

ST REGIS ACADEMY

NEWSLETTER

20th June 2025



MESSAGE FROM MR PARRY

This week started with our annual St Regis Day, marking the Feast Day for St Regis. We had a wide range of activities taking place both on and off-site, including Year 7 visiting All Nations Church and St Peter's Church in town, Year 8 exploring the theme of social injustice and considering ways in which they can be courageous advocates for change, Year 9 students taking part in an exciting Enterprise Day, Year 10 had visitors from 'God and the Big Bang', an organisation that provides interactive workshops where students can develop curiosity and debate skills as they discuss issues around religion and science, Year 12 spending the day visiting the University of Worcester, which we know will help them prepare for visiting other universities and with their UCAS applications.

This was a wonderful day of learning and marked our first-ever St Regis Day, which will become an important date on our calendar.

On Wednesday, we held our awards presentation evening. This event is a highlight on our school calendar and this year's event was our best ever! We started the evening with staff joining students for a sit-down celebration meal before parents joined us for the awards presentations. We were very fortunate to be joined by special guests Amelia Harvey and Dr Ian Terry, our Head boy Elkan and our Director of Sixth, Mrs Leek. It was a magical evening celebrating our students' successes.

Next week we look forward to welcoming our new parents who join us for the Year 7 intake induction evening and also welcome our new Year 12 intake for their induction day.

This weekend we have a Bronze Duke of Edinburgh expedition in Church Stretton for Year 9 students, and we wish them a happy and successful trip.

Lots more to look forward to next week, including our Cricket Academy visiting Lords, Year 8 theatre visit, our Year 6 SEND coffee morning and on Thursday, we host the first-ever Tettenhall 5km race in partnership with Wolverhampton and Bilston Athletics Club!



Mr Parry
Principal



**ST REGIS STARS
OF LAST WEEK!**

- YEAR 7** – Priyanshi S.
- YEAR 8** – Ivy C.
- YEAR 9** – Amanda N.
- YEAR 10** – Joseph K.
- YEAR 12** – Ruta T.



- CHESTER** – Amanda N.
- LICHFIELD** – Priyanshi S.
- WORCESTER** – Max G.
- HOUSE OF THE WEEK
IS LICHFIELD!**



Congratulations to Antonia for guessing the correct number of jelly beans in the jar at our Summer Fayre last week. We hope you enjoy all 842 of them!



The WoW for week beginning 23rd June is:

ATTACHMENT

Word Class	noun
Meaning	<ol style="list-style-type: none"> 1. An extra part or an extension that is connected to something; 2. A feeling that binds someone to another person, thing, cause or idea.
Examples of use	<p>There is an attachment to the email which contains the documents.</p> <p>She formed a strong attachment to her aunt.</p> <p>He had a strong attachment to the campaign</p>
Synonyms	<ol style="list-style-type: none"> 1. <ul style="list-style-type: none"> • Accessory • Extension • Addition 2. <ul style="list-style-type: none"> • Bond • Connection • Attraction

Try to 'catch' your teachers using this work this week!

If you use this word correctly in your response to questions, in discussions or in your written work this week, you will be awarded a positive point on Class Charts.

St Regis Presentation Evening 2025

We held our awards presentation evening on Wednesday and what a truly magical evening it was!

Recognising our amazing students and their hard work is what makes us a strong community.

Congratulations to all award winners for showing what life in all its fullness truly means at St Regis.





It Was a dark night,
Everything was smoky
and burning.

Murtaza
Safari
Afghanistan
Refugee

Dreams Lost, by Atefeh Fayazie, Afghanistan, 2019

I have a family of five. I started my journey in autumn of 2018, when we landed in Greece. I went to a wonderful art class, which gave me the opportunity to express my feelings by painting. This is one of my dreams – it shows a refugee who is struggling with death, and losing her dreams of coming to Europe to achieve her goals.

Complicated Minds, by Murtaza Safari, Afghanistan, 2019
We can never judge others by outward appearances. We all have our inner struggles and complicated minds.

As part of St Regis day on Monday, Year 8 explored the theme of social injustice and considered ways in which they can be courageous advocates for change. They created artwork and poetry to raise awareness of the refugee crisis as part of Refugee Week. They were able to convey the importance of welcoming everyone, showing compassion and sharing hope through their work.



EVERYONE DESERVES
TO LIVE A LIFE WITH
OPPORTUNITIES, AFTER ALL
WE ALL BLEED RED

#REFUGEEWEEK

Enterprise Day



Our Year 9 students took part in an exciting Enterprise Day this week, and what a fantastic day it was!

The event was designed to challenge students to think creatively, work collaboratively and develop their entrepreneurial skills through a series of business themed activities.

From designing innovative services to pitching their ideas to a panel of judges, Year 9 truly rose to the occasion. Their enthusiasm, teamwork and problem solving abilities were on full display throughout the day. It was inspiring to see how confidently they presented their ideas and how well they supported each other.





The issue of pornography

In today's digital world, children and young people are increasingly exposed to online content that may not be age-appropriate—pornography being one of the most concerning.

As part of our commitment to safeguarding and supporting the wellbeing of our young people, we want to help parents and carers understand the risks and how you can protect and support your child.

Why is this important?

Children can come across pornography accidentally, through pop-ups, social media or even on mainstream websites. Others may seek it out due to curiosity or peer pressure.

Early exposure can have serious impacts:

- **unrealistic expectations:** pornography often presents unhealthy and unrealistic portrayals of relationships, consent and bodies.
- **mental health concerns:** it can lead to confusion, anxiety, shame or compulsive behaviours.
- **impact on relationships:** it may affect how young people view intimacy and gender roles.
- **addiction risk:** repeated exposure can become compulsive, impacting learning, relationships and self-esteem.

What if my child has seen pornography?

- **Stay calm:** reacting with anger or shame can close down communication.
- **Ask open questions:** "What did you see?" or "How did it make you feel?"
- **Reassure:** let them know they're not in trouble and you're there to support them.
- **Guide and educate:** use the moment to teach them about healthy relationships, respect and safe online use.

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In this issue:

- Pornography
- Sleepover safety

HOW CAN PARENTS AND CARERS SAFEGUARD THEIR CHILD FROM PORNOGRAPHY?

Have open conversations

Talk to your child about healthy relationships, consent and online safety. Create a safe space where they feel able to ask questions.



Use parental controls



Install filters and use built-in controls on devices, browsers and apps to block inappropriate content. Regularly review these settings.

Educate on media literacy

Teach your child to think critically about what they see online. Help them understand the difference between real relationships and harmful portrayals.



Be present online

Know which apps, websites and games your child is using. Use them together when possible, and model healthy digital behaviour.



Encourage balance

Support offline interests—sports, arts, reading—to reduce screen dependency.



Keeping your child safe is our number one priority at St Regis Academy.

You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing:

admin@stregisacademy.org.

If it is urgent, please call the school and ask for a DSL.

SPOTLIGHT ON SAFEGUARDING

Sleepover safety

As children grow into teenagers, social independence becomes increasingly important. Sleepovers can be a fun and positive part of adolescence, helping to build friendships and social skills. However, it's also important to consider safety, boundaries and communication—especially as children begin to stay overnight in other households.

Why sleepover safety matters

While most sleepovers happen safe and well, there are potential risks to be aware of:

- lack of supervision or unknown adults present
- exposure to inappropriate content or behaviour (e.g. alcohol, pornography, vaping)
- peer pressure or unsafe dares/challenges
- online risks if phones/devices are used without supervision
- emotional safety: conflicts or exclusion among peers.

KEY QUESTIONS TO CONSIDER BEFORE SAYING YES

BEFORE AGREEING TO A SLEEPOVER, IT'S IMPORTANT TO ASK THE OTHER PARENTS THESE QUESTIONS:

✓ WHO WILL BE SUPERVISING?

Will an adult be present all night?

✓ WHO ELSE IS ATTENDING?

Will boys and girls be mixed? Are older teens involved? Will there be other visiting adults?

✓ WHAT ARE THE RULES IN THE HOUSEHOLD?

E.g. device use, curfews, sleeping arrangements.

✓ HOW CAN YOUR CHILD CONTACT YOU?

If they don't have their own phone, are they able to contact you at any point in the evening?

5 TIPS TO KEEP YOUR CHILD SAFE AT A SLEEPOVER



Have a clear conversation

Talk to your child beforehand about expectations and how to handle uncomfortable situations. Reassure them that they can always contact you.

Set boundaries around devices:

Discuss appropriate phone or internet use. Encourage your child to avoid sharing photos or videos during sleepovers.



Stay informed



Connect with the host parent to confirm plans and supervision. This is important for your child's safety.

Consider a check-in with your child

A call to your child during the evening can reassure both of you.



PLAN A

PLAN B

Have a 'Plan B'

Make sure your child knows they can contact you to come home, even late at night, and that you'll support them if they are ever uncomfortable.

The Enlightened Parent

Remember: It's absolutely acceptable to say "no" or "not yet" if you're not comfortable.

Sleepovers can be a positive experience—but only when your child's safety, comfort and your peace of mind are protected.

From the Chaplain...

This week has been a bit of a whirlwind at school. On Monday we marked St Regis Day with activities which took us out of the classrooms and engaged us in reflecting on our relationship with God and with the world around us. Jean François Régis was born in France at the end of the sixteenth century and served as a monk and a priest with a particular heart for the poor, orphans and plague victims. He was known for his healing ministry and for his great faith. Indeed, our worship theme this week has been God's healing Spirit and our Year 7 Worship Leaders have done a great job in leading our reflections on the different aspects of healing needed in our society and on the hope and transformation which healing can bring.

This week is also Refugee Week and the theme 'Community as a Superpower' reminds us very much of the theme we used for our diversity celebrations in May: Ubuntu. I am, because we are. As a School of Sanctuary we are encouraging one another to be curious, to ask questions and to be good listeners as we welcome and celebrate the gifts of those different to ourselves.

Our school community is currently very aware of the escalating violence in the Middle East and the traumatic impact that is having on some of our students and their families in particular. David Hardman has been living in Jerusalem for the past two years as the Methodist Liaison Officer and says this:

'How do I feel? Angry. Angry at world leaders who still believe peace can be forged through war. Governments that pour endless resources into military build-up while refusing to invest in the very things that sustain peace—education, dialogue, cooperation. I am angry at the church, too, for legitimizing war through 'Just War' theory instead of offering a real vision for peace—one rooted in justice, reconciliation, and nonviolence.

I have walked where Jesus walked, lived under occupation as He did, and seen first-hand how oppression crushes lives. And I am more certain than ever—peace will never come through force. It must be built through justice and a relentless, nonviolent struggle.'

Gracious God,

We lift before you all those impacted by this escalation. We ask your blessing on peacebuilders everywhere. Strengthen our resolve to be people of your peace and to bring your healing and hope wherever there is brokenness and despair. Amen

