

ST REGIS ACADEMY

NEWSLETTER

27th June 2025



FLOURISH

MESSAGE FROM MR PARRY

What a busy week!

Earlier this week, we had many Year 9 students successfully return from their practice Bronze Duke of Edinburgh expedition.

On Tuesday evening, it was wonderful to welcome Year 6 students that will be joining us in September to our Induction evening, with a great turn out and many parents and students on site to learn more about the induction process.

On Wednesday, it was a real privilege to accompany our Sixth Form cricket academy to Lords cricket ground in London to witness England Disability play India Disability in an exciting T20 cricket international.

On Thursday, we hosted the first ever Tettenhall 5k, in partnership with Wolverhampton and Bilston Athletics Club. We welcomed 100 runners into school, and it was a wonderful event, with our very own Ian Terry, Chair of Governors, being the race starter.

Today we held a very successful Year 6 SEND coffee morning in school, which was well-attended and involved our wonderful SEND team.

Next week, the exciting end of term continues with more careers trips and visits planned, Year 11 Prom, Year 13 leavers assembly, Year 7 induction days and Year 10 Work Experience!

Following the very successful Incident Response drill that we had in school earlier this academic year, I would like to inform parents that we are planning to have a second Incident Response drill next week. Once the drill commences in school, all parents will be informed and we would like to thank all parents and students in advance for their support of this essential health and safety training requirement.



Mr Parry
Principal



**ST REGIS STARS
OF LAST WEEK!**

YEAR 7 – Janelle O.
YEAR 8 – Dilshaan S.
YEAR 9 – Eduwa O.
YEAR 10 – Darasimi O.

CHESTER – Eduwa O.
LICHFIELD – Priyanshi S.
WORCESTER – Bagzada J.
**HOUSE OF THE WEEK
IS CHESTER!**



English

Year 7 enjoyed their time in the outdoor space this week and were impressive with sharing their myths and legends stories under the teepee, in the oral storytelling tradition.

Many students who were less confident in their oracy skills earlier in the year really shone with this task and captivated their audience with the tales of their creatures, thrills and quests!

The English department were very proud to see such positive work from Year 7 and wish all of our storytellers a huge "well done!"

Refugee Week



Refugee Week



Refugee Week



COMMUNITY AS A SUPERPOWER

Refugee Week

During Refugee Week, some of our students took part in the Human Library Project led by Wolverhampton City Council.

We attended the Mayor's Parlour at the Civic Centre with our School Chair of Governors, Dr Ian Terry.

The students presented their personal stories to senior council members, Charlotte Johns and Mark Smith. They engaged in open, respectful conversation and afterwards, attended an awards presentation event. Also, present was Cabinet Member for Health, Wellbeing and Community and ex-St Regis Student, Councillor Obaida Ahmed.

The students spoke confidently and answered respectfully. They were great St Regis Ambassadors.



My experience at Wolverhampton City Council was wonderful. We shared our stories with council people and they were very supportive about it by giving us advice and making us feel secure. Straight after we headed to a hall where they served us international food which was very good, especially the fruits. I LOVED THEM. During the welcoming presentation they were awarding wonderful kids for their brilliant writing. I wish I was like them when I was younger. They called our names to take a picture and gave us a voucher. It was a great day.
Year 10 St Regis Student

Taking part in the project was a meaningful experience for me. We had the opportunity to share our stories as refugees and speak about how Wolverhampton welcomed us. It felt nice to be heard and to listen to others' stories as well. The event was warm and supportive – there was delicious food, a chance to celebrate people's achievements, and we were given a gift card. I am grateful to have been involved and to be part of such a kind community.
Y10 St Regis Student



The issue of pornography

In today's digital world, children and young people are increasingly exposed to online content that may not be age-appropriate—pornography being one of the most concerning.

As part of our commitment to safeguarding and supporting the wellbeing of our young people, we want to help parents and carers understand the risks and how you can protect and support your child.

Why is this important?

Children can come across pornography accidentally, through pop-ups, social media or even on mainstream websites. Others may seek it out due to curiosity or peer pressure.

Early exposure can have serious impacts:

- **unrealistic expectations:** pornography often presents unhealthy and unrealistic portrayals of relationships, consent and bodies.
- **mental health concerns:** it can lead to confusion, anxiety, shame or compulsive behaviours.
- **impact on relationships:** it may affect how young people view intimacy and gender roles.
- **addiction risk:** repeated exposure can become compulsive, impacting learning, relationships and self-esteem.

What if my child has seen pornography?

- **Stay calm:** reacting with anger or shame can close down communication.
- **Ask open questions:** "What did you see?" or "How did it make you feel?"
- **Reassure:** let them know they're not in trouble and you're there to support them.
- **Guide and educate:** use the moment to teach them about healthy relationships, respect and safe online use.

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In this issue:

- Pornography
- Sleepover safety

HOW CAN PARENTS AND CARERS SAFEGUARD THEIR CHILD FROM PORNOGRAPHY?

Have open conversations

Talk to your child about healthy relationships, consent and online safety. Create a safe space where they feel able to ask questions.



Use parental controls



Install filters and use built-in controls on devices, browsers and apps to block inappropriate content. Regularly review these settings.

Educate on media literacy

Teach your child to think critically about what they see online. Help them understand the difference between real relationships and harmful portrayals.



Be present online

Know which apps, websites and games your child is using. Use them together when possible, and model healthy digital behaviour.



Encourage balance

Support offline interests—sports, arts, reading—to reduce screen dependency.



Keeping your child safe is our number one priority at St Regis Academy.

You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing:

admin@stregisacademy.org.

If it is urgent, please call the school and ask for a DSL.

SPOTLIGHT ON SAFEGUARDING

Sleepover safety

As children grow into teenagers, social independence becomes increasingly important. Sleepovers can be a fun and positive part of adolescence, helping to build friendships and social skills. However, it's also important to consider safety, boundaries and communication—especially as children begin to stay overnight in other households.

Why sleepover safety matters

While most sleepovers happen safe and well, there are potential risks to be aware of:

- lack of supervision or unknown adults present
- exposure to inappropriate content or behaviour (e.g. alcohol, pornography, vaping)
- peer pressure or unsafe dares/challenges
- online risks if phones/devices are used without supervision
- emotional safety: conflicts or exclusion among peers.

KEY QUESTIONS TO CONSIDER BEFORE SAYING YES

BEFORE AGREEING TO A SLEEPOVER, IT'S IMPORTANT TO ASK THE OTHER PARENTS THESE QUESTIONS:

✓ WHO WILL BE SUPERVISING?

Will an adult be present all night?

✓ WHO ELSE IS ATTENDING?

Will boys and girls be mixed? Are older teens involved? Will there be other visiting adults?

✓ WHAT ARE THE RULES IN THE HOUSEHOLD?

E.g. device use, curfews, sleeping arrangements.

✓ HOW CAN YOUR CHILD CONTACT YOU?

If they don't have their own phone, are they able to contact you at any point in the evening?

5 TIPS TO KEEP YOUR CHILD SAFE AT A SLEEPOVER



Have a clear conversation

Talk to your child beforehand about expectations and how to handle uncomfortable situations. Reassure them that they can always contact you.

Set boundaries around devices:

Discuss appropriate phone or internet use. Encourage your child to avoid sharing photos or videos during sleepovers.



Stay informed



Connect with the host parent to confirm plans and supervision. This is important for your child's safety.

Consider a check-in with your child

A call to your child during the evening can reassure both of you.



PLAN A

PLAN B

Have a 'Plan B'

Make sure your child knows they can contact you to come home, even late at night, and that you'll support them if they are ever uncomfortable.

The Enlightened Parent

Remember: It's absolutely acceptable to say "no" or "not yet" if you're not comfortable.

Sleepovers can be a positive experience—but only when your child's safety, comfort and your peace of mind are protected.

From the Chaplain...

Our Bible reading this week is about Saul; devout Jew, Roman citizen and persecutor of the followers of Jesus. Saul was a man who had studied the scriptures and was so sure that his understanding of God was right and that the teachings of Jesus were wrong that he went from house to house throwing into jail and even threatening to murder those who followed Christ.

If I am honest, I have never felt very comfortable around people who claim to have all the answers and to know God's opinion on everything; and in particular those who feel it necessary to point out where everyone else has gone wrong! We humans are only finite after all... how can any one of us hope to fully understand and explain the infinite mind of God? Surely none of us can be right about everything all the time. But the tendency to sometimes feel morally superior to other people is, I suspect, something we all do if we are totally honest. At least if we can recognise this in ourselves we might challenge it and attempt to be more open and compassionate.

God appears in all sorts of mysterious and powerful ways when people least expect it, and time and again we read of God changing minds and hearts. In the story of Saul's conversion (Acts 9) it was Christ who appeared in a bright light and who spoke to Saul, accusing Saul of persecuting him. The experience would be transformational and Saul would go on to dedicate the rest of his life to telling people that Jesus was in fact the Messiah, foretold by the Jewish scriptures, the redemptive and restorative embodiment of God himself.

As we continue to read Saul's story we hear how the early Christians were (understandably) hesitant about accepting Saul amongst them. They had, after all, suffered greatly at his hands. We don't hear, but can perhaps imagine, how Saul's former colleagues would react to his change of heart. We know, after all, how politicians are criticised when they have made U-turns in their policies. Being open to a change of mind is not easy, because it means admitting that we were wrong.

For Christians, one of the most powerful actions of God's Holy Spirit is surely that of constantly working in us day by day, changing our hearts and minds, that we might better reflect God's love and grace in the world around us. And that is something we really can rejoice about!

Words from the hymn Love Divine by Charles Wesley (1747):

Finish, then, thy new creation;
Pure and spotless let us be;
Let us see thy great salvation
Perfectly restored in thee;
Changed from glory into glory
Till in Heav'n we take our place,
Till we cast our crowns before thee,
Lost in wonder, love, and praise!

