



**SOW**



**NURTURE**



**GROW**



**FLOURISH**

## MESSAGE FROM MR PARRY

We have had a busy but wonderfully festive week here at St Regis.

On Tuesday we welcomed St Paul's and Christ Church to join our Christmas "Big Sing" concert and it was great to see a packed hall for a very enjoyable evening of Christmas music. The highlight of the evening was a performance from our very own, brand new, gospel choir "M.O.R.E"! We are incredibly excited to watch this new addition to the Academy grow and flourish in its musical performances.

On Wednesday, we held our very first Year 7 Winter Sports Day and it was a huge success. The whole year group participated in swimming, problem solving in the nature reserve, 'Capture the Flag', handball and basketball events. Cheered on by their form tutors and pastoral staff! This is an excellent addition to our school calendar and one we will certainly be repeating in the future.

Yesterday's Christmas jumper day and Christmas dinner was a very festive celebration and we also hosted an afternoon tea planned, prepared and executed by our own students. The external visitors and staff that were invited to this event, had a great afternoon and were very well looked after. The students were rightfully very proud of their efforts. On Thursday evening, we hosted a joint Year 13 Three Spires Sixth parents' evening and having St Regis and St Peter's staff meeting our Year 13 families was fantastic and it was a very successful evening.

To finish the week, we have had the Year 9 SEND & Safeguarding coffee morning today, along with our second whole school S.A.L.A.D day of the academic year. This day is Speech and Language and Discussion and encourages students to engage verbally in their learning and develop their oracy skills.

Next week, we look forward to enjoying our school Christmas church services at St Michael's church and our end of term roller disco rewards day. A busy but very enjoyable end to a very successful term here at St Regis Academy!



**Mr Parry**  
**Principal**



## ST REGIS STARS OF LAST WEEK!

YEAR 7 – La'Sharnti S.  
YEAR 8 – Hareem A.  
YEAR 9 – Amanda N.  
YEAR 10 – Shriya P.  
YEAR 11 – Vansh D.  
YEAR 12 – Poorva K.  
YEAR 13 – Ronahi I.

CHESTER – Amanda N.  
LICHFIELD – Hareem A.  
WORCESTER – Ivy C.  
HOUSE OF THE WEEK  
IS CHESTER!



## St Regis CE Academy Advent Appeal

I have come that they may have life, and have it to the full. *John 10:10*

This Advent and Christmas, how can we at St Regis be a blessing to the wider world so that they can enjoy some of that 'Fullness of life'?



£26 could provide secondary schoolchildren like Lubani and Matumu with bicycles so they can make the (often very long) journey to and from school quickly, easily and safely. With less time walking, the children can spend more time on other things, like learning, and fulfil their God-given potential.

£28 could provide a vulnerable family like Thandiwe's in Zimbabwe with a goat, as well as training in how to rear and care for it.

Goats not only provide milk, their manure is excellent for compost – this would increase the amount of food a family can grow and ensure them a nutritious diet.



Click here to see more gifts on offer: <https://www.allwecan.org.uk/gifts/>



Friday 13<sup>th</sup> December is SALAD DAY 2!!

Speaking and Listening and Discussion.



Normally, we aim for our classrooms to be quiet and calm, but on **SALAD Day**, we want to hear you talk as we learn differently for the **whole day** as we all take the **5 a day challenge!**

In all of your lessons, you will deepen and extend your knowledge through activities such as:

- Talk
- Discussion
- Presentation
- Debate
- Team work



This will help you to develop your **ORACY** skills. This is a really important skill for building positive relationships, well-being, academic achievement and for the world beyond school



# YOUNG CARERS AT ST. REGIS



A Young Carer is someone under 18 who helps look after someone in their family, a parent, sibling or a friend, who is ill, disabled or misuses drugs or alcohol.

## WHO TO TALK TO:

Mrs Thompson, Teaching Assistant

Miss Jones, Pastoral Support

Mrs Bird, Safeguarding Manager

Mr Barradas- Lingard, Vice Principal & DSL  
[youngcarers@kingswolverhampton.ac.uk](mailto:youngcarers@kingswolverhampton.ac.uk)

**You are not alone in this.**





**Our young  
carers  
Christmas  
party!**



**ATTENTION  
PLEASE!**



**IMPORTANT  
MESSAGE**



## **FREE SCHOOL MEALS ELIGIBILITY**

Your child may be eligible for FREE SCHOOL MEALS if you receive any of the following:

- Income support
- Jobseeker's Allowance
- Child tax credit
- Working tax credit run-on
- ESA
- The guaranteed element of Pension Credit
- Universal Credit

If you believe that you are eligible, please tell the school!

**DID YOU KNOW?** The school receives additional funding for children who are in receipt of free school meals.



**Three  
Spires  
TRUST**

*'Life in all its fullness'*



**IMPORTANT  
MESSAGE**

**ATTENTION  
PLEASE!**

# **NEW for 2025!**

## **IASS SEND Surgery**

We are delighted to announce that the IASS team will be delivering a SEND Surgery every fortnight at Cherry Street SEND and Sensory Hub, Cherry Street WV3 0QW.

Each session we will have a specific SEND focus, as well as offering a coffee and chat for parents, carers and young people who may have any questions or queries related to special educational needs and/or disability.

**Our first session is on:**

**Thursday 9 January 9.30am to 12.30pm**

**“Getting the right support at the right time”**

Drop in and have a chat any time from 9.30am until 12.30pm.

**Look out for more dates in the New Year on our website and social media  
@wolvesiass**



# **FREE BUS TRAVEL**

## **FROM 7PM**

**Monday 9 to Friday 13 December 2024.**  
**Just hop on board.**



Offer is valid from 19:00 to 02:59 the next day.  
Valid on all operators within the nBus area.  
Terms and conditions apply.

**You're Bussing It**





The beautiful Orla is one of our school mentors. She loves being outside with the students during their outdoor education sessions and she loves our woodland!



# SPOTLIGHT ON SAFEGUARDING

Working together to keep our young people safe

Secondary



In this issue:

- Image sharing
- Consent
- App focus: Telegram

## Image Sharing

With the rise of camera phones and other devices in the last few years, taking photos of themselves and their friends is commonplace amongst young people. These photos are often shared online. In recent years, there has also been an increase in young people asking to share nudes of themselves. This is commonly known as sexting.

There are reasons as to why a young person might agree to sending an image of themselves in this way:

- they may believe they are in a consensual romantic relationship
- they may be pressured, tricked or coerced into sharing an image
- they may be exploited or groomed into sending the images.

The law on image sharing:

In order to protect children, any indecent image of a child (someone under 18) is known as Child Sexual Abuse Material (CSAM), even if the image was created by the child themselves (self-generated CSAM). The law states that it is illegal to create or share CSAM. Creating images also includes AI or photoshopped images. The law also includes possession of an image and re-sharing images. Parents should not have images sent to their device, even if the intent is to report the image. Images should be reported to the Police immediately. It is important to note that this law is to protect children, not criminalise those who send images of themselves.

### EDUCATE THEM ON THE LAW

Discuss the law with them. It protects them from the pressures of sharing images with real-life friends, as well as protecting them from the risk of exploitation.



### USE PLATFORM SAFETY FEATURES

Make sure children are aware of how to report and block any inappropriate content they may receive. Review the various privacy settings available on the apps they use.

## IMAGE SHARING KEY CONSIDERATIONS FOR PARENTS

### OPEN CONVERSATIONS

Educate children on personal boundaries by letting them know they are never obligated to share images of themselves. Also, remind them not to request images from others.



### ONLINE PREDATORS

It's important to have conversations with children about the distinction between online friends and genuine, real-life friendships.

# SPOTLIGHT ON SAFEGUARDING

## Understanding consent

Consent is the explicit, informed and voluntary agreement to engage in a particular activity, often referring to sexual interactions, but it also applies to other areas such as relationships, sharing personal boundaries and decision making. For children, this means ensuring that they have the capacity to give consent without feeling pressured, coerced or manipulated.

## Why is it important for young people to understand consent?

- Teaching consent encourages children to respect their own and others' physical and emotional boundaries.
- Consent fosters open communication, mutual respect and equality in relationships.
- Educating teenagers about consent helps prevent situations of sexual assault, harassment and coercion.
- Understanding consent gives teenagers the tools to make informed choices about their body and relationships.
- Consent creates a culture of respect which helps to reduce harmful behaviours like victim-blaming.

The Four C's of consent help children to know if consent has been or is still being given:

- **Clear:** Yes means yes. If it isn't a yes, it's a no.
- **Continuous:** Keeping check that it is still a yes; yes now doesn't mean yes later.
- **Coercion-free:** It isn't yes if pressure has been put on someone to do something.
- **Conscious:** The person giving consent must be fully capable of giving consent.

## What parents and carers should know about Telegram

This summer, Telegram made the headlines when its owner was arrested.

Although it may not be the most popular messaging app among young people, it is considered one of the fastest-growing platforms.

While there are many discussions surrounding the risks associated with using Telegram, here are some key points to keep in mind:

### 4 WAYS TO TEACH CONSENT TO TEENAGERS

Teaching children about consent is vital for fostering respect and responsibility. Here are some effective strategies.

#### MODEL

Model consent in everyday situations. An example of this might be to ask for a hug.

#### TALK

Talk about what consent looks like in relationships. Use TV shows or news articles as conversation starters.

#### RESPECT

Emphasise mutual respect, taking into consideration seeking and giving consent.

#### DISCUSS

Discuss the legal aspect of consent, as well as the emotional impact of not gaining consent.

*Keeping your child safe is our number one priority at St Regis Academy. You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: [admin@stregisacademy.org](mailto:admin@stregisacademy.org). If it is urgent, please call the school and ask for a DSL.*

### RISKS TO CONSIDER

IF YOUR CHILD USES TELEGRAM

 <b>END-TO-END ENCRYPTION</b>	 <b>SELF-DESTRUCTING MESSAGES</b>	 <b>LARGE GROUP CHATS</b>	 <b>LOCAL CONNECTIONS</b>
<p style="font-size: small;">Private conversations known as 'Secret Chats' can only be accessed by the participants. This puts children at risk.</p>	<p style="font-size: small;">A timer can be set when sending a message in a Secret Chat which will then self-destruct/disappear.</p>	<p style="font-size: small;">Group chats known as Channels can include up to 200,000 participants. This allows for unregulated conversations.</p>	<p style="font-size: small;">'People Nearby' connects users locally, but may expose children to grooming and exploitation risks.</p>



# From the Chaplain...

'Have you ever made a promise you couldn't keep?' we ask ourselves this week. What a difficult question... because if we are honest, we have all made promises we couldn't keep. Our best intentions, most earnest pledges and most fervent resolutions fall by the wayside because life gets in the way and we are, after all, only human. That's not to say we didn't mean them but somehow we have been over-optimistic about our abilities and our will-power and what we can manage on a good day is not possible when we are tired and frazzled and meet with unexpected complications and obstacles. Hopefully we can forgive ourselves for the times we don't live up to our own high expectations and start again the next day!

God, on the other hand, does keep his promises. Not always in our desired timescale or in the ways we were expecting or hoping, but nonetheless he keeps his promises. And some of his promises are, quite frankly, improbable. During the season of advent we hear again God's promises from prophets who lived hundreds of years before Christ; promises that the way will be made straight and level and that all people shall then see the glory of the Lord (Isaiah 40) and promises that God will put right all wrongs and gather up his scattered people and bring them home (Zephaniah 3). For Christians these promises are fulfilled in Jesus and in John the Baptist, born to the elderly couple Zechariah and Elizabeth, who would prepare the way for Jesus, calling people back to God.

God's ways are certainly unexpected. In the words of John Bell in his popular Christmas song:

Who would think that what was needed  
To transform and save the earth  
Might not be a plan or army,  
Proud in purpose, proved in worth?  
Who would think, despite derision,  
That a child should lead the way?  
God surprises earth with heaven,  
Coming here on Christmas Day.



Certainly no human could have come up with such an unlikely and improbable plan to sort out the mess that humankind have made of life on earth, despite our best intentions. And yet, again and again throughout scripture we are reminded that God does keep his promises. My challenge to you this Christmas is to be open to noticing God at work in the areas of your life where you least expect him and to welcome and celebrate him there.

And if you haven't yet seen it, please enjoy this Christmas nativity play with a difference!

<https://youtu.be/TMIXusYVqNY>

