

# ST REGIS ACADEMY

# NEWSLETTER

23rd Feb 2024



**YEAR 7** – KASO

**YEAR 8** – MIRIAM

**YEAR 9** – SHRIYA

**YEAR 10** – SPECIAL

**YEAR 11** – ADEEBA

**YEAR 12** – PRABALJIT

**YEAR 13** – SANDY

**CHESTER** – JAIMEE

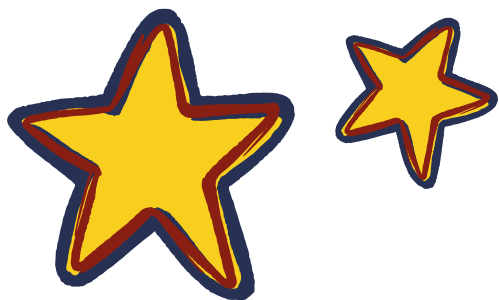
**LICHFIELD** – SPECIAL

**WORCESTER** –

ADEEBA

**HOUSE OF THE WEEK**

**IS LICHFIELD!**



## MESSAGE FROM MR PARRY

As we return to school after half term and begin Spring 2, it has been an incredibly difficult week for the whole school community. The love and support we have received this week by so many people has been much appreciated, and a great source of strength for our staff and students. We will continue to support all members of St Regis during this time and send our love and prayers to the family.

We are very excited to announce the launch of our new academy website. This is an incredible tool to showcase what all we do here at St Regis.

Please check it out!

Have a lovely weekend,

Mr E Parry

Principal



[stregisacademy.org](https://stregisacademy.org)



# UPCOMING EVENTS

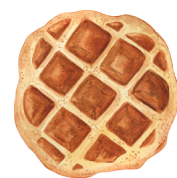
29th Feb - Post-16 Open Evening at St Regis, 5pm - 6.30pm

6th March - Year 9 Parents' Evening



BREAKFAST	PRICE
Breakfast Roll	£2.05
Small Breakfast Baguette	£1.40
3 Piece Breakfast Pot	£2.00
Toast with Butter or Jam	35p
Pancake with Topping	£1.25
Waffle with Topping	£1.55
Pastries & Croissants	£1.55
Cereals + Milk	90p
Porridge for Staff	Free/ £1.05
Porridge for Students	Free
Porridge Toppings	40p Each

## Breakfast Club



8.15am - 8.45am in  
the canteen  
everyday.

Everyone Invited!

Wow! What an amazing evening of Volleyball at the Year 9/10 Girls competition hosted at St Regis!

The girls got off to an amazing start beating some teams 10-3, a great confidence boost as they soared through the pool! Onto the last match, if they win this they're through to the final! The girls struggle to get into the lotto and start off 6-0 down, after a run of serves it's 6-6 and our pupils are going point for point. The whistle goes and it's a draw 11-11, which puts them into the final against Highfields! After starting off serving the girls get a head start and from then its point after point... winning gold place! Well done to all pupils involved!



Looking at what your Post-16 Opportunities are?

Book your place at the St Peter's & St Regis  
Collegiate Sixth Form Open Evening on Thursday  
29th February 5.00pm - 6.30pm at St Regis!



## From the Chaplain...

Why is forgiving others sometimes so difficult? We have been discussing this (our big question for the week) in the staff room as well as with our students. We have recounted stories to one another about people who have been unable to forgive and others who have found a way to forgive the most horrendous atrocities. Would we be able to do that? Perhaps it is impossible to say unless we first suffer as they have suffered. It certainly seems that the process of forgiveness takes time and involves a real desire to understand why and how the hurt came to be caused; what was happening in the mind of the perpetrator?

In our school lives we practise forgiveness on a daily basis: strong and positive relationships are the foundation of all that we do. Indeed, if there were no forgiveness, where would be the hope? And if our students didn't believe we cared, where would be their motivation to work hard? It is through this practice of forgiveness that we build and maintain the bonds between us as the St Regis family, bonds which sustain us through some of the more challenging times we face. Of course, we don't get it right all the time and it doesn't come easily.

So when God asks us to forgive one another is it all for the benefit of the 'other' or the wider community? Is forgiveness a purely altruistic act? To answer that question, perhaps it is useful to turn the question round: Who are we hurting if we choose not to forgive? Who is harmed if we hang on to the hurt and are unable to let go of the bitterness of the injustice done to us? I suspect that when God urges us to forgive, it is because He wants the best for us and He knows the damage caused by holding on to the pain. He wants to bless us with the freedom of relinquishing that burden.

Christians believe that God understands how difficult it is to forgive because He chose to come and live among us Himself, fully God and yet somehow also fully human. In the form of Jesus, God was lied about, humiliated, tortured and eventually put to a most painful death... yet somehow found within Himself the ability to forgive those who caused His pain. In Jesus God aligned Himself with each human being who has ever been hurt or humiliated and as such we are all complicit in the injustice done to Him and likewise all recipients of His unmerited forgiveness. It is for this reason, for the costly love and mercy freely poured out on us for the multitude of hurts we have caused Him, that we the recipients are inspired to show grace to others whose treatment of us has undoubtedly been less severe. 'We love because he has first loved us'.

May God continue to inspire us with his infinite love and mercy in the challenges we face day by day, that we might be strengthened as a caring and forgiving community where each person is afforded the dignity and hope of knowing that they matter. Amen.

