



## MESSAGE FROM MR PARRY

When we return next week we will have entered December and with it, the final three weeks of term. I will be writing to all parents next week with our events and plans for the end of Autumn term and start of Spring term. There are lots of wonderful things planned. We also enter our Advent period and have a huge range of exciting festive events scheduled:

- Tuesday 3rd December: Community Christmas Lunch.
- Wednesday 4th December: Year 7 Christingle service at Christ Church.
- Tuesday 10th December: St Regis Christmas "Big Sing" concert .
- Wednesday 11th December: Year 7 Winter Sports Day.
- Thursday 12th December: Christmas Jumper day and school Christmas lunch.
- Monday 16th December: St Regis Christmas church services at St Michael's church.
- Tuesday 17th December: Autumn Term Rewards day.
- Wednesday 18th December: Sixth Form Christmas service at St Michael's church.

This week has been our second Careers focus week of the year and we have a great range of experiences and opportunities for our young people. A big thank you to Mrs Thomas for all of her efforts in arranging this for our students.

This morning we held our first SEND & Safeguarding coffee morning in school for Year 7 students. This went particularly well and it was wonderful to invite parents into school to offer our support and guidance. We have similar events for Year 8 and Year 9 parents in the coming weeks.



**Mr Parry**  
**Principal**



# ST REGIS STARS OF LAST WEEK!

YEAR 7 – Armaan K.

YEAR 8 – Ivy C.

YEAR 9 – Amanda N.

YEAR 10 – Oluwadarasimi O.

YEAR 11 – Tanpreet B.

YEAR 12 – Samriti C.

YEAR 13 – Elkan N.

CHESTER – Amanda N.

LICHFIELD – Shawn O.

WORCESTER – Ivy C.

HOUSE OF THE WEEK  
IS CHESTER!



# Twelve Days of Christmas

Launch date Monday 2<sup>nd</sup> December



On the 12 school days leading up to the Christmas break, students will be entered into a prize raffle each day in order to win a £10 Amazon Voucher and a personalised bauble to put onto the school Christmas tree.

To be entered into the prize draw, students must have 100% attendance, 100% behaviour ratio and perfect punctuality on the day before the draw. Entries will be reset each day.

The top 30 students in the school each day will also receive a queue jump lunch pass!



# St Regis CE Academy Advent Appeal

I have come that they may have life, and have it to the full. *John 10:10*

This Advent and Christmas, how can we at St Regis be a blessing to the wider world so that they can enjoy some of that 'Fullness of life'?



£26 could provide secondary schoolchildren like Lubani and Matumu with bicycles so they can make the (often very long) journey to and from school quickly, easily and safely. With less time walking, the children can spend more time on other things, like learning, and fulfil their God-given potential.

£28 could provide a vulnerable family like Thandiwe's in Zimbabwe with a goat, as well as training in how to rear and care for it.

Goats not only provide milk, their manure is excellent for compost – this would increase the amount of food a family can grow and ensure them a nutritious diet.



Click here to see more gifts on offer: <https://www.allwecan.org.uk/gifts/>





Our careers fair was held this week and what a brilliant time was had by all! There were representatives from universities, colleges, training/apprenticeship providers, the NHS, WM Police and Rico, our ex-student who is currently in training with the RAF! Students gained information and advice regarding their future career paths, asked lots of probing and thoughtful questions and demonstrated exemplary behaviour, well done all! Our visitors were very impressed!



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Voice4parents

**Coffee Morning**  
**Join Voice4parents at our**  
**Coffee Morning**



Tuesday 3rd December  
 From 10am -12pm  
 At  
 Low Hill Strengthening  
 Families Hub  
 WV10 9LZ

We will be joined by representatives from the Local Authority and Social Care to discuss the Short Breaks (Respite) new Universal, Targeted and Specialist Offer.

IASS will be available for anyone needing to speak confidentially with them for 1:1 support

<https://www.facebook.com/Voice4P>



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*Your*  
**VOICE**  
**MATTERS**



# SPOTLIGHT ON SAFEGUARDING

Working together to keep our young people safe

Secondary



In this issue:

- Image sharing
- Consent
- App focus: Telegram

## Image Sharing

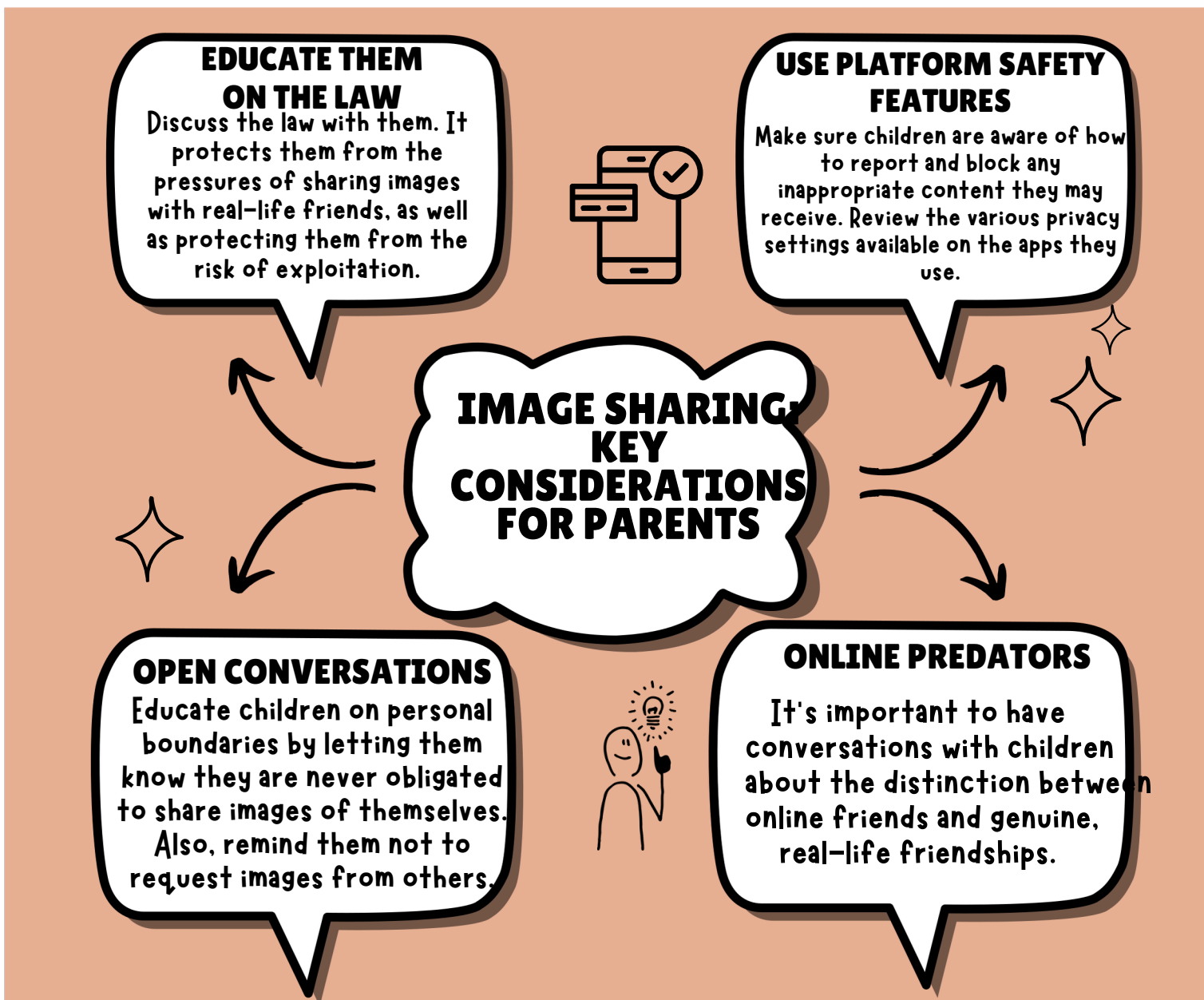
With the rise of camera phones and other devices in the last few years, taking photos of themselves and their friends is commonplace amongst young people. These photos are often shared online. In recent years, there has also been an increase in young people asking to share nudes of themselves. This is commonly known as sexting.

There are reasons as to why a young person might agree to sending an image of themselves in this way:

- they may believe they are in a consensual romantic relationship
- they may be pressured, tricked or coerced into sharing an image
- they may be exploited or groomed into sending the images.

The law on image sharing:

In order to protect children, any indecent image of a child (someone under 18) is known as Child Sexual Abuse Material (CSAM), even if the image was created by the child themselves (self-generated CSAM). The law states that it is illegal to create or share CSAM. Creating images also includes AI or photoshopped images. The law also includes possession of an image and re-sharing images. Parents should not have images sent to their device, even if the intent is to report the image. Images should be reported to the Police immediately. It is important to note that this law is to protect children, not criminalise those who send images of themselves.



# SPOTLIGHT ON SAFEGUARDING

## Understanding consent

Consent is the explicit, informed and voluntary agreement to engage in a particular activity, often referring to sexual interactions, but it also applies to other areas such as relationships, sharing personal boundaries and decision making. For children, this means ensuring that they have the capacity to give consent without feeling pressured, coerced or manipulated.

## Why is it important for young people to understand consent?

- Teaching consent encourages children to respect their own and others' physical and emotional boundaries.
- Consent fosters open communication, mutual respect and equality in relationships.
- Educating teenagers about consent helps prevent situations of sexual assault, harassment and coercion.
- Understanding consent gives teenagers the tools to make informed choices about their body and relationships.
- Consent creates a culture of respect which helps to reduce harmful behaviours like victim-blaming.

The Four C's of consent help children to know if consent has been or is still being given:

- **Clear:** Yes means yes. If it isn't a yes, it's a no.
- **Continuous:** Keeping check that it is still a yes; yes now doesn't mean yes later.
- **Coercion-free:** It isn't yes if pressure has been put on someone to do something.
- **Conscious:** The person giving consent must be fully capable of giving consent.

## What parents and carers should know about Telegram

This summer, Telegram made the headlines when its owner was arrested. Although it may not be the most popular messaging app among young people, it is considered one of the fastest-growing platforms. While there are many discussions surrounding the risks associated with using Telegram, here are some key points to keep in mind:

### 4 WAYS TO TEACH CONSENT TO TEENAGERS

Teaching children about consent is vital for fostering respect and responsibility. Here are some effective strategies.

**MODEL**

Model consent in everyday situations. An example of this might be to ask for a hug.



**TALK**

Talk about what consent looks like in relationships. Use TV shows or news articles as conversation starters.



**RESPECT**

Emphasise mutual respect, taking into consideration seeking and giving consent.







**DISCUSS**

Discuss the legal aspect of consent, as well as the emotional impact of not gaining consent.



*Keeping your child safe is our number one priority at St Regis Academy. You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: [admin@stregisacademy.org](mailto:admin@stregisacademy.org). If it is urgent, please call the school and ask for a DSL.*

### RISKS TO CONSIDER IF YOUR CHILD USES TELEGRAM

 <b>END-TO-END ENCRYPTION</b>	 <b>SELF-DESTRUCTING MESSAGES</b>	 <b>LARGE GROUP CHATS</b>	 <b>LOCAL CONNECTIONS</b>
Private conversations known as 'Secret Chats' can only be accessed by the participants. This puts children at risk.	A timer can be set when sending a message in a Secret Chat which will then self-destruct/disappear.	Group chats known as Channels can include up to 200,000 participants. This allows for unregulated conversations.	'People Nearby' connects users locally, but may expose children to grooming and exploitation risks.



# From the Chaplain...

From the chaplain...

We travel through the season of Advent this year hearing again the story of John the Baptist's birth, beginning this week with a prophecy from Isaiah 40:

A voice of one calling: "In the wilderness prepare the way for the Lord; make straight in the desert a highway for our God."

Words which sum up the season of advent for Christians, a time when we prepare for God coming into the world. We prepare for Christmas, certainly, and for remembering our powerful, infinite and all-loving God's birth among us as a vulnerable human baby boy but we prepare also for his coming again and drawing all people to himself, as Isaiah continues:

"...the glory of the Lord will be revealed, and all people will see it together."

So what do we prepare then, and how? Well I am certainly not talking about the tree, the turkey and the tinsel, the cards and the crackers, the gifts and the gluhwein... those beloved traditions are part of what makes Christmas feel special for us and as such important in their own way, but nothing to do with our God being born among us. We might prepare our hearts and minds though, through the retelling of the story, through remembering how God appeared to ordinary human beings in a new way two thousand years ago and changed the world forever. We might invite him into our hearts and our lives now, we might humble ourselves before him as did his first visitors and we might marvel at the mystery of our God appearing in a form we can see and interact with in our physical world. We might honour him in our lives, vowing to serve him by loving others and we might invite him to live through us, changing our hearts to reflect the love he wants to share with his creation.

But faith is not and has never been a merely personal response to God in isolation from those around us. If our hearts are indeed changed, then that will also surely be evident from our actions. How do we make straight the roads for God in our society then, raising the valleys, clearing the mountains and levelling the rough ground? How do we ensure that God's love will reach each person and that his blessings will be known in each household? Where can we see God at work in our world and work with him, that one day 'all people will see him together'?

There is much to celebrate in our spiritual life together here at St Regis. I am encouraged daily by the way that God has been working with us to raise up worship leaders from among our students, to create a choir who will lead us all in singing his praises and to call people from across every part of the school to bless us through the gift of prayer. As we prepare for our own celebrations of Christmas we look forward to next week sharing worship with children from Christ Church Juniors and sharing food and music with elderly members of the local community. Meanwhile, through our Advent Appeal we hope to share the blessings of better health, education and employment with families abroad. As we travel through Advent together, may God renew his blessing upon us and through us, until all people rejoice in the knowledge of his love. Amen

