

# ST REGIS ACADEMY

## NEWSLETTER

18th October 2024



### MESSAGE FROM MR PARRY

There have been lots of wonderful things going on at St Regis this week as we head into the final week of the longest half term of the academic year. This week we have had Year 10 and Year 12 sports leaders helping at a local primary school, Year 13 students gaining valuable experience at New Cross hospital and Year 11 BTEC Sport students at Baggeridge Nature Park.

Next week, we have Year 9 students visiting the Think Tank in Birmingham, we have an information evening for our Key Stage 3 skiers and have a Year 11 field trip to Cardingmill Valley with the Geography department! Year 11 Parents Evening has also been moved to Wednesday 6th November 4.30 – 6.30pm. Upcoming mock exam information has been emailed out to all Year 11 students and parents.

Also, excitingly we have our first ever "SALAD" in school next week which is 'Speaking And Listening Activity Day'. This is part of our whole school focus on Oracy, encouraging students to develop their communication skills through speaking and listening activities throughout the day.



**Mr Parry**  
**Principal**



# ST REGIS STARS OF LAST WEEK!

- YEAR 7 – DAVID O.
- YEAR 8 – GRACIOUS G.
- YEAR 9 – AMANDA N.
- YEAR 10 – OLUWADARASIMI O.
- YEAR 11 – KHUSHMEET K.
- YEAR 12 – SAMRITI C.
- YEAR 13 – MANISHIKA D.



**CHESTER** – AMANDA N.  
**LICHFIELD** – OLUWADARASIMI O.  
**WORCESTER** – SHRIYA P.  
**HOUSE OF THE WEEK**  
**IS LICHFIELD!**



Year 13 students had an excellent day finding out about a number of careers in Allied Health finding out about what each of the roles does and taking part in practical activities. Do you know about the work of theatre technicians, radiographers, dietitians, speech and language therapy and physiotherapists? The Allied Health day gave an informative insight into these careers and many more! If you would like more information about careers in the NHS you can find further details here

<https://www.royalwolverhampton.nhs.uk/work-with-us/work-experience.html>



## YOUNG CARERS AT ST. REGIS



A Young Carer is someone under 18 who helps look after someone in their family, a parent, sibling or a friend, who is ill, disabled or misuses drugs or alcohol.

### WHO TO TALK TO:

- Mrs Thompson, Teaching Assistant
- Ms Bird, Safeguarding Manager
- Mr Barradas- Lingard, Vice Principal



**You are not alone in this.**



A selection of girls Yr 7's and Yr 8's participated in a cricket tournament at Aldersley this week!

For some of them, it was their first opportunity to play some competitive cricket! They came up against some tough opponents from schools around Wolverhampton and Staffordshire.

All played well and have enjoyed the event! Great job St Regis girls cricket!

*Flourish together at*  
**THREE SPIRES  
SIXTH FORM**



**BOOK ON TO OUR  
INFORMATION EVENING  
14TH NOVEMBER 2024  
MOLINEUX STADIUM**

# From the Chaplain...

We worked carefully, tipping the young rocket seedlings out of their pots and gently transplanting them into more spacious containers. The seeds we had planted two weeks before had been tiny and the young seedlings had grown quickly but were now fighting for space and light. One false move and we would have crushed a tender stalk or damaged a leaf or root... but once secure in their new pots the seedlings would have the space to grow and develop; to thrive.

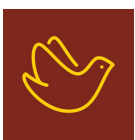
I was privileged to be part of the welcoming party for new families with students joining the St Regis school community this week. They too had been uprooted from their previous places of education and were ready for a new start and a new place to grow and learn. With some understandable nerves on their part the families were shown round the site where their children would be putting down new roots, exploring new opportunities, forging new friendships and support networks, growing in their understanding, their skills, their confidence and perhaps also their spirituality. Some are talented footballers, one was a skilled musician and another had a love of nature and is particularly looking forward to meeting our dog mentors. Each will develop their God-given interests and gifts to become the unique individual God created them to be.

We don't just grow as individuals though. We are also growing as a school community, taking risks and noticing where God blesses us. I was greeted by one of our AP students this week who proudly informed me (with a huge smile) that he had put his Worship Leader training into practice and led his peers in worship for the first time this week. As I joined the group myself yesterday to plant some mustard seeds we considered the hope we have for our own growth: that we might eventually flourish and produce fruits which will benefit not just ourselves but also others. We looked at the difference that Marcus Rashford made when he used his gifts and passion to campaign for those growing up in poverty and we considered the gifts we might contribute to our harvest donations next week which will start to make a difference to people in need across Wolverhampton.

The autumn term is long and busy and as the days grow shorter and colder it is easy to miss the signs of growth and progress among us. In our tiredness let us make space to pause and look up from our work to notice and rejoice in God at work among us. May the blessings we notice sustain and encourage us through the dark months while we wait for the fruits of our labour to mature!

## **A prayer for Black History Month**

*Compassionate God,  
who sent Jesus Christ to deliver us from all manner of injustices and inequalities,  
create in us new hearts and enlarged visions,  
to see the image of God in every person  
irrespective of background, race and ethnicity.  
May we be generous in our love of others  
as we work towards ending racism and injustice;  
creating communities of human flourishing,  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you in the unity of the Holy Spirit,  
one God, now and for ever. Amen.*



# SPOTLIGHT ON SAFEGUARDING

Working together to keep our young people safe

Secondary | October 2024



In this issue:

- Image sharing
- Consent
- App focus: Telegram

## Image Sharing

With the rise of camera phones and other devices in the last few years, taking photos of themselves and their friends is commonplace amongst young people. These photos are often shared online. In recent years, there has also been an increase in young people asking to share nudes of themselves. This is commonly known as sexting.

There are reasons as to why a young person might agree to sending an image of themselves in this way:

- they may believe they are in a consensual romantic relationship
- they may be pressured, tricked or coerced into sharing an image
- they may be exploited or groomed into sending the images.

The law on image sharing:

In order to protect children, any indecent image of a child (someone under 18) is known as Child Sexual Abuse Material (CSAM), even if the image was created by the child themselves (self-generated CSAM). The law states that it is illegal to create or share CSAM. Creating images also includes AI or photoshopped images. The law also includes possession of an image and re-sharing images. Parents should not have images sent to their device, even if the intent is to report the image. Images should be reported to the Police immediately. It is important to note that this law is to protect children, not criminalise those who send images of themselves.

### EDUCATE THEM ON THE LAW

Discuss the law with them. It protects them from the pressures of sharing images with real-life friends, as well as protecting them from the risk of exploitation.



### USE PLATFORM SAFETY FEATURES

Make sure children are aware of how to report and block any inappropriate content they may receive. Review the various privacy settings available on the apps they use.

## IMAGE SHARING KEY CONSIDERATIONS FOR PARENTS

### OPEN CONVERSATIONS

Educate children on personal boundaries by letting them know they are never obligated to share images of themselves. Also, remind them not to request images from others.



### ONLINE PREDATORS

It's important to have conversations with children about the distinction between online friends and genuine, real-life friendships.

# SPOTLIGHT ON SAFEGUARDING

## Understanding consent

Consent is the explicit, informed and voluntary agreement to engage in a particular activity, often referring to sexual interactions, but it also applies to other areas such as relationships, sharing personal boundaries and decision making. For children, this means ensuring that they have the capacity to give consent without feeling pressured, coerced or manipulated.

## Why is it important for young people to understand consent?

- Teaching consent encourages children to respect their own and others' physical and emotional boundaries.
- Consent fosters open communication, mutual respect and equality in relationships.
- Educating teenagers about consent helps prevent situations of sexual assault, harassment and coercion.
- Understanding consent gives teenagers the tools to make informed choices about their body and relationships.
- Consent creates a culture of respect which helps to reduce harmful behaviours like victim-blaming.

The Four C's of consent help children to know if consent has been or is still being given:

- **Clear:** Yes means yes. If it isn't a yes, it's a no.
- **Continuous:** Keeping check that it is still a yes; yes now doesn't mean yes later.
- **Coercion-free:** It isn't yes if pressure has been put on someone to do something.
- **Conscious:** The person giving consent must be fully capable of giving consent.

## What parents and carers should know about Telegram

This summer, Telegram made the headlines when its owner was arrested. Although it may not be the most popular messaging app among young people, it is considered one of the fastest-growing platforms. While there are many discussions surrounding the risks associated with using Telegram, here are some key points to keep in mind:

### 4 WAYS TO TEACH CONSENT TO TEENAGERS

Teaching children about consent is vital for fostering respect and responsibility. Here are some effective strategies.

**MODEL**

Model consent in everyday situations. An example of this might be to ask for a hug.



**TALK**

Talk about what consent looks like in relationships. Use TV shows or news articles as conversation starters.



**RESPECT**

Emphasise mutual respect, taking into consideration seeking and giving consent.







**DISCUSS**

Discuss the legal aspect of consent, as well as the emotional impact of not gaining consent.



*Keeping your child safe is our number one priority at St Regis Academy. You can contact your child's Form Tutor, Head of Year or the Designated Safeguarding Leads if you have any concerns or questions by emailing: [admin@stregisacademy.org](mailto:admin@stregisacademy.org). If it is urgent, please call the school and ask for a DSL.*

### RISKS TO CONSIDER IF YOUR CHILD USES TELEGRAM

 <b>END-TO-END ENCRYPTION</b>	 <b>SELF-DESTRUCTING MESSAGES</b>	 <b>LARGE GROUP CHATS</b>	 <b>LOCAL CONNECTIONS</b>
Private conversations known as 'Secret Chats' can only be accessed by the participants. This puts children at risk.	A timer can be set when sending a message in a Secret Chat which will then self-destruct/disappear.	Group chats known as Channels can include up to 200,000 participants. This allows for unregulated conversations.	'People Nearby' connects users locally, but may expose children to grooming and exploitation risks.

