

# ST REGIS ACADEMY

## NEWSLETTER

7th March 2025



FLOURISH

### MESSAGE FROM MR PARRY

I am excited to say we are in the early stages of launching the very first St Regis Parent Teacher Association (PTA), also known as "Friends of St Regis". A PTA is a group of volunteer parents who work together with school staff to make their school a better environment for children to learn. The group is involved in organising a wide range of fun and creative initiatives to raise extra funds for the school and contributes to whole-school community events. PTAs can hugely improve the life of the school community, and positively influence the education system. A successful and supportive PTA contributes to improving the educational experience and future opportunities for all our children. Very soon we will be sharing more information about how parents can volunteer to be part of this new and exciting initiative.

We look forward to welcoming the many Year 6 students who have been allocated a place at St Regis for September, following Monday's National Offer Day. We have a series of transition events planned to make the journey from primary school to secondary school as smooth and enjoyable as possible, starting on 20th March with our new intake welcome evening. Currently, we still have a few Year 7 places available for September, so if anyone knows a Year 6 student who is not happy with their current allocation, there is still time to secure a place at St Regis.

Next week we have: Year 10 students visiting the University of Wolverhampton for a careers visit; a group of PE students visiting the NEC to watch this year's Badminton Open; and welcome Year 5 students from Woodthorne, one of our main feeder schools, into school for a tour and some work with our music department.



**ST REGIS STARS  
OF LAST WEEK!**

- YEAR 7** - Janelle O.
- YEAR 8** - Damilare O.
- YEAR 9** - Akaljupsimar S.
- YEAR 10** - Shriya P.
- YEAR 11** - Gurleen K.
- YEAR 12** - Poorva K.
- YEAR 13** - Seamus B.

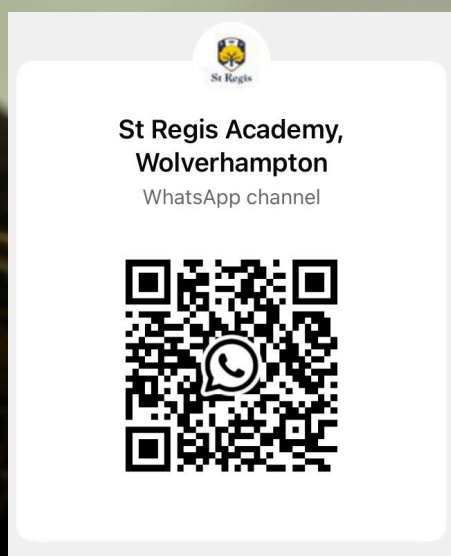


**CHESTER** - Elena G.  
**LICHFIELD** - Elizabeth O.  
**WORCESTER** - Damilare O.  
**HOUSE OF THE WEEK**  
**IS Lichfield!**

**CALLING ALL PARENTS!**



**Join the St Regis WhatsApp Channel**  
**Scan the code or use the link below**



<https://whatsapp.com/channel/0029VafLsyxBfxo8mn3Ok419>



# We're using Arbor's free Parent Portal and Parent App



## We've chosen Arbor to help us manage our school.

Arbor is a simple, smart and cloud-based MIS (Management Information System), which helps us work faster, smarter and more collaboratively as a school. The Parent App and Parent Portal mean we can keep you informed about your child's life at school in a much more accessible way. Log into Arbor to see and update your child's information, get live updates and make payments or bookings on the go! The Parent Portal works on Google Chrome (computer or laptop) and you can download the Parent App from the App Store or Google Play Store on your phone (Android 5.0; iOS 10.0 and upwards).

## How to get started

- 1.Wait for your welcome email from us telling you Arbor is ready - you won't be able to log in before
- 2.Click the link in your welcome email to set up your password
- 3.Go to the App or Google Play Store on your phone and search 'Arbor'
- 4.Click 'Install' on Android or 'Get' on iPhone then open the App
- 5.Enter your email, select the school, then enter your password
- 6.Accept the Terms & Conditions and enter your child's birthday

The Sunnyville School of Magic  
W10 5BN, London, GBR

Enter your password

Log in

Forgotten password?

## Need help using Arbor?

**Contact the school office if you have questions about Arbor, the App or Parent Portal.** Tell us the type and model of your phone, e.g. an iPhone SE, and include screenshots or screen recordings.

To safeguard student data in line with General Data Protection Regulations (GDPR), Arbor only works directly with schools.

### Some tips to try:

- 1.Ensure your username is the email address you use for Arbor. Ask us to **check the email address** linked to your account.
- 2.**Reset your password** from the login page, or ask us to do this.
- 3.If the login email was sent to you more than 96 hours ago, the

**password link will have expired.** Ask us to send it again.

- 4.Ask the school office to check that your email address has not been used twice - e.g. on another guardian or child's profile.

**Enter the birthday** of one of your children to log in.

5.

- 6.Only relatives who are **Primary Guardians** of a child can access the Arbor App. Ask us to check you can access Arbor.



**Sign up by the 28th March to be entered into a prize draw for a £25 Amazon voucher!**

# Ramadan GRAB BAG

DURING THIS RAMADAN INNOVATE ARE OFFERING GRAB BAGS FOR YOU TO TAKE AND ENJOY AT HOME TO BREAK YOUR FAST

EACH GRAB BAG INCLUDES:

Dates

Apple &  
Mango  
Juice

Vegetable  
Samosa

AVAILABLE EVERY SCHOOL DAY  
FROM THE FIRST DAY OF  
RAMADAN UNTIL EID AL FITR  
COLLECT YOURS AFTER SCHOOL  
FROM THE RESTAURANT!

£ 2.60

\*All Grab Bags are available at  
the price of a free school meal

COMING UP... CELEBRATE EID AL FITR WITH US THIS MARCH!



PEP THE POET

# English



On Monday, St Regis welcomed Pep the Poet back to work with all Year 7 students. After leaving his job as the deputy head of a primary school to pursue his dream of being a full-time poet, Pep has published 5 books of children's poetry. He also tours the country with his performance poetry and workshops relating to mental health and well-being.

In our sessions on Monday, Pep used the work of street artist Banksy to inspire students to use their words as a tool for change, recognising both the power of language and the value of their own voice. Year 7 created some wonderful and thought-provoking poetry and enjoyed the opportunity to share their feelings and ideas.

# Art



In Key Stage 3 our Year 7 pupils have completed their watercolour cupcake paintings. They have learned about colour mixing, blending paint and adding tints and shades to show depth. They have also recently created 3D clay biscuits, learning about adding texture, forming and using clay to build in relief. These will be ready to be painted in their next lesson.

Our Year 8 pupils have also been experimenting with clay recently, making monsters from a pinch pot form and adding details in relief. Students have been super imaginative, giving their monsters personality and lots of character.

In Key Stage 4, the year 10 Art class have explored different ways of mark making and using layering to show depth of tone using pen. They have completed self-portraits using the skills they have developed, with excellent results. Pupils will now look at other styles of portraiture, moving on to Cubism and looking closely at the work of traditional artists such as Picasso and contemporary artist Belin.

# History at St Regis

## Bringing the Past to Life



Taking history outside of the classroom and visiting sites of historical significance enables our students to interact with the past in a meaningful and memorable way.

On Thursday 13th February, Year 11 History students visited the Tower of London, where they participated in a workshop focused on Elizabethan England, which is directly linked to the GCSE Edexcel specification. The Tower of London, built by William the Conqueror in the 1070s, has served as a royal palace, prison and fortress. This visit provided students with a tangible connection to the Elizabethan era, enhancing their understanding of its impact on British history.



Looking ahead, Year 9 students will visit the National Holocaust Centre and Museum on Monday 7th April. This visit, a collaboration between the History, RE, and Drama departments, will include a workshop on evil and suffering, which is linked directly to the RE curriculum. The National Holocaust Centre, located in Nottinghamshire, is the only dedicated Holocaust museum in England, and it offers an immersive educational experience that emphasizes the importance of remembering and learning from the Holocaust. Students will gain profound insights into this dark chapter of history, fostering empathy and a commitment to preventing future atrocities.



In addition to this, selected Year 8 pupils will participate in a live event on Monday 24th March titled Right to Rebel which will be hosted by The National Archives. During the event, students will spend time with suffragette Annie Kenney, portrayed by a professional actor, as she shares her experiences as an activist for the Suffrage campaign. This interactive session will allow students to engage with Annie, considering the struggles she faced as a leader of the Suffrage movement.

Collectively, these experiences will highlight the importance of taking history beyond the classroom, enriching students' academic knowledge and encouraging critical thinking and a deeper appreciation for the complexities of the past.



# Wolverhampton Information, Advice and Support Service

*For special educational needs and disabilities from birth - 25 years*



[www.wolvesiass.org](http://www.wolvesiass.org)

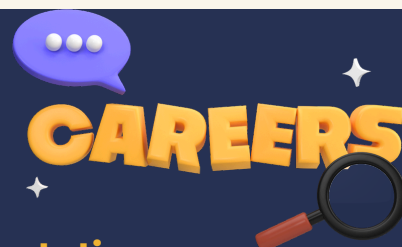


## Welcome to our March 2025 E- Bulletin



<https://content.govdelivery.com/accounts/UKWCC/bulletins/3d2e6ea>

### Exploring Careers in the Civil Service



Our sixth form students recently attended an insightful presentation on careers in the civil service. They learned about the diverse range of roles and pathways available. To discover more about these exciting opportunities, please watch the following video.

<https://www.sis.gov.uk/home-video.html>

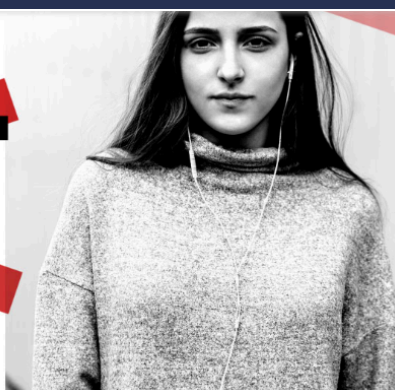
<https://www.mi5.gov.uk/careers/i-can-at-mi5>

[https://youtu.be/Yo\\_jw4CDIHY](https://youtu.be/Yo_jw4CDIHY)



~~I CAN'T~~

I Can At MI5





# SPOTLIGHT ON SAFEGUARDING

Working together to keep our young people safe

Secondary | March 2025

Knife crime is a growing concern in many communities, affecting young people and their families. While most children will never become involved, it's important for parents to stay informed and engaged. Understanding the risks, recognising warning signs and having open conversations can help keep our children safe.

In this issue:  
Knife crime  
Sexism and misogyny

## The reality of knife crime

Knife crime is not just a problem in major cities; it can happen anywhere. Although most young people do not carry knives, those who do—whether for self-defence or due to peer pressure—significantly increase their risk of harm.

## What you can do as a parent:

- **listen without judgment** - children need to feel safe talking to you. Create an environment where they know they can share their worries without fear of punishment.
- **know who they're with** - peer pressure is one of the biggest influences on a child's decisions. Encourage positive friendships and stay aware of who they are spending time with.
- **check their belongings if you're worried** - if you suspect your child is carrying a knife, don't ignore your instincts. It is your right and responsibility to ensure their safety.
- **reach out for support**- if you are concerned, there are organisations that can help. Schools, local youth services and even the police can provide guidance and intervention before it's too late.

**CONVERSATIONS ABOUT KNIFE CRIME**  
These can feel difficult but the way you approach it makes all the difference. Here's how to start the conversation:

**MAKE IT NATURAL, NOT A 'BIG TALK'**  
Chat while doing everyday things like driving, shopping or washing up. Use news stories as conversation starters.

**BE HONEST ABOUT YOUR FEARS**  
Carrying a knife doesn't keep them safe, it puts them in more danger. Walking away isn't cowardly, it's smart. The risks? Injury, arrest or even losing their life.

**HELP THEM MAKE SAFE CHOICES**  
Talk about signs that a friend might be getting involved and how to say 'No' if someone asks them to hold a weapon.

**STICK TO THE FACTS**  
The law is clear: carrying a knife without a valid reason is illegal. They can be searched, arrested and face up to four years in prison, even if they haven't used it.

Early intervention can prevent a tragedy. Having regular, open conversations, and staying informed about the risks, can help keep your child safe.

Knife crime can impact any family, regardless of your identity or background.

Be vigilant for these warning signs:

- ✓ Unexplained cash or new possessions
- ✓ Secretive behaviour or sudden mood changes
- ✓ Avoiding school or staying out late
- ✓ Carrying a knife for 'protection' or because it was "found."



Keeping your child safe is our number one priority at St Regis Academy. You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: [admin@stregisacademy.org](mailto:admin@stregisacademy.org). If it is urgent, please call the school and ask for a DSL.

# SPOTLIGHT ON SAFEGUARDING

**Safeguarding against sexism and misogyny** Sexism and misogyny are increasingly present in online spaces, shaping how young people perceive gender roles and relationships. Social media, gaming and online influencers can promote harmful ideas that normalise disrespectful behaviour toward women and girls. These influences can impact how teens interact with peers, form relationships and view their own self-worth. As parents, understanding these issues is essential in helping young people develop respectful, healthy attitudes towards gender equality.

## Spotting the signs

Recognising early signs of exposure to sexist or misogynistic content can help parents intervene before these views take root.

What to look out for:



## How social media and gaming contribute

Many online spaces subtly (or overtly) reinforce sexist views. Here's how:

- **social media algorithms:** platforms like TikTok, YouTube and Instagram use algorithms that push extreme or controversial content, sometimes leading young people down a path of increasingly sexist narratives.
- **gaming culture:** online multiplayer games often contain toxic environments where sexist language and behaviours are normalised. Female gamers frequently report harassment, reinforcing a culture of exclusion and hostility.
- **influencer culture:** certain influencers cater to young male audiences by portraying women as inferior or by blaming feminism for societal problems, shaping how boys and young men perceive gender roles.
- **memes and dark humour:** sexist jokes and memes can desensitise young people, making them think these attitudes are harmless or just 'edgy humour.'

**What parents can do** Helping your child develop critical thinking skills and fostering open conversations can counteract harmful influences. Here's how:

### 1. Encourage open conversations

- Ask non-judgmental questions like: "What do you think about how women are portrayed in media?" or "Have you noticed any sexist comments in your online spaces?" Share real-world examples and encourage discussion.

### 2. Challenge harmful views

- If your child repeats a sexist stereotype, ask them where they heard it and gently challenge it with facts and different perspectives. Teach them to critically evaluate online content and question sources.

### 3. Be a role model

- Demonstrate respect and gender equality at home. Avoid reinforcing traditional gender roles and challenge stereotypes in everyday conversations.

### 4. Set digital boundaries

- Monitor your child's online activity.
- Encourage a balanced media diet, including positive representations of gender equality.
- Use parental controls where necessary but prioritise open dialogue over strict monitoring.

By staying informed and engaged, parents can play a crucial role in shaping their children's perspectives on gender and respect. Open discussions and guidance help young people develop the tools they need to navigate online influences and build respectful relationships in the real world.

# From the Chaplain...

I remember getting very low on fuel a few years ago as I drove home. As the needle crept lower on the gauge, my panic increased, as did the number of prayers and pleas I sent off to God that my car would make it to the petrol station.

I am sure many of us can relate to 'panic praying' in times of emergency or disaster. Sometimes we even try to bargain with God, asking for his help now in return for loyalty and good deeds in the future. It seems to be human nature that we are more likely to turn to God in our times of need, when the illusion that we are self-sufficient and masters of our own destiny falls away and we recognise our human frailty.

A few hundred years before Christ, God's people were facing disaster on a huge scale. The prophet Joel describes the disaster as a plague of locusts, marching on God's people and destroying everything in their path. Seeing this disaster as a consequence of Israel's rebellion against God, their disloyalty and disobedience, Joel pleads with them to turn back to God with sorrowful hearts and to pray that he will show them mercy.

'Return to the Lord your God, for he is gracious and compassionate, slow to anger and abounding in love, and he relents from sending calamity.' (Joel 2:13)

Lent is the church season leading up to Easter and a time to focus on turning back to God. We might do that by identifying and giving up comforts and luxuries which have diverted our attention away from God or by a renewed focus on prayer and charity. This year the season of Lent coincides with the Muslim month of Ramadan and the Hindu festival of Navrati, both of which also emphasise fasting and prayer. As we enter Lent here at St Regis we ask ourselves whether we only turn to God in times of need, how we behave when we are sorry and how it feels to be truly forgiven.

By whichever name we call God and wherever we worship him; may the next few weeks be a time of noticing his presence in our lives, rejoicing in his love for us and growing in our faith and desire to live his way. Amen

Oh, let me hear Thee speaking,  
In accents clear and still,  
Above the storms of passion,  
The murmurs of self-will;  
Oh, speak to reassure me,  
To hasten, or control;  
Oh, speak, and make me listen,  
Thou Guardian of my soul.

(from 'O Jesus I have promised' by John Ernest Bode, 1816-1874)

