, advice and guidance for teachers and other professionals working with children and young people.



## Our Mission

To celebrate and empower LGBTQ+ young people (aged 11–25) through providing a safe, nurturing, intersectional and intergenerational community across Wolverhampton and the Black Country.

## Our Values

- \* We strive to nurture and maintain a truly reflective, inclusive and safe community within our spaces
- \* Youth voice is at the core of who we are; at every opportunity, at every level. Centering the wants and needs of our community ensures our work aligns and is reflective of who we work to support
- \* We work with LGBTQ+ young people and communities to stand in their authentic truth by holding spaces to thrive and grow
- \* We celebrate and centre queer joy and friendship in all of our spaces for our young, LGBTQ+ community

## Training

We offer an array of training and education workshops to anyone wanting to improve their knowledge and advocacy for young, LGBTQ+ people whether this is personally, professionally, at work, at home or out in the community.

Our training and education looks to empower those who are active in their support for the young, LGBTQ+ community through connection and networks, increased knowledge and resources. We work with our young people and their communities to co-produce this, further ensuring that our training and education will help us in creating an LGBTQ+ inclusive ethos and practice, together.

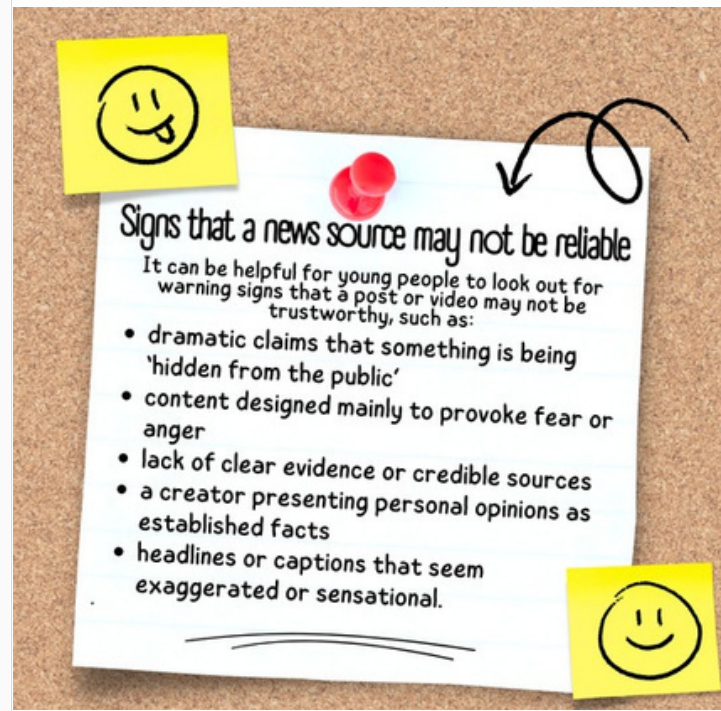




## Helping young people navigate news online

Young people today are exposed to more information about the world than any previous generation. News about wars, global conflicts, political events, climate change and social issues appears constantly on social media feeds, video platforms and messaging apps. While staying informed is important, the way many teenagers encounter news can make it difficult to separate reliable information from misinformation, exaggeration or conspiracy theories.

For secondary-aged children, much of what they see may not come from traditional news organisations but from influencers, short video clips or posts shared by friends. This means they may receive information that is incomplete, misleading or designed to provoke strong emotional reactions.



## Conversation starters for parents and carers

TALKING ABOUT NEWS AT HOME CAN HELP TEENAGERS DEVELOP CRITICAL THINKING SKILLS. YOU MIGHT TRY ASKING:



"Where do people your age usually get their news from?"



"How do you decide whether a news story online is reliable?"



"Have you seen anything online recently that worried you or confused you?"



"Why do you think some posts about world events get shared so widely?"



"What do you think makes a source trustworthy?"

## Supporting your child

Parents and carers can support their children by:

- encouraging them to check information with more than one source
- watching or reading news together occasionally and discussing it
- helping them understand the difference between opinion, commentary and factual reporting
- reminding them that social media posts rarely show the full picture of complex global events.

## Where young people may be getting their news

Many young people do not actively search for news. Instead, news often reaches them through:

- short videos on platforms such as TikTok, Instagram or YouTube
- influencers or content creators discussing world events
- posts shared by friends on social media
- online forums, gaming communities or group chats
- memes or edited clips that remove important context.

## Why this can be challenging for young people

The fast-paced nature of social media can make it difficult to check whether information is accurate. Some content is deliberately designed to attract attention by creating fear, outrage or shock. This can lead to:

- **scaremongering:** exaggerating events or predicting extreme outcomes
- **misinformation:** sharing incorrect or misleading information without reliable evidence
- **conspiracy theories:** presenting complex global events as secret plots without credible proof.

# SPOTLIGHT ON SAFEGUARDING

## When 'advice' online isn't what it seems -misogynistic influencers and teenagers

Social media is full of creators offering tips on fitness, confidence, dating and 'self-improvement.' Many of these messages appear harmless at first glance. However, some influencers package harmful ideas about gender inside content that looks like health advice or dating guidance. This can make it harder for young people, and adults, to recognise when the message is unhealthy or manipulative.

## When misogyny is disguised as 'advice'

Some influencers frame their content around themes teenagers already care about: confidence, relationships, body image or success. The advice might initially sound motivating or empowering but it can include harmful assumptions about girls and women.

Examples include:

### 1. 'Self-improvement' or fitness advice

- Encouraging boys to get stronger, richer or more confident in order to dominate women or control relationships.
- Suggesting men must be 'alpha' while women should be submissive or 'know their place'.
- Framing emotional expression or kindness as weakness.

### 2. Dating advice

- Teaching boys that girls are manipulative, shallow or only interested in money or status.
- Encouraging strategies to 'control' or 'test' girls in relationships.
- Promoting the idea that respect and equality are signs of weakness.

### 3. Lifestyle or success content

- Presenting rigid ideas about masculinity and femininity.
- Blaming women for men's problems or failures.
- Claiming that gender equality harms boys or men.

## Starting conversations at home

Open, non-judgemental conversations are often the most effective way to help young people think critically about online content.

You could try questions such as:

- "What kind of relationship advice do people your age see online?"
- "Do you think social media gives realistic ideas about dating?"
- "Why do you think some influencers talk about 'alpha' people?"
- "What do you think makes a healthy relationship?"
- "Have you ever seen advice online that didn't feel quite right?"
- "How do you think messages like this might affect boys or girls at school?"



## How girls may be affected

Girls can also be strongly impacted by this content, even if they are not the intended audience.

Possible impacts include:

- feeling judged or reduced to stereotypes about appearance, behaviour or value
- experiencing lower confidence or pressure to meet unrealistic expectations
- accepting disrespectful behaviour in relationships because it seems 'normal'
- facing increased harassment or sexist attitudes from peers influenced by this content.

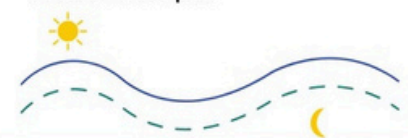


## How boys may be affected

Boys are often the main target audience for these influencers.

Possible impacts include:

- believing relationships are about power rather than respect
- feeling pressure to act 'tough,' dominant or unemotional
- developing negative attitudes toward girls and women
- struggling with friendships or healthy romantic relationships.



Keeping your child safe is our number one priority at St Regis Academy. You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: [admin@stregisacademy.org](mailto:admin@stregisacademy.org). If it is urgent, please call the school and ask for a DSL.

# From the Chaplain...

Have you ever looked at a 'magic eye' picture or an optical illusion and struggled for ages to see the picture until all of a sudden it became clear and revealed itself? Our Bible story this week tells the tale of two disciples who are walking away from Jerusalem with their hearts full of grief and their minds full of the distressing events of the last few days: the death of their friend Jesus, the abrupt ending to their hopes for the change of regime they had hoped he would bring in, the confusion over the loss of his body, the claim made by some of the women in their group who say they have seen angels and that Jesus is alive... None of it makes any sense, and though they walk in a relatively straight line their thoughts and conversation are going round and round in circles.

We don't know why they don't recognise Jesus when he appears among them. Whether it is simply because they are tied up in their own grief or because his appearance has actually changed; this lack of recognition is typical of the resurrection stories. We do know that their thoughts and vision cleared as he sat and broke bread with them; this familiar action bringing his presence with them back into focus. Then they were able to see that he had been with them all along. Hindsight is a wonderful thing, and we too may be able to look back and recognise where God has been present with us through difficult times, though we couldn't sense his presence at the time.

My work at school affords me the wonderful privilege of walking alongside people and hearing their stories as they discover that God is with them. Just today I have heard the story of a colleague who having felt God nudging them over the last few years has finally been able to connect with others in a growing and nurturing community of believers. I have also heard from a student for whom a word of prayer last week seemed to make a real difference and encouraged them to start speaking to God themselves and noticing God at work in their life.

The church I belong to (the Methodist Church) recognises the power of 'noticing' and encourages us all to have open hearts and minds to noticing God at work not only in the scriptures but also in the world around us: in conversations, in nature, in situations and events, in works of art and literature and in other people for example.

## **A prayer**

*God of all creation,*

*Where are you hiding when I need you most?*

*In my pain and anguish, when I feel I can't go on,*

*when I long for easy answers and instant solutions; where are you?*

*Teach me O Lord, the value of waiting in your presence,*

*of looking up and beyond what I see immediately before me.*

*Grant me the grace to watch for signs of you even in my bleakest times.*

*When my head says you are with me, but my heart feels so alone,*

*help me to walk on in faith knowing that I will turn a corner and see you there.*

*Amen*

