

# ST REGIS ACADEMY

## NEWSLETTER

14th March 2025



**FLOURISH**

### MESSAGE FROM MR PARRY

We have had a wonderful week here at St Regis and enjoyed welcoming the Education Endowment Foundation (EEF) into school to complete some research regarding student attendance. This is due to the fantastic improvements we have made this academic year in our attendance figures, which are above the regional and national average. Thank you to all of our parents for their support in getting students here each day. It has a great impact on the progress students make, and it is much appreciated.

We have recently been accredited with the Sandwell Well-Being Charter Mark, which is a program that demonstrates our commitment to improving the mental health and well-being of everyone connected with the school. The Charter Mark consists of three elements:

- The Charter Mark School Audit
- The Healthy Mind, Happy Me Curriculum
- The Pupil Well-being Survey

We are very proud of the work we do here at St Regis Academy to prioritise the well-being of our students, staff and parents day-in, day-out. Thank you to all staff, students and parents that were involved with the accreditation process, as it was lengthy and thorough. Our accreditation to this program has been recognised by Wolverhampton Local Authority and the Three Spires Trust.



**ST REGIS STARS  
OF LAST WEEK!**

- YEAR 7** - Logan H-W.
- YEAR 8** - Babban J.
- YEAR 9** - Amanda N.
- YEAR 10** - Precious Adu B.
- YEAR 11** - Chancelor D.
- YEAR 12** - Khirman A.
- YEAR 13** - Ellie D

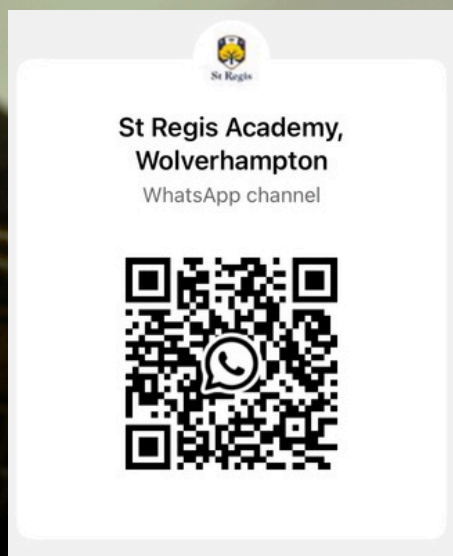


**CHESTER** - Amanda N.  
**LICHFIELD** - Chancelor D.  
**WORCESTER** - Babban J.  
**HOUSE OF THE WEEK  
IS CHESTER!**

**CALLING ALL PARENTS!**



**Join the St Regis WhatsApp Channel  
Scan the code or use the link below**



<https://whatsapp.com/channel/0029VafLsyxBfxo8mn3Ok419>



# We're using Arbor's free Parent Portal and Parent App



## We've chosen Arbor to help us manage our school.

Arbor is a simple, smart and cloud-based MIS (Management Information System), which helps us work faster, smarter and more collaboratively as a school. The Parent App and Parent Portal mean we can keep you informed about your child's life at school in a much more accessible way. Log into Arbor to see and update your child's information, get live updates and make payments or bookings on the go! The Parent Portal works on Google Chrome (computer or laptop) and you can download the Parent App from the App Store or Google Play Store on your phone (Android 5.0; iOS 10.0 and upwards).

## How to get started

- 1.Wait for your welcome email from us telling you Arbor is ready - you won't be able to log in before
- 2.Click the link in your welcome email to set up your password
- 3.Go to the App or Google Play Store on your phone and search 'Arbor'
- 4.Click 'Install' on Android or 'Get' on iPhone then open the App
- 5.Enter your email, select the school, then enter your password
- 6.Accept the Terms & Conditions and enter your child's birthday

The Sunnyville School of Magic  
W10 5BN, London, GBR

Enter your password

Log in

Forgotten password?

## Need help using Arbor?

**Contact the school office if you have questions about Arbor, the App or Parent Portal.** Tell us the type and model of your phone, e.g. an iPhone SE, and include screenshots or screen recordings.

To safeguard student data in line with General Data Protection Regulations (GDPR), Arbor only works directly with schools.

### Some tips to try:

- 1.Ensure your username is the email address you use for Arbor. Ask us to **check the email address** linked to your account.
- 2.**Reset your password** from the login page, or ask us to do this.
- 3.If the login email was sent to you more than 96 hours ago, the

**password link will have expired.** Ask us to send it again.

- 4.Ask the school office to check that your email address has not been used twice - e.g. on another guardian or child's profile.

**Enter the birthday** of one of your children to log in.

5.

- 6.Only relatives who are **Primary Guardians** of a child can access the Arbor App. Ask us to check you can access Arbor.



**Sign up by the 28th March to be entered into a prize draw for a £25 Amazon voucher!**



All the students (and Miss Key) were fantastic and thoroughly enjoyed their first visit to the prestigious 'All England Badminton Finals'. They got to see international athletes from all corners of the world descend into Birmingham to compete at the highest level. This gave our students the opportunity to see what top-level sport is all about. We were also very lucky to see our very own English athletes mixed badminton pair (Greg & Jenny Mairs) win their match against a Thai mixed pair to advance to the next round. A great atmosphere with thousands cheering them on!



# History

In history, Year 8 are learning about the American West. As part of their extended learning, they were tasked with designing a teepee. Here are some examples of the work pupils have produced.



In PSHE this week, all year groups have had the opportunity to learn more about the role of a young carer. They have looked at case studies and considered the roles and responsibilities young carers have. Alongside our young carers group and the awareness event on Wednesday, we hope this will help our whole school community to understand and nurture each other and flourish together.

# Ramadan GRAB BAG

DURING THIS RAMADAN INNOVATE ARE OFFERING GRAB BAGS FOR YOU TO TAKE AND ENJOY AT HOME TO BREAK YOUR FAST

EACH GRAB BAG INCLUDES:

Dates

Apple &  
Mango  
Juice

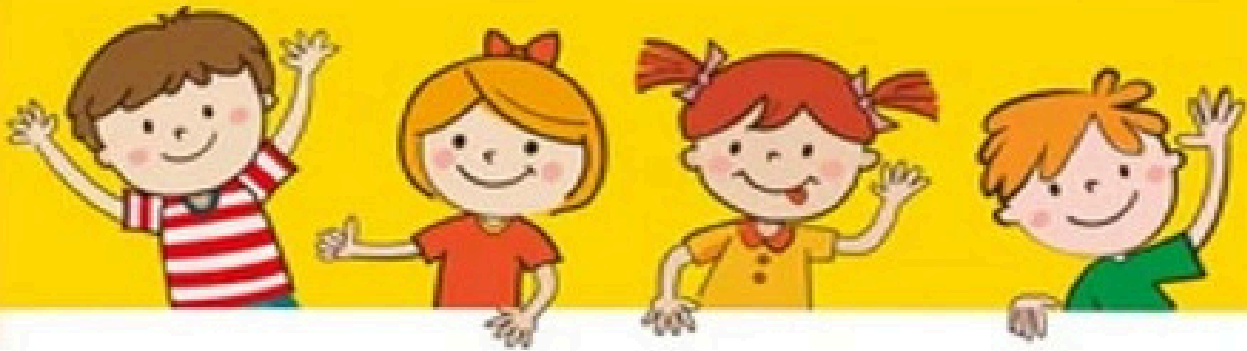
Vegetable  
Samosa

AVAILABLE EVERY SCHOOL DAY  
FROM THE FIRST DAY OF  
RAMADAN UNTIL EID AL FITR  
COLLECT YOURS AFTER SCHOOL  
FROM THE RESTAURANT!

£ 2.60

\*All Grab Bags are available at  
the price of a free school meal

COMING UP... CELEBRATE EID AL FITR WITH US THIS MARCH!



The counselling program is designed to assist families in reaching their full potential. Early intervention plays a crucial role in enhancing children's mental health and overall life outcomes, making this investment a vital step in supporting the early years of a child's life. A safe and stable home environment is also essential for children's future success. Therefore, providing counselling services will help families facing multiple disadvantages by offering the extra support needed to overcome life's challenges.

# Aims And Priorities



- Strengthening parent and child relationships
- Improvements in their relationship with their child
- Improvements in their emotional wellbeing
- Improved engagement with other services
- Increased involvement in their child's development
- Increased self-confidence
- Improved understanding of their child's needs



Funded by



Wolverhampton  
**Family Hubs**

# Family Hubs & Start for Life Counselling Sessions



- Are you pregnant or a parent?
- Do you live-in Wolverhampton? Graiseley, Bingley, Whitmore Reans, Rocketpool, Dove, Eastfield, Low Hill or Children's Village
- You may be able to receive free counselling sessions

## Your parenting toolbox:

Fulfil  
Potential

Safe &  
Stable

Thrive

**Our goal is to increase engagement with:**

Parents and Carers with additional vulnerabilities who are at risk of poorer outcomes.

Fathers and Co parents.  
Families experiencing SEND.  
Communities experiencing racial inequalities, deprivation, isolation

Empathy

Nurture

Mental  
Health

## For more information:

Call 01902453453 or email [info@divineonkar.org](mailto:info@divineonkar.org)

Address: Divine Onkar Mission, 68 Drayton Street, WV2 4EA

You can also use Eequ online booking system (<https://eequ.org/>)



## Who are we?

Catch22 county lines support and rescue service is a support service for children and young people under age 25, who are living in the areas of London, West Midlands, Greater Manchester or Merseyside

Are you or somebody you know involved in county lines and looking for advice and support, then our service can help.

## Our service offers:

- Confidential Support
- A rescue service that operates from 9am -10pm, 7 days a week, 365 days a year
- Advice and guidance for parent and carers
- Women and Girls focused support caseworker
- Mental Health focused support caseworker

## What does the 'support' look like?

### Our case workers can provide you:

- A safe confidential space to talk openly
- Advice and guidance to reduce county lines involvement
- Create a wider support network with professionals creating education, training and employment opportunities
- Support with emotional and mental health wellbeing
- Better relationships between your parents/care giver

We have a flexible approach and will organise the support sessions to suit your individual needs.

## What does the 'rescue' look like?

- Two members of the team will collect you and return you to a pre-agreed safe address.
- On your return we will check on you a few days later to offer you that continued support if you wish
- We understand that you are experiencing lots of emotions, so on your journey home we are here to listen and support for as long as you need us

***If you feel this support will benefit you please speak to the person that gave you this leaflet and ask them to make contact with us.***



SUPPORT



RESCUE



# SPOTLIGHT ON SAFEGUARDING

Working together to keep our young people safe

Secondary | March 2025

Knife crime is a growing concern in many communities, affecting young people and their families. While most children will never become involved, it's important for parents to stay informed and engaged. Understanding the risks, recognising warning signs and having open conversations can help keep our children safe.

In this issue:  
Knife crime  
Sexism and misogyny

## The reality of knife crime

Knife crime is not just a problem in major cities; it can happen anywhere. Although most young people do not carry knives, those who do—whether for self-defence or due to peer pressure—significantly increase their risk of harm.

## What you can do as a parent:

- **listen without judgment** - children need to feel safe talking to you. Create an environment where they know they can share their worries without fear of punishment.
- **know who they're with** - peer pressure is one of the biggest influences on a child's decisions. Encourage positive friendships and stay aware of who they are spending time with.
- **check their belongings if you're worried** - if you suspect your child is carrying a knife, don't ignore your instincts. It is your right and responsibility to ensure their safety.
- **reach out for support**- if you are concerned, there are organisations that can help. Schools, local youth services and even the police can provide guidance and intervention before it's too late.

**CONVERSATIONS ABOUT KNIFE CRIME**  
These can feel difficult but the way you approach it makes all the difference. Here's how to start the conversation:

**MAKE IT NATURAL, NOT A 'BIG TALK'**  
Chat while doing everyday things like driving, shopping or washing up. Use news stories as conversation starters.

**BE HONEST ABOUT YOUR FEARS**  
Carrying a knife doesn't keep them safe, it puts them in more danger. Walking away isn't cowardly, it's smart. The risks? Injury, arrest or even losing their life.

**HELP THEM MAKE SAFE CHOICES**  
Talk about signs that a friend might be getting involved and how to say 'No' if someone asks them to hold a weapon.

**STICK TO THE FACTS**  
The law is clear: carrying a knife without a valid reason is illegal. They can be searched, arrested and face up to four years in prison, even if they haven't used it.

Early intervention can prevent a tragedy. Having regular, open conversations, and staying informed about the risks, can help keep your child safe.

Knife crime can impact any family, regardless of your identity or background.

Be vigilant for these warning signs:

- ✓ Unexplained cash or new possessions
- ✓ Secretive behaviour or sudden mood changes
- ✓ Avoiding school or staying out late
- ✓ Carrying a knife for 'protection' or because it was 'found.'



Keeping your child safe is our number one priority at St Regis Academy. You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: [admin@stregisacademy.org](mailto:admin@stregisacademy.org). If it is urgent, please call the school and ask for a DSL.

# SPOTLIGHT ON SAFEGUARDING

**Safeguarding against sexism and misogyny** Sexism and misogyny are increasingly present in online spaces, shaping how young people perceive gender roles and relationships. Social media, gaming and online influencers can promote harmful ideas that normalise disrespectful behaviour toward women and girls. These influences can impact how teens interact with peers, form relationships and view their own self-worth. As parents, understanding these issues is essential in helping young people develop respectful, healthy attitudes towards gender equality.

## Spotting the signs

Recognising early signs of exposure to sexist or misogynistic content can help parents intervene before these views take root.

What to look out for:



## How social media and gaming contribute

Many online spaces subtly (or overtly) reinforce sexist views. Here's how:

- **social media algorithms:** platforms like TikTok, YouTube and Instagram use algorithms that push extreme or controversial content, sometimes leading young people down a path of increasingly sexist narratives.
- **gaming culture:** online multiplayer games often contain toxic environments where sexist language and behaviours are normalised. Female gamers frequently report harassment, reinforcing a culture of exclusion and hostility.
- **influencer culture:** certain influencers cater to young male audiences by portraying women as inferior or by blaming feminism for societal problems, shaping how boys and young men perceive gender roles.
- **meme culture and dark humour:** sexist jokes and memes can desensitise young people, making them think these attitudes are harmless or just 'edgy humour.'

**What parents can do** Helping your child develop critical thinking skills and fostering open conversations can counteract harmful influences. Here's how:

### 1. Encourage open conversations

- Ask non-judgmental questions like: "What do you think about how women are portrayed in media?" or "Have you noticed any sexist comments in your online spaces?" Share real-world examples and encourage discussion.

### 2. Challenge harmful views

- If your child repeats a sexist stereotype, ask them where they heard it and gently challenge it with facts and different perspectives. Teach them to critically evaluate online content and question sources.

### 3. Be a role model

- Demonstrate respect and gender equality at home. Avoid reinforcing traditional gender roles and challenge stereotypes in everyday conversations.

### 4. Set digital boundaries

- Monitor your child's online activity.
- Encourage a balanced media diet, including positive representations of gender equality.
- Use parental controls where necessary but prioritise open dialogue over strict monitoring.

By staying informed and engaged, parents can play a crucial role in shaping their children's perspectives on gender and respect. Open discussions and guidance help young people develop the tools they need to navigate online influences and build respectful relationships in the real world.

# From the Chaplain...

I wonder to what extent you notice yourself turning into the people who brought you up? Do you hear yourself repeating the same phrases your parents used? Every time I use the word 'less' instead of 'fewer' I can hear my dad putting me right... We are not our parents, of course, and yet they have certainly influenced our sense of identity and our values.

At the start of Jesus' ministry he had an amazing experience of hearing a voice from heaven say to him, "You are my beloved child. With you I am well pleased." Just imagine how that might have felt. Jesus immediately withdrew to a lonely place where he would spend time, starved of physical comfort and of any other company or distraction, discerning what it meant in practice to be God's son and what form his ministry would take.

It was whilst Jesus was in the wilderness that he came under attack. Personally I am not convinced that the devil has horns and a pointy tail, but we have all experienced the negative voices which speak to us when we are at our most vulnerable. 'Use your powers for your own benefit and comfort', suggested the voices. 'Turn away from God and I will give you wealth, fame and influence', they said and, 'If you are God's Son, jump off the Temple roof and let his angels catch you.' It was Jesus' unwavering trust in his identity, in God's love for him and in God's promises that got him through these challenging times and confirmed for him how he would live with integrity, staying true to the person he was called to be.

As we ask ourselves this week how we respond to testing times and what gives us the strength to overcome our doubts, our fears and the negative voices which would prevent us from flourishing, I invite you to pause for a moment and to hear those same words that Jesus heard: 'You are God's beloved child. With you he is well pleased.' May these words be a comfort and a reminder for you to put your trust in God who wants the best for you.

For it was you who formed my inward parts;  
you knit me together in my mother's womb.  
I praise you, for I am fearfully and wonderfully made.  
Wonderful are your works; that I know very well.  
My frame was not hidden from you,  
when I was being made in secret,  
intricately woven in the depths of the earth.  
Your eyes beheld my unformed substance.  
In your book were written all the days that were formed for me,  
when none of them as yet existed.  
How weighty to me are your thoughts, O God!  
How vast is the sum of them!  
I try to count them—they are more than the sand;  
I come to the end—I am still with you.

Words from Psalm 139: 13-18

