

ST REGIS ACADEMY

NEWSLETTER

28th March 2025



FLOURISH

MESSAGE FROM MR PARRY

It feels remarkable that we are approaching the final two weeks of the spring term as Easter quickly approaches. I will be writing to all parents shortly to confirm end-of-term arrangements and highlight some key information for the summer term. It has been a wonderful spring term here at St Regis, with many exciting opportunities being offered to our young people. The summer term is always enjoyable as the weather improves, and we have some superb events such as:

- Our first Summer Fayre/Open evening taking place on Thursday 12th June.
- Our first St Regis day on Monday 16th June.
- Our Culture and Identity day is on Friday 2nd May, which is always a brilliant day at the Academy.

We will also be supporting our Year 11 and Year 13 students through their final exam preparations and into the examination season. We recognise this is always a challenging time for students but are confident we have done everything we can to best prepare them and will support them throughout the process.

In the remaining weeks of this term, we have much to look forward to: our fourth Speech, Listening and Discussion ("SALAD") Day; our whole-school church services; and our end-of-term rewards experience.

Finally, Eid Mubarak to all of our families and school community observing Ramadan at this time. And Happy Navratri to our Hindu families.



**ST REGIS STARS
OF LAST WEEK!**

- YEAR 7** - Arya Q.
- YEAR 8** - Bagzada J.
- YEAR 9** - Afham S.
- YEAR 10** - Shriya P.
- YEAR 11** - India A.
- YEAR 12** - Laura A.
- YEAR 13** - Phoebe C.

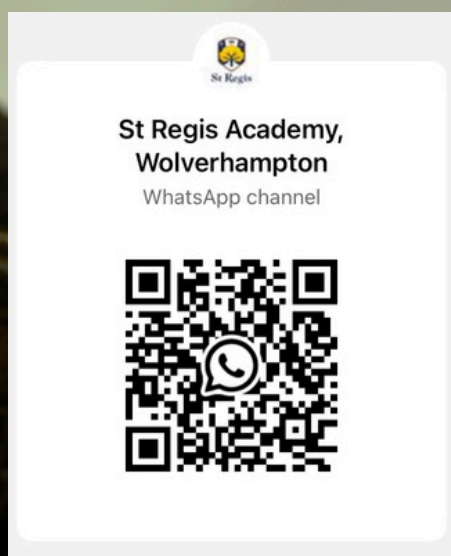


CHESTER - Arya Q.
LICHFIELD - Priyanshi S.
WORCESTER - Shriya P.
**HOUSE OF THE WEEK
IS CHESTER!**

CALLING ALL PARENTS!



**Join the St Regis WhatsApp Channel
Scan the code or use the link below**



<https://whatsapp.com/channel/0029VafLsyxBfxo8mn3Ok419>



We're using Arbor's free Parent Portal and Parent App



We've chosen Arbor to help us manage our school.

Arbor is a simple, smart and cloud-based MIS (Management Information System), which helps us work faster, smarter and more collaboratively as a school. The Parent App and Parent Portal mean we can keep you informed about your child's life at school in a much more accessible way. Log into Arbor to see and update your child's information, get live updates and make payments or bookings on the go! The Parent Portal works on Google Chrome (computer or laptop) and you can download the Parent App from the App Store or Google Play Store on your phone (Android 5.0; iOS 10.0 and upwards).

How to get started

- 1.Wait for your welcome email from us telling you Arbor is ready - you won't be able to log in before
- 2.Click the link in your welcome email to set up your password
- 3.Go to the App or Google Play Store on your phone and search 'Arbor'
- 4.Click 'Install' on Android or 'Get' on iPhone then open the App
- 5.Enter your email, select the school, then enter your password
- 6.Accept the Terms & Conditions and enter your child's birthday

The Sunnyville School of Magic
W10 5BN, London, GBR

Enter your password

Log in

Forgotten password?

Need help using Arbor?

Contact the school office if you have questions about Arbor, the App or Parent Portal. Tell us the type and model of your phone, e.g. an iPhone SE, and include screenshots or screen recordings.

To safeguard student data in line with General Data Protection Regulations (GDPR), Arbor only works directly with schools.

Some tips to try:

- 1.Ensure your username is the email address you use for Arbor. Ask us to **check the email address** linked to your account.
- 2.**Reset your password** from the login page, or ask us to do this.
- 3.If the login email was sent to you more than 96 hours ago, the

password link will have expired. Ask us to send it again.

- 4.Ask the school office to check that your email address has not been used twice - e.g. on another guardian or child's profile.

Enter the birthday of one of your children to log in.

5.

- 6.Only relatives who are **Primary Guardians** of a child can access the Arbor App. Ask us to check you can access Arbor.



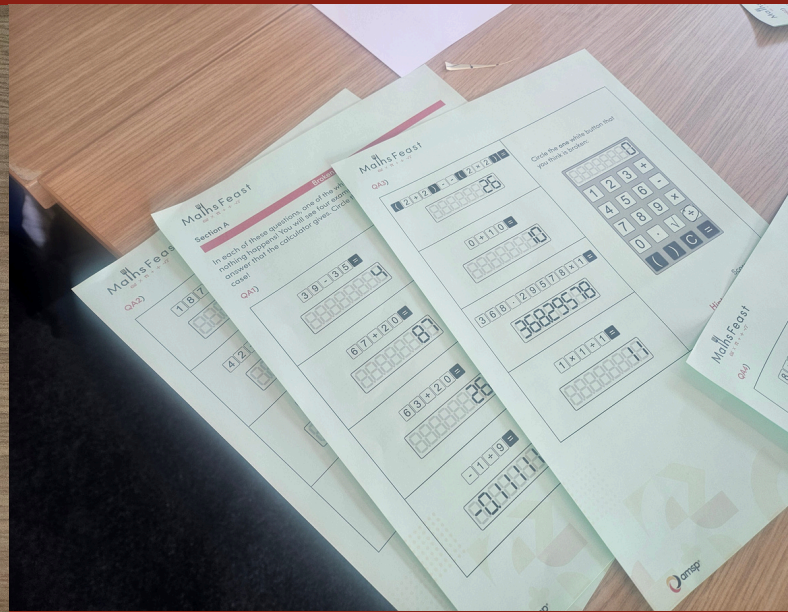
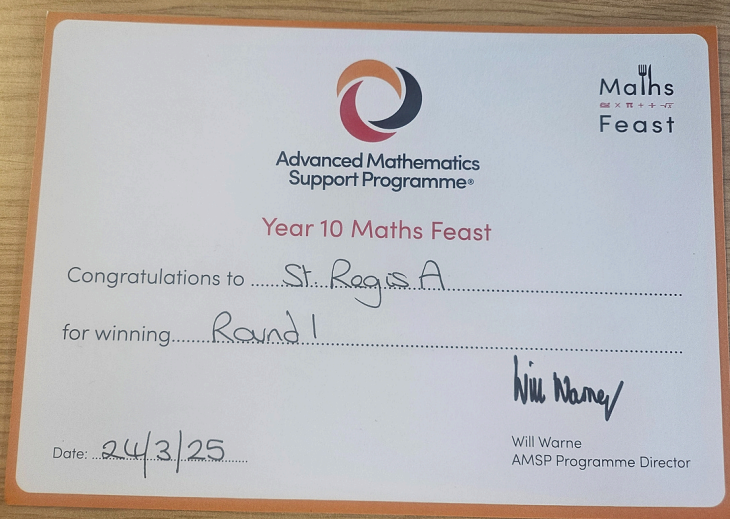
Kabaddi World Cup



This week, our students attended the Kabaddi World Cup being hosted at Aldersley Stadium and in England for the first time ever! The students had a fantastic day and loved the experience of watching a new and upcoming sport. All students demonstrated fantastic behaviour and were great role models when representing the St Regis.



Maths Fest



This week, Year 10 students took part in Maths Feast, a team competition testing problem solving and communication skills. All students enjoyed the challenging yet rewarding puzzles, with additional congratulations to Raghav, Muaaz, Darasimi and Emanuela who finished 3rd overall in the event. Winning 2 rounds in the process!



English

As part of our commitment to improving our students use of oracy (spoken language skills and listening skills), we are focusing on encouraging the use of higher tier vocabulary. This will help students to communicate more effectively and to understand how to apply vocabulary effectively and accurately, whilst also enriching their own knowledge and use of language.

Each Monday, a word will be shared with students via the school bulletin presentation which will have a cross-curricular purpose. Students will be told which word class it falls under (adjective, noun etc.) and given a definition and example so that they can use the word in its correct context. Staff will model the use of the new vocabulary during their teaching throughout that week.

Students will be encouraged to use the new vocabulary in their lessons throughout the week, either through oracy activities, such as discussion or as an extended response, or in their written work. They will be rewarded with positive Word of the Week points on Class Charts for successful use of the new vocabulary.

It is our aim to increase our students' knowledge of more sophisticated vocabulary as this is proven to be crucial for effective communication, enhanced academic success and a better understanding of the world around us. The Word of the Week (WoW) will be shared in the newsletter each Friday and we would love it if parents and carers could discuss the vocabulary at home and encourage its use to support our efforts to enhance communication.

The WoW for week beginning 31st March is:

EXEMPLIFIED

Word Class	Verb (past tense)
Meaning	When something is illustrated or proven by giving an example
Examples of use	<p>'This is exemplified through the writer's use of...'</p> <p>'His performance on the pitch exemplified the spirit of sportsmanship.'</p> <p>'The success of the project was exemplified in the increased results.'</p>
Synonyms	<p>Illustrated</p> <p>Demonstrated</p> <p>Embodied</p> <p>Depicted</p> <p>Evidenced</p> <p>Shown</p>

Ramadan GRAB BAG

DURING THIS RAMADAN INNOVATE ARE OFFERING GRAB BAGS FOR YOU TO TAKE AND ENJOY AT HOME TO BREAK YOUR FAST

EACH GRAB BAG INCLUDES:

Dates

Apple &
Mango
Juice

Vegetable
Samosa

AVAILABLE EVERY SCHOOL DAY
FROM THE FIRST DAY OF
RAMADAN UNTIL EID AL FITR
COLLECT YOURS AFTER SCHOOL
FROM THE RESTAURANT!

£ 2.60

*All Grab Bags are available at
the price of a free school meal

COMING UP... CELEBRATE EID AL FITR WITH US THIS MARCH!

EASTER WITH REFLEXIONS

APRIL 2025

15th

Low Mood Webinar

10am-11am

Microsoft Teams



Managing SATs

10:30am - 12:30pm

Arts & Crafts

Art Gallery,
Wolverhampton
WV1 1DU



Managing GCSE's

2pm - 4pm

Boxing & Exercise

Graiseley Family Hub,
Wolverhampton
WV2 4NE

16th

22nd

Anxiety Webinar

4pm-5pm

Microsoft Teams



Managing SATs

10:30am - 12:30pm

Arts & Crafts

Art Gallery,
Wolverhampton
WV1 1DU



23rd

For additional information or brief sign up form to register your attendance for any of the above events, please email bchft.reflexions@nhs.net.





SPOTLIGHT ON SAFEGUARDING

Working together to keep our young people safe

Secondary | March 2025

Knife crime is a growing concern in many communities, affecting young people and their families. While most children will never become involved, it's important for parents to stay informed and engaged. Understanding the risks, recognising warning signs and having open conversations can help keep our children safe.

In this issue:
Knife crime
Sexism and misogyny

The reality of knife crime

Knife crime is not just a problem in major cities; it can happen anywhere. Although most young people do not carry knives, those who do—whether for self-defence or due to peer pressure—significantly increase their risk of harm.

What you can do as a parent:

- **listen without judgment** - children need to feel safe talking to you. Create an environment where they know they can share their worries without fear of punishment.
- **know who they're with** - peer pressure is one of the biggest influences on a child's decisions. Encourage positive friendships and stay aware of who they are spending time with.
- **check their belongings if you're worried** - if you suspect your child is carrying a knife, don't ignore your instincts. It is your right and responsibility to ensure their safety.
- **reach out for support**- if you are concerned, there are organisations that can help. Schools, local youth services and even the police can provide guidance and intervention before it's too late.

CONVERSATIONS ABOUT KNIFE CRIME
These can feel difficult but the way you approach it makes all the difference. Here's how to start the conversation:

MAKE IT NATURAL, NOT A 'BIG TALK'
Chat while doing everyday things like driving, shopping or washing up. Use news stories as conversation starters.

BE HONEST ABOUT YOUR FEARS
Carrying a knife doesn't keep them safe, it puts them in more danger. Walking away isn't cowardly, it's smart. The risks? Injury, arrest or even losing their life.

HELP THEM MAKE SAFE CHOICES
Talk about signs that a friend might be getting involved and how to say 'No' if someone asks them to hold a weapon.

STICK TO THE FACTS
The law is clear: carrying a knife without a valid reason is illegal. They can be searched, arrested and face up to four years in prison, even if they haven't used it.

Early intervention can prevent a tragedy. Having regular, open conversations, and staying informed about the risks, can help keep your child safe.

Knife crime can impact any family, regardless of your identity or background.

Be vigilant for these warning signs:

- ✓ Unexplained cash or new possessions
- ✓ Secretive behaviour or sudden mood changes
- ✓ Avoiding school or staying out late
- ✓ Carrying a knife for 'protection' or because it was 'found.'



Keeping your child safe is our number one priority at St Regis Academy. You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: admin@stregisacademy.org. If it is urgent, please call the school and ask for a DSL.

SPOTLIGHT ON SAFEGUARDING

Safeguarding against sexism and misogyny Sexism and misogyny are increasingly present in online spaces, shaping how young people perceive gender roles and relationships. Social media, gaming and online influencers can promote harmful ideas that normalise disrespectful behaviour toward women and girls. These influences can impact how teens interact with peers, form relationships and view their own self-worth. As parents, understanding these issues is essential in helping young people develop respectful, healthy attitudes towards gender equality.

Spotting the signs

Recognising early signs of exposure to sexist or misogynistic content can help parents intervene before these views take root.

What to look out for:



How social media and gaming contribute

Many online spaces subtly (or overtly) reinforce sexist views. Here's how:

- **social media algorithms:** platforms like TikTok, YouTube and Instagram use algorithms that push extreme or controversial content, sometimes leading young people down a path of increasingly sexist narratives.
- **gaming culture:** online multiplayer games often contain toxic environments where sexist language and behaviours are normalised. Female gamers frequently report harassment, reinforcing a culture of exclusion and hostility.
- **influencer culture:** certain influencers cater to young male audiences by portraying women as inferior or by blaming feminism for societal problems, shaping how boys and young men perceive gender roles.
- **meme culture and dark humour:** sexist jokes and memes can desensitise young people, making them think these attitudes are harmless or just 'edgy humour.'

What parents can do Helping your child develop critical thinking skills and fostering open conversations can counteract harmful influences. Here's how:

1. Encourage open conversations

- Ask non-judgmental questions like: "What do you think about how women are portrayed in media?" or "Have you noticed any sexist comments in your online spaces?" Share real-world examples and encourage discussion.

2. Challenge harmful views

- If your child repeats a sexist stereotype, ask them where they heard it and gently challenge it with facts and different perspectives. Teach them to critically evaluate online content and question sources.

3. Be a role model

- Demonstrate respect and gender equality at home. Avoid reinforcing traditional gender roles and challenge stereotypes in everyday conversations.

4. Set digital boundaries

- Monitor your child's online activity.
- Encourage a balanced media diet, including positive representations of gender equality.
- Use parental controls where necessary but prioritise open dialogue over strict monitoring.

By staying informed and engaged, parents can play a crucial role in shaping their children's perspectives on gender and respect. Open discussions and guidance help young people develop the tools they need to navigate online influences and build respectful relationships in the real world.

From the Chaplain...

Jesus told this parable (Luke 13: 6-9):

“A man had a fig tree growing in his vineyard, and he went to look for fruit on it but did not find any. So he said to the man who took care of the vineyard, ‘For three years now I’ve been coming to look for fruit on this fig tree and haven’t found any. Cut it down! Why should it use up the soil?’

“‘Sir,’ the man replied, ‘leave it alone for one more year, and I’ll dig around it and fertilize it. If it bears fruit next year, fine! If not, then cut it down.’”

Let us put ourselves in the place of the vineyard owner, first of all. We are frustrated at things not going the way we had planned and we want to give up, cut our losses and pour our efforts into something more rewarding. We have all been there, haven’t we? We know the disappointment of investing ourselves and our hopes in a project which doesn’t bear fruit. But before we make a decision, let’s explore the other characters in the story.

Let’s put ourselves in the place of the fruitless tree. Perhaps we have been there too. Perhaps we have known what it is not to live up to the expectations of others or to be judged by them. Some of us might have felt we have let ourselves down. We might even feel we have been rejected by others. But this is not the end of the story: there is a gardener in the story who speaks up for the tree, who pleads for patience and another chance. Have we experienced someone defending us, showing us generosity and patience and believing in us when all others (perhaps even ourselves) have given up on us? And if so, how did that feel? What effect did that person’s belief have on our desire to succeed?

It might be that we have played the role of the gardener ourselves. We may have been that advocate for someone else, the one person who recognised their hidden potential. I wonder what it was that motivated us? We might not even know the difference we made when we did that.

Let’s go back to the vineyard owner. Perhaps we are starting to feel differently now. We might be starting to question whether we are partly responsible for the tree’s failure to produce fruit: did we do all we could to meet its needs? Did we give the necessary nourishment and attention for the tree to flourish?

The parable ends there. As is often the case in life, we never find out what happened to the fig tree. But perhaps we have changed our position as we read the parable. Perhaps we are now standing alongside the gardener in saying that we should give the tree another chance?

Our God sees the hidden potential in us, even when nobody else can, even when we can’t see it ourselves. Our God is generous, patient and merciful and nothing we offer is ever wasted by God, though our fruit and the fruit of our efforts and the fruit of those we try to encourage might take time to develop. It will be worth the wait!

