

ST REGIS ACADEMY

NEWSLETTER

10th October 2025



MESSAGE FROM MR PARRY

Last night we welcomed many families to St Regis for our Open Evening. We had our highest number of families visit us, and it was lovely to welcome many local families to our Academy.

There was a huge range of interactive activities taking place in our specialist facilities. The Principal's talk included a performance from our Gospel Choir and talks from Year 7 student: Jack, and our Year 13 Head Students: Dennis, Adeeba and Aramide. It was a wonderful evening. We still have some Open Mornings scheduled and would like to invite any prospective families into school to see the amazing work that takes place here.

Today we marked Young Minds and Mental Health and Wellbeing Day with our 'Hello Yellow' campaign. It was lovely to see a range of yellow accessories being worn around the Academy to mark this very important focus. In addition, this week we welcomed Year 7 parents into school for our coffee morning; launched our Harvest Appeal; and our Year 11 sport students attended Baggeridge Park for an outdoor education assessment as part of their course.

Next week sees some of our Year 12 students starting their Teaching English as a Foreign Language (TEFL) course; our Year 12 Welcome Service at St Michael's church and our Post 16 Information Evening held at the Molineux.



Mr Parry
Principal



**ST REGIS STARS
OF LAST WEEK!**

YEAR 7 – Phiko M.

YEAR 8 – Alfie M.

YEAR 9 – Akshdeep S.

YEAR 10 – Amanda N.

YEAR 11 – Muhammad A.



CHESTER – Alfie M.

LICHFIELD – An Q.

WORCESTER – Akshdeep S.

**HOUSE OF THE WEEK
IS CHESTER!**

ANNUAL SHOWCASE

2025


**THIS IS A CERTIFICATE
OF MERIT AWARDED TO**

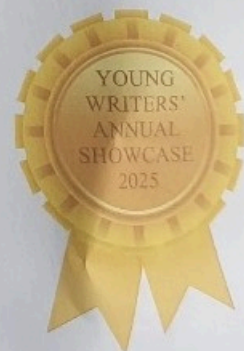
Analia

*for an original piece of creative
writing that was selected for
publication in Young Writers' Annual
Showcase 2025 collection*

Ady

ADY STEVENS
EDITORIAL MANAGER

 **YoungWriters**
Est. 1991



A huge well done to Anaila in Year 9 who has had her work published in the upcoming Young Writers 2025 Showcase. What a fantastic achievement!

OPEN EVENING

16TH OCTOBER 2025 | MOLINEUX STADIUM

WWW.THREESPIRESSIXTH.ORG



Three | SIXTH
Spires | FORM

'Life in all its fullness'

**BOOK
NOW**

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The Three Spires Sixth Form Year 13 RE residential visit to Norwich and Walsingham has really inspired our students to go beyond their understanding of RE in the classroom to see religion practiced and celebrated in varied denominations. Both locations offered the opportunity for our students to speak to dedicated and highly respected ministers, who were challenged in their own thinking by our students thought provoking lines of questioning!



SCHOOL NURSING

If you would like to discuss your child's health with a School Nurse, please contact our 0-19 Single Point of Access (SPoA) Hub on:



01902 441057



rwh-tr.0-19service@nhs.net

Parent & Carers Webinar

Parent & Carers Webinar

Building safety for our young people



The 1 hour webinar will.

Explore some of the risks and issues facing children & young people, and consider how as parents/ carers we can support our children's safety & wellbeing

[Click here to book via Eventbrite](#)

Designed for professionals, parents and carers alike.

Resources covering:

- ▶ Mental health
- ▶ Online safety
- ▶ Peer pressure
- ▶ Exploitation
- ▶ Weapons
- ▶ Drugs/alcohol

QR code to book via Eventbrite...





The Royal Wolverhampton
NHS Trust



Let's chat sexual health



#ChatSexualHealth

More information, including T&Cs and privacy, at:
www.embracewolverhampton.nhs.uk/chatsexualhealth

Text a school nurse on

07480 635 548

for confidential support and advice.

STI testing
Safe sex

Pregnancy
advice
Counselling

Smear
tests

HIV testing
Emergency
contraception



The Royal Wolverhampton
NHS Trust



Aged 11 – 19?

Text a school nurse on

07507 332 631

for confidential help and advice.

General health
Anxiety, emotions and anger
Family issues and friendships
Social media
Smoking, alcohol and drugs
Body image and identity
Bullying relationships

#chathealthwolves

For more information, including T&Cs and privacy, visit: www.royalwolverhampton.nhs.uk/chathealth



The Royal Wolverhampton
NHS Trust

School Nurses are part of the 0-19 service.

They offer free, confidential advice and support. They are qualified nurses with additional training and skills in meeting the health and wellbeing needs of young people. ChatHealth allows direct access to a school nurse.

SPOTLIGHT ON SAFEGUARDING

WORKING TOGETHER TO KEEP OUR YOUNG PEOPLE SAFE



What parents need to know about vaping

Vaping has become increasingly common among teenagers, and many parents are understandably concerned. E-cigarettes were originally designed to help adults quit smoking but they are not safe for children or young people.

The rise in brightly packaged, sweet-flavoured disposable vapes has made them particularly appealing to young people, despite the health risks.

Research shows that more teenagers are experimenting with vapes each year, often without realising how addictive and harmful they can be.

Why vapes are dangerous for children

Although often marketed as 'safer than smoking', vapes still carry serious risks:

- **nicotine addiction** – many vapes contain high levels of nicotine, which can cause dependency and affect brain development in young people
- **harmful chemicals** – new research shows vapes can contain toxic substances such as formaldehyde, acrolein and metals like lead. These can damage the lungs and cardiovascular system
- **respiratory effects** – vaping can irritate airways, trigger asthma and cause long-term lung problems
- **unregulated products** – some disposable vapes, especially those bought online or from informal sellers, may exceed legal nicotine limits or contain banned substances. More recently, tests have even found some vapes laced with illegal drugs such as Spice, making them extremely dangerous.

Why young people are drawn to vapes

- Bright packaging and sweet flavours – flavours such as bubblegum, mango and cotton candy make vapes seem harmless and child-friendly, masking the fact that they often contain addictive nicotine.
- Peer pressure and social media trends – vaping is frequently shown on TikTok, Snapchat and Instagram, making it appear fun, fashionable, or a way to fit in with friends.
- Belief that 'everyone is doing it' – many young people think vaping is common and safe, not realising the health risks or that many of their peers actually choose not to vape.

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In this issue:

Vapes

Child Criminal Exploitation

Supporting your child to avoid the risks of vaping



Keeping your child safe is our number one priority at St Regis Academy.

You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: admin@stregisacademy.org. If it is urgent, please call the school and ask for a DSL.

SPOTLIGHT ON SAFEGUARDING

What parents need to know about Child Criminal Exploitation

Child Criminal Exploitation (CCE) happens when children and young people are manipulated, coerced or forced into committing crimes for someone else's benefit. It can affect boys and girls from all backgrounds and often begins without a child realising they are being exploited. Understanding how CCE works is key to protecting children and knowing when to step in.

What is Child Criminal Exploitation?

CCE is when adults, gangs or organised networks exploit children to take part in criminal activities. This can include:

- **County Lines drug dealing** – transporting or selling drugs between areas
- **carrying weapons** – being pressured to hold or use knives or other weapons
- **theft, burglary or shoplifting** – committing crimes on behalf of others
- **online exploitation** – being recruited or directed through apps, social media or gaming platforms.

The role of the online world

Criminals don't always approach children in person – many now use the internet to make contact. Social media, messaging apps and gaming chats are common recruitment tools.

Exploiters may:

- start with friendly conversations to build trust
- use games or group chats to identify and target vulnerable young people
- offer money, free items or a sense of belonging online
- move conversations to private messaging, where they apply pressure or give instructions.

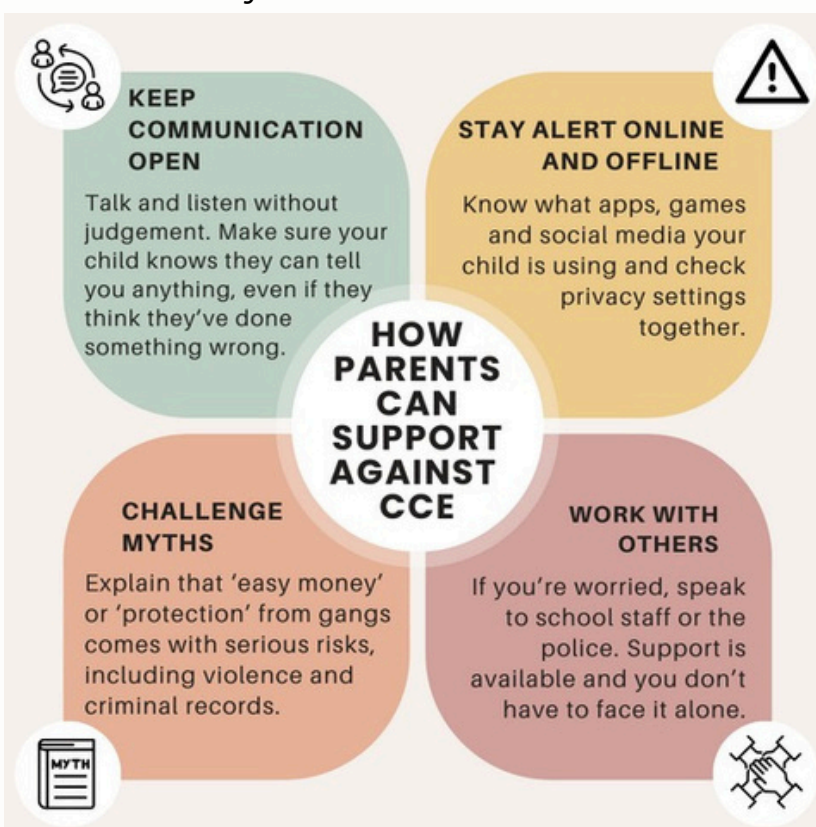
Because online communication is hidden, parents may not see what's happening until the child is already involved.

Criminals often exploit children, targeting those who seem vulnerable. They may:

- offer gifts, money, food or clothes
- create a sense of owing a debt in exchange for the gifts. The debt is paid by undertaking criminal activities
- provide friendship or a sense of belonging
- use threats of violence.

Watch for signs of exploitation in your child, such as:

- unexplained money or new possessions
- secretive behaviour about online interactions
- sudden changes in friendships, including unfamiliar adults
- signs of anxiety or reluctance to explain actions.



From the Chaplain...

“This, then, is how you should pray: “Our Father in heaven...” Matthew 6:9

As we begin a new worship series focussed on prayer and following the pattern of prayer which Jesus passed on to his friends and disciples, we consider what it means to call God ‘Father’. Of the many metaphors and images used to describe God and his relationship to humankind, the concept of a loving parent is one of the most intimate and tender, inviting us into a close relationship of trust, honesty and reliance on our creator without the distance or judgement implied by some of the other models. In this prayer we are all invited to share with Jesus in calling God ‘Father’ and in doing so, we are also called into closer relationship with one another.

Whilst in the Old Testament there are frequent referrals to God as judge, king, almighty protector and provider, references to God the tender parent are not altogether absent. The prophet Hosea reports God saying, ‘To [Israel] I was like one who lifts a little child to the cheek, and I bent down to feed them’, whilst the writer of Psalm 91, no doubt having observed mother hens with their chicks, writes, ‘He will cover you with his feathers, and under his wings you will find refuge.’

It is a fact that not all of us will have enjoyed a positive, close or loving relationship with a biological father and for some this metaphor will be less than helpful. Human analogies for God are never going to be more than partial, since we are limited and full of flaws and God is eternal and infinitely good; however perhaps the glimpses of God we catch through the physical world and its inhabitants are enough for us to be able to imagine and relate to a God who is all loving and desires nothing more than to bless us.

So given that we have a divine father who is also our greatest champion and supporter, with whom we can be totally honest and who knows the real us behind the mask we so often wear; what would we like to say to God? And how does it feel to know that God delights in our laments as well as in our praise, that God hears and comforts us on the days when life feels rubbish as well as sharing in our moments of greatest joy? With a Father such as this, who always hears us, we are never alone.

I finish with a sentiment which is common to all Abrahamic faiths, and pray that you find peace of heart, encouragement and renewed strength over the weekend.

‘My heart finds its peace in God alone’ (Psalm 62 and Ayah 13)

