

# ST REGIS ACADEMY

## NEWSLETTER

13<sup>th</sup> June 2025



**FLOURISH**

### MESSAGE FROM MR PARRY

Last night we held our first ever summer open event at St Regis, and it was a huge success. We had a whole range of exciting activities taking place in school, from: pizzas being made in our wood-fired pizza oven in the nature reserve, a giant inflatable dart board, amazing face painting, an archaeological dig, science experiments, maths games, staff table tennis challenges, the fitness suite, and a cake sale with cakes made by our students and sold for charity.

The Friends of St Regis, our very first PTA, were instrumental in helping to organise the event and supplied a refreshment stall which raised money to go back into the Academy to benefit our students. It was great to welcome many families with students in Year 4, 5 and 6 through the doors to see what St Regis has to offer. The site looked fantastic and the atmosphere was lovely.

On Monday we celebrate our very first St Regis Day, which is held on the Feast Day of St Regis. The day will see students experience a drop-down timetable with a range of year-group-specific activities being offered throughout the day. It promises to be an excellent day, and we look forward to celebrating together as a school.

Next week, we also look forward to our end-of-year Awards Evening and this is always a very special event. One of the marquee events on our calendar. We look forward to welcoming some wonderful students with their parents to be presented with their awards from our Chair of Governors and a special guest of honor. We also have a range of visits taking place next week, including: Year 8 at the Big Bang Science Fair, Year 7 visiting a local gurdwara, a Duke of Edinburgh expedition, and students visiting the Black Country Museum. We also mark Refugee Week next week, which always has a special place on our school calendar as an accredited 'School of Sanctuary'.



**Mr Parry**  
Principal



**ST REGIS STARS  
OF LAST WEEK!**

**YEAR 7** – Janelle O.  
**YEAR 8** – Vedant S.  
**YEAR 9** – Daniel O.  
**YEAR 10** – Shriya P.  
**YEAR 11** – Chloe B.  
**YEAR 12** – Abigail K.



**CHESTER** – Bethiah S.  
**LICHFIELD** – Priyanshi S.  
**WORCESTER** – Vedant S  
**HOUSE OF THE WEEK  
IS CHESTER!**



**Our other  
St Regis  
stars of the  
week!**

**Belle and  
Trix**





**On Thursday we held our first ever Summer Fayre.**

**It was a lovely evening with a fantastic atmosphere and we were thrilled to be able to showcase our amazing facilities.**



**The year 12 geography students spent most of last week enjoying the sights and sounds of rural Cornwall during their annual residential visit to The Eden Project. Both staff and students were blown away by the majesty that Cornwall had to offer and were treated to four glorious days of sunshine. Students were a credit to the school and spent the whole week not only enjoying the awe-inspiring landscape but also working incredibly hard gathering data for their upcoming coursework project.**



## ST REGIS WINS GOLD



We are delighted to announce that we, St Regis Church of England Academy, have achieved the School Games Gold Mark Award for the 2024/25 academic year.

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success.

Our sporting achievements this year include:  
Gold in Volleyball  
Silver in the Year 11/6th Form Football League  
Athletic runners representing Wolverhampton

With a total of young people competing in local inter-school competitions this year, we are extremely proud of our pupils for their dedication to all aspects of school sport, including those young volunteers, leaders and officials who made our competitions possible.

As part of our application, we were asked to fulfil criteria in the areas of participation, competition, workforce and clubs, and we are pleased that the hard work of everyone at our school has been rewarded this year.

A special thanks to:  
All pupils involved  
Parent/Carers  
PE Team

We look forward to applying once again in 2026!

**Gold for St Regis!**



**Fantastic News! We have won Gold School Games Mark for 2024/25!**

**Great commitment and engagement from all in the School Games. Well done to all athletes involved!**





# JOIN US AT THE LIFE BEYOND SCHOOL YOUTH SUMMIT!

This year, we'll be exploring modern work experiences and how to kickstart your career.

You can enjoy activities including a play, lived experience panel, and workshops, as well as explore an Employer Marketplace.

Your ideas will help shape the work of the West Midlands Combined Authority, so you can have an impact on the region.

Come along, connect with peers, and jump into life beyond school!

📍 10 July, 5pm - The Studio, Birmingham

Register here: <https://bit.ly/4mzmQgz> #WMYOUTHSummit2025



West Midlands  
Combined Authority  
CAREERS HUB

CAREERS &  
ENTERPRISE  
COMPANY



### **Did you know that you can manage your child's healthcare via the NHS App?**

The NHS App offers a convenient and secure way for patients in England to manage their healthcare online by obtaining access to their children's NHS Health Records via the NHS App.

Users can book GP appointments, order repeat prescriptions, view their medical records, and access NHS services. It helps reduce waiting times and improves access to health information, empowering patients to take control of their care.

For parents or carers, the NHS App also allows you to:

- Order repeat prescriptions on your child's behalf.
- Book and cancel appointments for you child.
- View allergies, immunisations, health information and much more.

To set this up, contact your GP surgery and request proxy access, which may require completing a form and providing identification. Once approved, you can access your child's medical record and services through your own NHS App account.

For more information please visit:

<https://www.nhs.uk/nhs-services/gps/gp-services-for-someone-else-proxy-access/how-to-get-proxy-access/>

<https://blackcountry.icb.nhs.uk/your-health/health-advice/nhs-app>





# SEND

# FREE

## Sports Provision

### Football:



**Monday**

5-6pm – Under 16

6-7pm – 16+



**City of Wolverhampton College,**  
Wellington Road, WV14 6BT



**Tuesday**

5-6pm – 11-18 years of age



**Ashmore Park Hub,**  
Griffiths Drive, Ashmore Park,  
WV11 2LH



**Thursday**

5-6pm – 11-18 years of age



**Football & Multisports**  
**Wolves Foundation Arena,**  
WVActive, Aldersley Road,  
WV6 9NW

For more information,  
please contact Gavin Jones:  
[gavinjones@wolves.co.uk](mailto:gavinjones@wolves.co.uk)  
or call **07572 167347**



**Wolves**  
Foundation



**COMMUNITY**  
FUND



# SEND

## Primary Football



**Westcroft School,**  
Greenacres Avenue; Underhill;  
Wolverhampton; WV10 8NZ



**Wednesdays 5-6pm**

We are excited to announce the launch of our new football sessions tailored specifically for primary-aged children with special educational needs and disabilities (SEND). These sessions aim to provide a fun, inclusive, and supportive environment where every child can enjoy playing football, regardless of their abilities.



**Wolves**  
Foundation

CITY OF  
WOLVERHAMPTON  
COUNCIL

**BOOK  
NOW**





### The issue of pornography

In today's digital world, children and young people are increasingly exposed to online content that may not be age-appropriate—pornography being one of the most concerning.

As part of our commitment to safeguarding and supporting the wellbeing of our young people, we want to help parents and carers understand the risks and how you can protect and support your child.

### Why is this important?

Children can come across pornography accidentally, through pop-ups, social media or even on mainstream websites. Others may seek it out due to curiosity or peer pressure.

### Early exposure can have serious impacts:

- **unrealistic expectations:** pornography often presents unhealthy and unrealistic portrayals of relationships, consent and bodies.
- **mental health concerns:** it can lead to confusion, anxiety, shame or compulsive behaviours.
- **impact on relationships:** it may affect how young people view intimacy and gender roles.
- **addiction risk:** repeated exposure can become compulsive, impacting learning, relationships and self-esteem.

### What if my child has seen pornography?

- **Stay calm:** reacting with anger or shame can close down communication.
- **Ask open questions:** "What did you see?" or "How did it make you feel?"
- **Reassure:** let them know they're not in trouble and you're there to support them.
- **Guide and educate:** use the moment to teach them about healthy relationships, respect and safe online use.

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In this issue:

- Pornography
- Sleepover safety

## HOW CAN PARENTS AND CARERS SAFEGUARD THEIR CHILD FROM PORNOGRAPHY?

### Have open conversations

Talk to your child about healthy relationships, consent and online safety. Create a safe space where they feel able to ask questions.



### Use parental controls



Install filters and use built-in controls on devices, browsers and apps to block inappropriate content. Regularly review these settings.

### Educate on media literacy

Teach your child to think critically about what they see online. Help them understand the difference between real relationships and harmful portrayals.



### Be present online

Know which apps, websites and games your child is using. Use them together when possible, and model healthy digital behaviour.



### Encourage balance

Support offline interests—sports, arts, reading—to reduce screen dependency.



Keeping your child safe is our number one priority at St Regis Academy.

You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing:

[admin@stregisacademy.org](mailto:admin@stregisacademy.org).

If it is urgent, please call the school and ask for a DSL.

# SPOTLIGHT ON SAFEGUARDING

## Sleepover safety

As children grow into teenagers, social independence becomes increasingly important. Sleepovers can be a fun and positive part of adolescence, helping to build friendships and social skills. However, it's also important to consider safety, boundaries and communication—especially as children begin to stay overnight in other households.

## Why sleepover safety matters

While most sleepovers happen safe and well, there are potential risks to be aware of:

- lack of supervision or unknown adults present
- exposure to inappropriate content or behaviour (e.g. alcohol, pornography, vaping)
- peer pressure or unsafe dares/challenges
- online risks if phones/devices are used without supervision
- emotional safety: conflicts or exclusion among peers.

## KEY QUESTIONS TO CONSIDER BEFORE SAYING YES

BEFORE AGREEING TO A SLEEPOVER, IT'S IMPORTANT TO ASK THE OTHER PARENTS THESE QUESTIONS:

### ✓ WHO WILL BE SUPERVISING?

Will an adult be present all night?

### ✓ WHO ELSE IS ATTENDING?

Will boys and girls be mixed? Are older teens involved? Will there be other visiting adults?

### ✓ WHAT ARE THE RULES IN THE HOUSEHOLD?

E.g. device use, curfews, sleeping arrangements.

### ✓ HOW CAN YOUR CHILD CONTACT YOU?

If they don't have their own phone, are they able to contact you at any point in the evening?

## 5 TIPS TO KEEP YOUR CHILD SAFE AT A SLEEPOVER



### Have a clear conversation

Talk to your child beforehand about expectations and how to handle uncomfortable situations. Reassure them that they can always contact you.

### Set boundaries around devices:

Discuss appropriate phone or internet use. Encourage your child to avoid sharing photos or videos during sleepovers.



### Stay informed



Connect with the host parent to confirm plans and supervision. This is important for your child's safety.

### Consider a check-in with your child

A call to your child during the evening can reassure both of you.



### PLAN A

### PLAN B

### Have a 'Plan B'

Make sure your child knows they can contact you to come home, even late at night, and that you'll support them if they are ever uncomfortable.

The Enlightened Parent

**Remember:** It's absolutely acceptable to say "no" or "not yet" if you're not comfortable.

Sleepovers can be a positive experience—but only when your child's safety, comfort and your peace of mind are protected.

# From the Chaplain...

*I will pour out my Spirit on all people.  
Your sons and daughters will prophesy,  
your old men will dream dreams,  
your young men will see visions. (Joel 2:28)*

This has been a week for reflecting on the Pentecost story and the fulfilment of Joel's prophecy. We have heard again how Jesus' disciples, around one hundred and twenty of them, gathered together in a room, were overwhelmed with the encouraging and enabling power of God's Holy Spirit. Suddenly their fear was gone. Energised and enlivened they burst out of the room and into the street proclaiming God's great deeds in every known language; languages they had never learnt and had never spoken before. All the people who heard them were astounded and stopped to see what was going on. As Peter spoke to them, reminding them that this was all foretold by the prophets, explaining the identity of Jesus and the meaning of recent events, the crowds were caught up in the enthusiasm, the belief and the desire to be part of all that God was doing. Three thousand people joined the believers that day.

Knowing that bad news and 'fake news' can spread like wildfire it is encouraging to hear this story of people being drawn in, of lives being changed and of God's love being spread through the power of a good news story. I wonder if we recognise the part we might play in this transformation?

We are regularly invited to show our appreciation for colleagues who we feel deserve thanks and recognition for their efforts and compassion and recently this took the form of a small green card. It doesn't seem like much, but the thought made a difference and brought a smile. Similarly, a friend who works hard seven days a week in a village shop told me yesterday that a customer had praised him on social media and that the comment had spread quickly around the village bringing in new custom and even reaching the ears of his boss. Isn't it great when hard work is recognised!

God's Spirit was never meant to be kept in a box for special occasions or destined just for the chosen few: 'I will pour out my Spirit on all people', says God. Whether yours is the gift of knowledge, of strength, or great faith or of encouraging others, whatever your gift, let us all be open to recognising and giving thanks for the gifts we receive and for those we see in others. Good news makes a difference and we are all commissioned to tell it!

