



## MESSAGE FROM MR PARRY

Closing the school for any period of time is never a decision that is taken lightly so thank you for your understanding and cooperation regarding the decision to not open the school on Wednesday this week. The snow that fell during the night was not forecasted and resulted in dangerous road and pavement conditions, and a school site covered in thick snow. I hope our students found opportunities to enjoy the snowfall. We have taken steps throughout this week to keep students safe in school and all have responded incredibly sensibly and cooperatively.

We have welcomed a number of external visitors into school this week from other schools and it has been lovely to showcase the wonderful work that takes place here at St Regis day-in, day-out. The feedback from visitors regarding the calm and studious environment during lessons was very positive.

Next week we enter the final week of November and the start of Advent fast approaches. We have many fantastic experiences lined up next week as part of our 2nd Careers Week and then we look forward to a range of Christmas activities including: the delivery of our school Christmas tree, Christmas Jumper Day, our Community Christmas lunch, the Christmas "Big Sing" Concert and the launch of our Christmas rewards. Much to look forward to!

Next week we also launch the first of a series of SEND and Safeguarding Coffee Mornings in school which parents are invited to. We look forward to meeting many parents to discuss important matters in these areas with our SEND and Safeguarding teams.



**Mr Parry**  
**Principal**



# ST REGIS STARS OF LAST WEEK!

YEAR 7 – Cecilia Q.

YEAR 8 – Elena G.

YEAR 9 – Amanda N.

YEAR 10 – Oluwadarasimi O.

YEAR 11 – Khushmeet S.

YEAR 12 – Khirman A.

YEAR 13 – Elkan N.

CHESTER – Amanda N.

LICHFIELD – Shawn O.

WORCESTER – Elfrida G.

HOUSE OF THE WEEK

IS CHESTER!



# Twelve Days of Christmas

Launch date Monday 2<sup>nd</sup> December

On the 12 school days leading up to the Christmas break, students will be entered into a prize raffle each day in order to win a £10 Amazon Voucher and a personalised bauble to put onto the school Christmas tree.

To be entered into the prize draw, students must have 100% attendance, 100% behaviour ratio and perfect punctuality on the day before the draw. Entries will be reset each day.

The top 30 students in the school each day will also receive a queue jump lunch pass!







NHS, Local Authority and voluntary, community, faith and social enterprise (VCFSE) staff are working harder than ever to get services back on track, to get waiting lists down and consistently deliver the best care.

We know change is needed. But we also know that many of the solutions we need are already here, working somewhere in the NHS today.

We also know there is much more to do, which is why we are playing our part in the launch the conversation for the 10-Year Health Plan alongside the government, and we want to hear from you – patients, their families and the wider public – about your NHS story.

We've been listening to your views on the good, bad, and sometimes frustrating regarding local health services and what helps keep people happy and healthy. Before we share these insights with NHS England to inform the 10-Year Health Plan, we'd like to check in with local people and communities to make sure we've understood what's been shared, and make sure we've not missed anything.

Whether you have a little to say or a lot, your views, experiences and ideas will shape immediate steps and long-term changes: a new 10-Year Health Plan for the NHS.

**This is a once in a generation opportunity to make the NHS fit for the future. Together we can fix it. We need your voice.**

You are invited to join the conversation at our dedicated workshop in Wolverhampton, which will be held as follows:

**Date: Wednesday 11th December**

**Time: 10.15 registration and refreshments**

**10.30–13.00 workshop**

**Venue: Change Makers Hub, Unit 5, Train Station, Railway Drive, Wolverhampton, WV1 1LE**

If you have any special requirements to enable you to take part at this event, e.g. large print documents, BSL interpreter, please let us know when registering, in the Special requirement section. Alternatively, you can contact us by telephoning 0121 612 1447 or emailing [involve.blackcountry@nhs.net](mailto:involve.blackcountry@nhs.net)

### **Travel information**

The Hub is located next to the Costa Coffee branch at Wolverhampton Train Station.

### **Book your place**

Click here to register: <https://re-url.uk/W14F>

# Could you spot the signs of child Exploitation?

## Calling all Parents, Carers and community members

Wolverhampton Partnership Exploitation Hub invite you to join us along with partners from Wolverhampton Homes, Community Safety, West Midlands Police, BASE25 and Wolverhampton 360 to help you recognise the signs of child exploitation, what to do if you are concerned about a child you care for and where to access support in Wolverhampton.

There will be a presentation from Wolverhampton Partnership Exploitation hub at 12:30pm and repeated at 1:30pm

**Date: Monday 25<sup>th</sup> November 2024**

**Time: Please drop in any time from 12pm – 2:30pm.**

**Venue: Gloucester Street Community Centre, 1-8 Gloucester Street, WV6 0PT**

**Refreshments available**



## CHRISTMAS ROLLER DISCO

This half term our reward activity will be a Roller Disco!

The disco will be held at school on Tuesday 17th December. All students have the opportunity to attend - to be invited, they need to achieve Excellent Attendance, Punctuality and Behaviour Ratio.



# SPOTLIGHT ON SAFEGUARDING

Working together to keep our young people safe

Secondary



In this issue:

- Image sharing
- Consent
- App focus: Telegram

## Image Sharing

With the rise of camera phones and other devices in the last few years, taking photos of themselves and their friends is commonplace amongst young people. These photos are often shared online. In recent years, there has also been an increase in young people asking to share nudes of themselves. This is commonly known as sexting.

There are reasons as to why a young person might agree to sending an image of themselves in this way:

- they may believe they are in a consensual romantic relationship
- they may be pressured, tricked or coerced into sharing an image
- they may be exploited or groomed into sending the images.

The law on image sharing:

In order to protect children, any indecent image of a child (someone under 18) is known as Child Sexual Abuse Material (CSAM), even if the image was created by the child themselves (self-generated CSAM). The law states that it is illegal to create or share CSAM. Creating images also includes AI or photoshopped images. The law also includes possession of an image and re-sharing images. Parents should not have images sent to their device, even if the intent is to report the image. Images should be reported to the Police immediately. It is important to note that this law is to protect children, not criminalise those who send images of themselves.

### EDUCATE THEM ON THE LAW

Discuss the law with them. It protects them from the pressures of sharing images with real-life friends, as well as protecting them from the risk of exploitation.



### USE PLATFORM SAFETY FEATURES

Make sure children are aware of how to report and block any inappropriate content they may receive. Review the various privacy settings available on the apps they use.

## IMAGE SHARING KEY CONSIDERATIONS FOR PARENTS

### OPEN CONVERSATIONS

Educate children on personal boundaries by letting them know they are never obligated to share images of themselves. Also, remind them not to request images from others.



### ONLINE PREDATORS

It's important to have conversations with children about the distinction between online friends and genuine, real-life friendships.

# SPOTLIGHT ON SAFEGUARDING

## Understanding consent

Consent is the explicit, informed and voluntary agreement to engage in a particular activity, often referring to sexual interactions, but it also applies to other areas such as relationships, sharing personal boundaries and decision making. For children, this means ensuring that they have the capacity to give consent without feeling pressured, coerced or manipulated.

## Why is it important for young people to understand consent?

- Teaching consent encourages children to respect their own and others' physical and emotional boundaries.
- Consent fosters open communication, mutual respect and equality in relationships.
- Educating teenagers about consent helps prevent situations of sexual assault, harassment and coercion.
- Understanding consent gives teenagers the tools to make informed choices about their body and relationships.
- Consent creates a culture of respect which helps to reduce harmful behaviours like victim-blaming.

The Four C's of consent help children to know if consent has been or is still being given:

- **Clear:** Yes means yes. If it isn't a yes, it's a no.
- **Continuous:** Keeping check that it is still a yes; yes now doesn't mean yes later.
- **Coercion-free:** It isn't yes if pressure has been put on someone to do something.
- **Conscious:** The person giving consent must be fully capable of giving consent.

## What parents and carers should know about Telegram

This summer, Telegram made the headlines when its owner was arrested. Although it may not be the most popular messaging app among young people, it is considered one of the fastest-growing platforms. While there are many discussions surrounding the risks associated with using Telegram, here are some key points to keep in mind:

### 4 WAYS TO TEACH CONSENT TO TEENAGERS

Teaching children about consent is vital for fostering respect and responsibility. Here are some effective strategies.

**MODEL**

Model consent in everyday situations. An example of this might be to ask for a hug.



**TALK**

Talk about what consent looks like in relationships. Use TV shows or news articles as conversation starters.



**RESPECT**

Emphasise mutual respect, taking into consideration seeking and giving consent.







**DISCUSS**

Discuss the legal aspect of consent, as well as the emotional impact of not gaining consent.



*Keeping your child safe is our number one priority at St Regis Academy. You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: [admin@stregisacademy.org](mailto:admin@stregisacademy.org). If it is urgent, please call the school and ask for a DSL.*

### RISKS TO CONSIDER IF YOUR CHILD USES TELEGRAM

 <b>END-TO-END ENCRYPTION</b>	 <b>SELF-DESTRUCTING MESSAGES</b>	 <b>LARGE GROUP CHATS</b>	 <b>LOCAL CONNECTIONS</b>
Private conversations known as 'Secret Chats' can only be accessed by the participants. This puts children at risk.	A timer can be set when sending a message in a Secret Chat which will then self-destruct/disappear.	Group chats known as Channels can include up to 200,000 participants. This allows for unregulated conversations.	'People Nearby' connects users locally, but may expose children to grooming and exploitation risks.



# From the Chaplain...

"Are you the King of the Jews?" asked Pilate.

"My kingdom is not of this world," replied Jesus. For despite his royal welcome into Jerusalem just a few days earlier and the high hopes of some that he was indeed the long-awaited Messiah, Jesus turned out not to be the kind of king or military leader that people been hoping for. So what do we expect or hope for from our leaders and what sort of leader was Jesus?

If we look at the most powerful political leaders in our world today we might be forgiven for thinking that not much has changed since the time and place that Jesus was born into. The Roman authorities and their locally appointed representatives and officials (such as Herod) as well as the religious leaders of the time all seem particularly focussed on maintaining the status quo: keeping the peace, quashing any social unrest in order to hold on to their own positions of privilege. This seems to have involved insisting on strict adherence to laws and traditions, imposing unreasonable taxes and even (in Herod's case) the mass murder of babies but there is not a lot of evidence for the care of the vulnerable, the welcome of the stranger, the feeding of the poor or for social inclusion in any other form.

I am writing this reflection from home as the snow and ice sparkle in the sunshine outside my window and I find myself wondering; if King Jesus were living in Wolverhampton today, what would he be doing? I find it hard to imagine that he would have travelled by Uber to sit in a centrally heated office having coffee made for him while he makes decisions about how to make savings on government budgets. I can more easily see him with his wellies on fetching a newspaper from the shop for his elderly neighbour, sharing his flask of soup with a homeless man, laughing and playing in the snow with children from the local estate and then giving his hat and gloves to the girl who has recently arrived seeking asylum from Middle East and is ill-equipped for English winter weather. As he makes his way through the streets he stops to chat to people and they come away with a smile: they have been noticed and they feel valued... for a moment they have forgotten their cold toes and remembered what it is to hope.

"What are the qualities of a good leader?" I asked some students this week. And among the answers they gave: humility, integrity and an ability to really listen. As we seek to embody Jesus in the world today and catch glimpses of his other-worldly kingdom growing among us, it seems that encouraging and modelling these values in our lives would not be a bad place to start.

