



FLOURISH

MESSAGE FROM MR PARRY

I had the pleasure on Monday evening of attending the City of Wolverhampton Diversity Celebration, which is a music concert held at The Halls, and featured performances from schools from across the city. Joined by members of the City's cabinet and the Mayor of the City, Councillor Collingswood, I watched the St Regis Gospel choir perform on the stage. The choir performed one song in partnership with St Michael's Primary school, and another on their own and both were absolutely fantastic. Our gospel choir work so hard practicing towards their performances and their hard work in rehearsals is paying off. We have been invited to feature at the Church of England National Society for Education Conference in London early next year! I am extremely excited to see the future success of our choir and they make us all very proud.



Mr Parry
Principal



**ST REGIS STARS OF
LAST WEEK!**

YEAR 7 – Ma-Vae M-W.

YEAR 8 – Sharel N.

YEAR 9 – Akshdeep S.

YEAR 10 – Xienna F.

YEAR 11 – Shriya P.



CHESTER – Samuel C.

LICHFIELD – Bella M.

WORCESTER – Ma-Vae M-W.

HOUSE OF THE WEEK IS

CHESTER!



The WoW for week beginning 17th November is:

CONNECTION

Word Class	noun
Meaning	A relationship, link, or association between ideas, people, or things.
Examples of use	"I felt an instant <i>connection</i> with my new friend.
	Family traditions help maintain a <i>connection</i> to our past.
	She lost her internet <i>connection</i> in the middle of the video call.
Cross-curricular opportunities	English: I noticed a <i>connection</i> between the themes in the two poems we read.
	History: "We studied the <i>connection</i> between the Industrial Revolution and urbanisation.
	Science: There is a <i>connection</i> between temperature and the rate of the reaction
	Art: The artist's use of colour creates a <i>connection</i> between emotion and imagery.
	PSHE / Citizenship: We explored the <i>connection</i> between our choices and their impact on others
	Geography: The <i>connection</i> between climate change and rising sea levels is clear.



National School Attendance Award

2024/25 Academic Year



St Regis C of E Academy

Top 25% of similar FFT Secondary Schools in England



St Regis Wins National School Attendance Award!



We are delighted to have won the FFT National Attendance Award for the 2024/25 academic year. The award is to recognise that we were in the top 25% of similar FFT secondary schools in England for attendance!

The award is an acknowledgement of the hard work and dedication of staff, pupils, parents and carers in achieving excellent attendance.



Congratulations to our Rugby Academy who secured victory against Hartpury College on Tuesday to reach the quarter finals of the National Cup!

WELL DONE!



Esports



Our Esports academy, the St Regis Crowns, won their first match as part of the British Esports Championships this week! The team communicated tremendously well throughout the matches in the game *Overwatch 2*, coming out on top in a close affair against the Shrewsbury Gladiators. Congratulations to the team!



Badminton Competition



Congratulations to Reginald A, Kingsley H, Muhammad N, and Muhammad R!

These boys have shown exceptional commitment to developing their badminton skills, attending after-school coaching every Wednesday since joining us in Year 7. This dedication paid off tonight as they represented St Regis in their very first fixture and competition against three other schools—Colton Hills, St Matthias, and Heath Park.

While the other schools arrived with multiple squads, St Regis fielded just one team of four—and they rose to the challenge brilliantly.

Muhammad R and Muhammad N delivered outstanding performances in both singles and doubles, securing several impressive victories. Regi and Kingsley combined superbly with both Muhammads to produce a strong and confident St Regis doubles display.

Final results will be published soon, but we're hopeful the boys have progressed to the next round, where they'll compete for a place in the West Midlands regional finals.

Mr Mellor—our resident Badminton enthusiast—would undoubtedly have been proud of their commanding first showing.

A huge thank-you as well to Mr Brough for braving the cold November weather to support the team as our Official Cheerleader and Scoring Official.

Well done, boys—what a start!



Friends of St Regis



Support St Regis PTA & Win Big with Wolverhampton Community Lottery!

We're excited to share a fantastic way you can support Friends of St Regis Parent Teacher Association while having the chance to win up to £25,000 every week!

By playing the Wolverhampton Community Lottery, you'll be helping us raise vital funds to enhance the educational experience of all our students – from funding enrichment activities to improving school resources.

- ✓ Tickets cost just £1 per week
- ✓ 60% of every ticket goes directly to local good causes
- ✓ Weekly prizes up to £25,000
- ✓ Special draws with amazing prizes like PS5 bundles or £1,000

It's easy to join!

Visit:

www.wolverhamptoncommunitylottery.co.uk/support/friends-of-st-regis-parent-teacher-association or scan the above QR code

Your support makes a real difference. Let's grow great things together for our children and school community!



If you would like to discuss your child's health with a School Nurse, please contact our 0-19 Single Point of Access (SPoA) Hub on:



01902 441057



rwh-tr.0-19service@nhs.net

Embrace
Wolverhampton Sexual Health Service

NHS
The Royal Wolverhampton
NHS Trust



Let's chat sexual health

ChatHealth

#ChatSexualHealth

More information, including T&Cs and privacy, at:
www.embracewolverhampton.nhs.uk/chatsexualhealth

Text a school nurse on
07480 635 548
for confidential support and advice.

STI testing

Pregnancy advice

Smear tests

HIV testing

Safe sex

Counselling

Emergency contraception



ChatHealth

0-19
building a healthy future

NHS
The Royal Wolverhampton
NHS Trust



Aged 11 - 19?

Text a school nurse on
07507 332 631
for confidential help and advice.

- General health
- Anxiety, emotions and anger
- Family issues and friendships
- Social media**
- Smoking, alcohol and drugs
- Bullying**
- Body image and identity
- relationships

#chathealthwolves
For more information, including T&Cs and privacy, visit: www.royalwolverhampton.nhs.uk/chathealth

ChatHealth

NHS
The Royal Wolverhampton
NHS Trust

School Nurses are part of the 0-19 service.

They offer free, confidential advice and support. They are qualified nurses with additional training and skills in meeting the health and wellbeing needs of young people. **ChatHealth** allows direct access to a school nurse.



SPOTLIGHT ON SAFEGUARDING

WORKING TOGETHER TO KEEP OUR YOUNG PEOPLE SAFE

Secondary | November 2025

Helping young people think critically: misinformation and conspiracy theories online

Today's young people are growing up in a world where news, opinions and videos appear instantly - often before they've had time to think them through. Social media platforms such as TikTok, Instagram, YouTube and X (Twitter) are now where many children get their information about the world.

What's the challenge?

Not everything they see is true.

Some of it is misinformation (false or misleading information) and some are conspiracy theories - such as ideas claiming secret groups or plots are controlling world events. These can spread quickly online, often designed to shock, anger or persuade.

Why young people are drawn in

It's natural for children to explore big questions and look for answers. Online content that sounds bold or mysterious can feel exciting and convincing- especially when it's presented confidently or emotionally.

Apps and algorithms can reinforce this by showing users more of the same kind of content they've watched before. For example:

- **TikTok** and **YouTube** use recommendation systems that can lead from harmless curiosity to more extreme or misleading videos.
- **Instagram** and **Snapchat** may spread rumours or fake stories quickly through friends' posts and private messages.
- **X (Twitter)** and **Reddit** often mix real news with speculation, which can make it hard for young people to tell fact from opinion.

The more time children spend on these platforms, the more normal this flood of conflicting information can feel.

A shared responsibility

If our young people are using social media, we can't control every video or post our they see, but we can teach them how to question and think critically about it.

By staying involved, showing interest and keeping conversations open, parents and carers can help young people grow into informed, thoughtful digital citizens who can tell fact from fiction.

In this issue:

- Misinformation and conspiracy theories
- Unsupervised events

HOW PARENTS/CARERS CAN HELP

1. STAY CURIOUS, NOT CRITICAL

If your child mentions something unusual they've seen online, ask open questions: "Where did you see that?" or "What do you think about it?" Listening calmly shows you're interested, not judging or dismissing them.

2. TALK ABOUT HOW PLATFORMS WORK

Explain that social media apps want people to keep watching, so they show content that triggers strong reactions - even if it's misleading. Understanding how algorithms work helps children step back and think more clearly.

3. ENCOURAGE THEM TO CHECK SOURCES

Show your child how to look for information on trusted news websites or fact-checking pages like **Full Fact**, **BBC Verify** or **Newsround**. Ask: "Who made this?" and "What's their reason for posting it?"

4. SHARE YOUR OWN EXPERIENCES

Talk about a time you believed something online that turned out to be false. It helps young people see that anyone can be caught out and that being willing to question and correct yourself is a strength.

5. PROMOTE BALANCE AND PERSPECTIVE

Suggest following a mix of reliable sources - news outlets, educators and positive creators - not just influencers or accounts that share dramatic opinions. Remind them it's healthy to switch off and do things offline too.

Keeping your child safe is our number one priority at St Regis Academy.

You can contact your child's Form Tutor,

Head of Year or the Designated Safeguarding Leads if you have any concerns or

questions by emailing:

admin@stregisacademy.org. If it is urgent, please call the school and ask for a DSL.

SPOTLIGHT ON SAFEGUARDING

Staying safe at parties: helping young people make good choices

As children move through secondary school, their social life becomes a huge part of growing up. Parties, gatherings and sleepovers are where friendships deepen and independence grows, but they can also bring new challenges, especially when adults aren't around.

Unsupervised parties at a friend's house can seem harmless or 'normal', but without adults present, situations can quickly get out of hand. Alcohol, peer pressure and risky behaviour can all play a part, even when no one intends for things to go wrong.

The goal isn't to stop young people from socialising, it's to help them stay safe, make good choices and know they can always turn to you for help.

What makes unsupervised parties risky?

Even well-meaning plans can become unsafe when:

- alcohol or vaping is introduced
- word spreads on social media and far more people turn up than expected
- guests don't all know each other
- there's no adult to manage boundaries or call for help if needed
- peer pressure makes it hard for young people to say no.

Most young people want to do the right thing - they just need support, information and a plan.

What to do if you are hosting

If your child wants to have friends over, consider:

- Keeping the group small and supervised.
- Agreeing clear start and finish times.
- Keeping alcohol out of reach and monitoring any social media sharing.
- Being visible – even if you're just "around" in another room.

